Advising Road Map

Major:	BS Nutritional Science
Concentration in:	Specialization in Sports Nutrition
Total Units to Degree:	120
Academic Year:	2016-17

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums). Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester- Year 1

Course or Requirement	Units
CHEM 30A - Intro Chem (B1/B3)	3
NuFS 31 - Prof. in NuFS	1
ENGL 1A - First Year Writing (A2)	3
Oral Comm (A1)	3
GE (Area E)	3
PE	1
Total Semester Units:	14

Spring Semester- Year 1

Course or Requirement	Units
CHEM 30B - Intro Chem	3
Critical Thinking (A3)	3
GE (Area C1)	3
PE	1
NuFS 8 - Nutr. Hlth Prof	3
Total Semester Units:	13

Fall Semester- Year 2

Course or Requirement	Units
STAT 95 or HS 67 (B4)	3
PSYC 1 - Pshychology	3
EnvS 001 - Intro Envirn Studies (D3)	3
Amer Inst + GE: D2 (HIST 15A,AFAM 2A, AAS 33A, MAS 10A)	3
GE (Area C2)	3
Register to take WST	
Total Semester Units:	15

Spring Semester- Year 2

Course or Requirement	Units
GE (Area C1 or C2)	3
MICR 20 - Gen. Bacteriology (B2/B3)	5
BIOL 66 - Physiology	5
Amer Inst + GE: D3 (HIST 15B, AFAM 2B,AAS 33B, MAS 10B)	3
Total Semester Units:	16

Fall Semester- Year 3

Course or Requirement	Units
NuFS 101A - Food Science	4
NuFS 106A - Hum Nutr Lifespan	3
HPrF 100W - Writing Wrkshp (Z)	3
CHEM 132 - Biochem	4
Pkg 107 - Packaging	3
Total Semester Units:	17

Spring Semester- Year 3

Course or Requirement	Units
GE: SJSU Studies (S)	3
NuFS 139 - Hunger & Envir Nutr (R)[2]	3
KIN 155 -Physio of Hum Perform	3
NuFS 105 - Current Issues In Nutr.	3
NuFS 108A - Nutr. & Metabolism	3
Total Semester Units:	15

Fall Semester- Year 4

Course or Requirement	Units
NuFS 109 - Adv Nutr	3
Nufs 123 - Sports Nutr	3
NuFS 190 - Nutrition Ed & Counseling	3
KIN 162 - Fit Assess & Exercise	3
Major Elective	3
Total Semester Units:	15

Spring Semester- Year 4

Course or Requirement	Units	
NuFS 192 - Fld Experience	2	
NuFS 103 - Food Processing & Pkg I	2	
Major Elective	5	5
NuFS 124 Discorded Eating	3	
GE: SJSU Studies (V)	3	3
Total Semester Units:	15	8

NOTES: