Adolescents in the Search for Meaning:  
Tapping the Powerful Resource of Story  

by Mary L. Warner  
Foreword by Sue Ellen Bridgers

As is painfully evident from the reports of school shootings, gang violence, and adolescent suicide, many teens live troubled lives. Even those who live a “normal” life are confronted by some of the challenges adults face. However, few of them have the same resources as adults for surviving such challenges. In addition, teens are also engaged in establishing independence and finding their identities.

Building on the idea that “story” is a powerful source of meaning, particularly those stories that resonate with our own lives, Mary Warner suggests that the stories of other young adults offer a resource yet to be fully tapped.

As such, readers are provided with insight into the young adult perspective from the results of a survey of over 1400 teens and through feedback from authors of young adult literature.

The book features over 120 novels that teens have identified as meaningful, as well as books recommended by YA authors and experts in the field of young adult literature. Teachers, librarians, parents, and counselors wanting to reach young adults will find this an ideal work.

Mary Warner teaches Young Adult and Children’s Literature at San José State University, where she also works with the English Credential Programs and serves as an Associate Director of the San José Area Writing Project. She has published numerous articles on literature as a source of meaning for teens and adults and is the editor (and author of two chapters) of Winning Ways of Teaching Writing: A Practical Guide for Teaching Writing Grades 7-12.

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