

# At My Best!

**Complete three or four of the statements that speak to you, then in pairs or groups, share your responses.**

A time when I was at my best was...

The best thing about me is...

What I enjoy doing the most is...

The best time in my life was...

My most fulfilling experience was...

I earn my best grades when I...

The best job or project I ever had was...

The things I like best about myself are...