WORKSHOP TOPICS

- Standard Drink
- Blood Alcohol Content
- Alcohol Poisoning
- Influencing Factors
- Sexual Assault
- Protective Behavioral Strategies

96 students completed the workshop

OVER 3x

30 DAY BEHAVIORAL ASSESSMENT RESULTS (n=35)

The learning I obtained from the Alcohol Class was helpful.

I have been able to apply techniques from the Alcohol Class to my life.

- Strongly Agree
- Agree
- Disagree
- Strongly Disagree

How soon were you able to apply the learning?

- Immediately/Same day
- 1-4 Weeks later
- Not yet
- Applied learning, but did not indicate time frame

How has your drinking changed since this class?

(Three major themes identified)

- 32% Applied protective behavioral strategies
- 26% Set limits/Drink less
- 3% Saw positive changes

"I have stopped drinking excessively and have a strong sense of how alcohol really can affect my actions and well-being."

-Student

* All students in this category have indicated that they have not had an opportunity to drink within the last 30 days.