

Advising Road Map

Major:	BS Kinesiology
Concentration in:	Inclusive Physical Activity in Communities Area Specialization
Total Units to Degree:	120
Academic Year:	

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums). Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester- Year 1	
Course or Requirement	Units
GE (e.g., Area A1)	3
GE (e.g., Area D2/D3 sequence)*	3
CHEM 30A (GE Area B1)**	3
GE (e.g., Area E)	3
Activity Class***	1
Total Semester Units:	13

Spring Semester- Year 1	
Course or Requirement	Units
GE (e.g. Area A2, ENGL 1A)	3
GE (e.g. Area D2/D3 sequence)*	3
GE (e.g., Stat 95 or other Area B4 class)*	3
GE (e.g., Area C1)	3
Activity Class***	1
KIN 70 - Introduction to Kinesiology	3
Total Semester Units:	16

Fall Semester- Year 2	
Course or Requirement	Units
BIOL 65 - Human Anatomy**	4
GE (e.g., Area A3)	3
GE (e.g., Area D1)	3
GE (e.g., Area C1 or C2)	3
GE (e.g., Area C2)	3
Total Semester Units:	16

Spring Semester- Year 2	
Course or Requirement	Units
BIOL - 66 - Human Physiology**	5
KIN 169 or 161 or 164	3
KIN 156 - Intro to Adapted Physical Acti	3
EdSE 014A American Sign Language	3
Activity Class***	1
NOTE: TAKE WST EXAM	
Total Semester Units:	15

Fall Semester- Year 3	
Course or Requirement	Units
SJSU Studies Area R	3
KIN 100W - Writing Workshop	3
KIN 155 - Exercise Physiology	3
KIN 158 - Biomechanics	3
KIN 165 - Motor Development	3
Activity Class***	1
Total Semester Units:	16

Spring Semester- Year 3	
Course or Requirement	Units
KIN 198 - Internship(inclusive Physical A	1
SJSU Studies Area S	3
RECL 112 - Intro to Therapeutic Recreat	3
KIN 175 - Measurement and Evaluation	3
KIN 107 - Adapted Aquatics	1
KIN 174 - Assess of Psychomotor Functi	3
Total Semester Units:	14

Fall Semester- Year 4	
Course or Requirement	Units
KIN 159 - Sport and Adapted Activities	3
KIN 166 - Motor Learning	3
KIN 153 or HSPM 97A	3
SJSU Studies Area V	3
Addtl Coursework for IPAC	3
Total Semester Units:	15

Spring Semester- Year 4	
Course or Requirement	Units
KIN 185 - Senior Seminar	1
KIN 187 - Clinical Exercise Physiology	3
KIN 198 - Internship (inclusive Physical A	2
Addtl coursework for IPAC	3
Addtl coursework for IPAC	4
Activity Class	1
Activity Class	1
Total Semester Units:	15

NOTES:

* 2 Semester Course Sequence which may also fulfill the American Institutions graduation requirement.

Refer to the General Education information in the Schedule of Classes.

** Completing CHEM 30A, GE Math, BIOL 65 & BIOL 66 Fulfills GE Area B and prereqs for KIN Major.

*** 6 Activity Courses required; 4 for the KIN major & 2 for the university graduation requirement.