

Advising Road Map

Major:	BS Kinesiology
Concentration in:	Preparation for Teaching
Total Units to Degree:	120
Academic Year:	_____

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums). Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester- Year 1	
Course or Requirement	Units
GE (e.g., Area A1)	3
GE (e.g., Area D2/D3 sequence)*	3
CHEM 30A (GE Area B1)**	3
GE (e.g., Area E)	3
Activity Class***	1
Total Semester Units:	13

Spring Semester- Year 1	
Course or Requirement	Units
GE (e.g., Area A2, ENGL 1A)	3
GE (e.g., Area D2/D3 sequence)*	3
GE (e.g., Stat 95 or other Area B4 class)**	3
GE (e.g., Area C1)	3
Activity Class***	1
KIN 70 - Introduction to Kinesiology	3
Total Semester Units:	16

Fall Semester- Year 2	
Course or Requirement	Units
BIOL 65 - Human Anatomy**	4
GE (e.g., Area A3, ENGL 2)	3
GE (e.g., Area D1)	3
GE (e.g., Area C1 or C2)	3
GE (e.g., Area C2)	3
Total Semester Units:	16

Spring Semester- Year 2	
Course or Requirement	Units
BIOL 66 - Human Physiology**	5
KIN 160 or 161 or 164	3
KIN 156 - Intro to Adapted Physical Activity	3
KIN 105 - Water Safety Instruction	2
KIN 107 - Adapted Aquatics	1
Activity Class***	1
NOTE: TAKE WST EXAM	
Total Semester Units:	15

Fall Semester- Year 3	
Course or Requirement	Units
SJSU Studies Area R	3
KIN 100W - Writing Workshop	3
KIN 155 - Exercise Physiology	3
KIN 170B - Field Experience - Teaching	2
Kin 173 - Intro to PE & Non Traditional Act	3
Activity Class***	1
Total Semester Units:	15

Spring Semester- Year 3	
Course or Requirement	Units
KIN 170C - Fieldwork in Adapted Physical Activity	1
SJSU Studies Area S	3
KIN 165 - Motor Development	3
KIN 175 - Measurement and Evaluation	3
KIN 172 - Elementary School Programs	3
KIN 174 - Assess of Psychomotor Function	3
Total Semester Units:	16

Fall Semester- Year 4	
Course or Requirement	Units
SJSU Studies Area V	3
KIN 159 - Sport and Adapted Activities	3
KIN 166 - Motor Learning	3
KIN 178 - Mgmt Practice for PE Teachers	3
KIN 170B - Fieldwork in Adapted Physical Activity	1
Activity Class***	1
Activity Class***	1
Total Semester Units:	15

Spring Semester- Year 4	
Course or Requirement	Units
KIN - 185 Senior Seminar	1
KIN 158 - Biomechanics	3
KIN 170C - Fieldwork in Adapted Physical Activity	2
KIN 179 - Design & Assess of Movement Experiences	3
KIN 168 - Psychology of Coaching	3
Activity Class***	1
Activity Class***	1
Total Semester Units:	14

NOTES:

* 2 Semester Course Sequence which may also fulfill the American Institutions graduation requirement.

Refer to the General Education information in the Schedule of Classes.

** Completing CHEM 30A, GE Math, BIOL 65 & BIOL 66 Fulfills GE Area B and prereqs for KIN Major.

*** 6 Activity Courses required; 4 for the KIN major & 2 for the university graduation requirement.

Must be Selected from 4 of 6 movement areas.

The Kinesiology International Experience Requirement - Catalog Copy

All undergraduate students entering the Department of Kinesiology from fall 2016 onward will be required to participate in an international learning experience to gain firsthand, cross-cultural and cross-national knowledge and insights into global political, social, cultural and economic factors that influence the practice and scholarship of physical activity/sport/human movement, and/or our emphasis and degree specialist areas. To satisfy this international requirement, students must study abroad for at least nine days in an approved program (exemption from the study abroad portion of the requirement must be approved by the dean of the College of Applied Sciences and Arts based on compelling individual life experiences or physical limitations. A relevant cross-cultural experience in the U.S. will be substituted). Specific details can be found on the college website at <http://www.sjsu.edu/casa/international-experience>.