

Advising Road Map

Major:	BS Kinesiology
Concentration in:	Individualized Studies
Total Units to Degree:	115
Academic Year:	

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums). Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester- Year 1	
Course or Requirement	Units
GE (e.g., Area A1)	3
GE (e.g., Area D2/D3 sequence)*	3
CHEM 30A (GE Area B1)**	3
GE (e.g., Area E)	3
Activity Class***	1
Total Semester Units:	13

Spring Semester- Year 1	
Course or Requirement	Units
GE (e.g., Area A2, ENGL 1A)	3
GE (e.g., Area D2/D3 sequence)*	3
GE (e.g., Stat 95 or other Area B4 class)**	3
GE (e.g., Area C1)	3
Activity Class***	1
KIN 70 - Introduction to Kinesiology	3
Total Semester Units:	16

Fall Semester- Year 2	
Course or Requirement	Units
BIOL 65 - Human Anatomy	4
GE (e.g., Area A3, ENGL 2)	3
GE (e.g., Area D1)	3
GE (e.g., Area C2 or C3)	3
Addtl coursework in KIN or related Field	3
Total Semester Units:	16

Spring Semester- Year 2	
Course or Requirement	Units
BIOL - 66 - Human Physiology**	5
GE (e.g., Area C2)	3
Addtl coursework in KIN or related field	3
KIN 160 or 161 or 164	3
Activity Class***	1
NOTE: TAKE WST EXAM	
Total Semester Units:	15

Fall Semester- Year 3	
Course or Requirement	Units
KIN 100W - Writing Workshop	3
Addtl coursework in KIN or related field	3
KIN 155 - Exercise Physiology	3
KIN 165 or 166	3
Upper Division Kinesiology Coursework	3
Activity Class***	1
Total Semester Units:	16

Spring Semester- Year 3	
Course or Requirement	Units
SJSU Studies Area V	3
Additional Coursework in KIN or related field	3
Kin 158 - Biomechanics	3
Upper Division Kinesiology Coursework	3
Activity Class***	1
Total Semester Units:	13

Fall Semester- Year 4	
Course or Requirement	Units
KIN 175 - Measurement & Evaluation	3
Addtl coursework in KIN or related field	3
Upper Division Kinesiology Coursework	3
SJSU Studies Area R	3
Upper Division Kinesiology Coursework	3
Activity Class***	1
Total Semester Units:	16

Spring Semester- Year 4	
Course or Requirement	Units
Upper Division Kinesiology Coursework	3
Upper Division Kinesiology Coursework	3
Addtl coursework in KIN or related Field	2-4
KIN 185 - Senior Seminar	1
KIN 198 - Internship	1-3
SJSU Studies Area S	3
Total Semester Units:	10

NOTES:

* 2 Semester Course Sequence which may also fulfill the American Institutions graduation requirement.

Refer to the General Education information in the Schedule of Classes.

** Completing CHEM 30A, GE Math, BIOL 65 & BIOL 66 Fulfills GE Area B and prereqs for KIN Major.

*** 6 Activity Courses equired; 4 for the KIN major & 2 for the university graduation requirement.

Must be Selected from 4 of 6 movement areas.

The Kinesiology International Experience Requirement - Catalog Copy

All undergraduate students entering the Department of Kinesiology from fall 2016 onward will be required to participate in an international learning experience to gain firsthand, cross-cultural and cross-national knowledge and insights into global political, social, cultural and economic factors that influence the practice and scholarship of physical activity/sport/human movement, and/or our emphasis and degree specialist areas. To satisfy this international requirement, students must study abroad for at least nine days in an approved program (exemption from the study abroad portion of the requirement must be approved by the dean of the College of Applied Sciences and Arts based on compelling individual life experiences or physical limitations. A relevant cross-cultural experience in the U.S. will be substituted). Specific details can be found on the college website at <http://www.sjsu.edu/casa/international-experience>.