

stressed!

TRY OUR NEW

Wellness Massage Chair



Relieve stress in just 15 minutes! Come by
Wellness & Health Promotion, HB Room 209
or call 408.924.6202 to schedule an appointment.

* Bring a towel & a clean pair of socks.

FREE!
MON-FRI
9-4pm



SAN JOSÉ STATE
UNIVERSITY

STUDENT HEALTH CENTER
Wellness and Health Promotion