Ingredients:
- 1 can beans (can be ½ pinto and ½ black)
- 8 oz. can of tomato sauce
- ½ can diced tomatoes
- ½ can of corn
- 1-2 chipotle peppers in adobo sauce (can include more + sauce)
- 1 Tbs. chili powder
- Dash of salt
- Pinch of cilantro to top
- 1 ½ cups dry long-grain rice
- 3 cups water

Procedures:
Rice
1. Add rice to a microwave-safe dish and place it on a plate inside the microwave
2. Add water and salt, stir, and microwave on high for 5 min.
3. Then stir the rice and microwave for another 15 min.
4. Remove lid and let it sit for about 3 min.
5. Fluff with fork and serve

Chili
1. Rinse beans well and add them to a microwave-safe dish
2. Add tomato sauce, diced tomatoes, corn, and chipotle peppers to the dish and mix well
3. Then add the chili powder and salt and stir (add a little water if you prefer soupiest chili)
4. Place a cover on the chili and microwave it for 7 min.
5. Stir the chili well and place it over rice
6. Top with cilantro and serve