

San José State University
ANTH 140 / BIOL 140 / PH 140
Human Sexuality, Section 7, Spring 2021

Course and Contact Information

Instructor:	Amanda Kadkly
Office Location:	https://sjsu.zoom.us/j/4355561969?pwd=NmxFci96QmUxVmJiTcWEwZ2k2YlNwQT09
Telephone:	408-924-4778 (campus phone)
Email:	amanda.kadkly@sjsu.edu
Office Hours:	T 12:00 – 1:00 pm
Class Days/Time:	Online asynchronous
Classroom:	Online
GE/SJSU Studies Category:	Area S: Self, Society, and Equality in the U.S.

ANTH / BIOL / PH 140: Biological and sociocultural facets of human sexuality. Evolution and physiology of sex, reproductive biology/ethics and cross-cultural expression of sexual behavior.

Topics include: 1) the evolution and physiology of sexual reproduction, 2) sex and gender, 3) cross-cultural variations in sex practices, 4) anatomy, pregnancy, and contraception, 5) concepts of love, marriage, and attraction, and 6) the diversity of sexual strategies in humans in comparison to primates, our closest relatives. Through the examination of human sexuality from a biocultural perspective, controversial topics relevant to human sex practices, identity, and sexual health issues are addressed. Prerequisite: Passage of the Writing Skills Test (WST) or ENGL/LLD 100A with a C or better (C- not accepted), completion of Core General Education and upper division standing are prerequisites to all SJSU studies courses. Completion of, or co-registration in, 100W is strongly recommended.

Course Description

I am excited to work with you this semester! In this course, we will be diving into various sociocultural, biological, and historical understandings of sexual expression. Specifically, we will address the following questions: 1) How does this content apply to everyday life?, 2) How much do individuals vary in regards to the content being studied?, and 3) What are some of the important biocultural variations that should be noted in regards to the content being studied?

My goal for this course is that you leave it with information you can use for a long time to come. This course will challenge preconceived notions of sexuality, and you will be encouraged to explore the real-world implications of the course material. I believe education is a cooperative enterprise in which you have an active role. Therefore, I want to encourage active participation on your part throughout the semester!

Most importantly, I want you to *think* about the content—I don't want you to simply absorb the information you hear from talk-show experts. Knowledge isn't just about retaining information. Knowledge involves having the ability to question – to know what questions to ask and how to ask them. To facilitate this process, the class will engage in reflection exercises and discussions. I hope these experiences will allow you to apply the material we cover to your own life. Welcome to class! ☺

Course Format

Technology Intensive, Hybrid, and Online Courses

This course adopts an asynchronous delivery format, and there are no required synchronous meetings in this course. You must have regular access to a computer and to the internet, must have access to Excel or Google Sheets, and must have your one.sjsu, Canvas, and SJSU email accounts set up. If you share a computer or workspace, you should negotiate time and privacy with other users so that you have reliable access to the tools you need. Please check Canvas and your SJSU email account regularly to stay up to date in this course.

Faculty Web Page and MYSJSU Messaging

Course materials such as syllabus, handouts, notes, assignment instructions, etc. can be found on [Canvas Learning Management System course login website](#) at <http://sjsu.instructure.com>. You are responsible for regularly checking with the messaging system through [MySJSU](#) on [Spartan App Portal](#) <http://one.sjsu.edu> (or other communication system as indicated by the instructor) to learn of any updates. For help with using Canvas see [Canvas Student Resources page](http://www.sjsu.edu/ecampus/teaching-tools/canvas/student_resources) (http://www.sjsu.edu/ecampus/teaching-tools/canvas/student_resources).

Course Goals

In this course, two sets of learning goals are incorporated, including those determined by university policy for SJSU Studies classes and specific course content.

GE/SJSU Studies Learning Outcomes

Upon successful completion of this course, students will be able to:

LO1: describe how identities (i.e. religious, gender, ethnic, racial, class, sexual orientation, disability, and/or age) are shaped by cultural and societal influences within contexts of equality and inequality.

LO2: describe historical, social, political, and economic processes producing diversity, equality, and structured inequalities in the U.S.

LO3: describe social actions which have led to greater equality and social justice in the U.S. (i.e. religious, gender, ethnic, racial, class, sexual orientation, disability, and/or age).

LO4: recognize and appreciate constructive interactions between people from different cultural, racial, and ethnic groups within the U.S.

Course Content Learning Outcomes

In addition to the above learning outcomes, upon successful completion of this course, students should be able to:

CLO 1: understand the basic biological processes of sex determination, sexuality development, pregnancy, childbirth, contraception and abortion.

CLO 2: understand how sexual belief and practices are embedded in and shaped by social, cultural, and historical influences.

CLO 3: evaluate contemporary studies regarding human sexuality using the theories and methods learned from class.

CLO 4: accept their own sexuality and develop their personal sexual philosophy.

Required Texts/Readings

Textbook

Human Sexuality, 4th edition

Author(s): Roger Hock

ISBN: 978-0134003566

Selected Readings (Provided on Canvas)

Biology 2e

Author(s): Mary Ann Clark, Matthew Douglas, Jung Choi

ISBN: 978-1-947172-51-7

Course Requirements and Assignments

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus ([University Policy S16-9](#), Course Syllabi <http://www.sjsu.edu/senate/docs/S16-9.pdf>).

Other course structures will have equivalent workload expectations as described in the syllabus. More details can be found in Office of Undergraduate Education's [Syllabus Information web page](#) at <http://www.sjsu.edu/gup/syllabusinfo/>.

SJSU Studies Writing Requirement: University policy requires that all SJSU Studies classes involve a substantial writing component of at least 12 pages or 3000 words. The writing component will be divided into several assignments throughout the course. Writing is a personal process that is ever evolving. I strongly believe that we all (and by that, I mean myself too) can improve our writing with practice! If you need help with the writing process, consult with the [Writing Center](#) (<https://www.sjsu.edu/writingcenter/>).

Exams: There are 2 open-book exams that will be taken on Canvas (a midterm and a cumulative final exam). If you have any concerns about disability accommodations, please discuss this with me ahead of time so that accommodations can be made. Please do not make travel plans that will conflict with the exams, and be aware that students must take all exams to pass this course.

Exam questions will test your knowledge of course concepts and material, as well as your ability to apply this knowledge to novel situations and examples. I truly believe in your success as a student, so I will provide study guides and practice questions to help you grasp the material. Please remember, if you have any questions, concerns, or comments, to let me know right away. I welcome any feedback you're willing to offer.

Final Examination or Evaluation: [University Policy S06-4](#) (<http://www.sjsu.edu/senate/docs/S06-4.pdf>) states that "Faculty members are required to have a culminating activity for their courses, which can include a final examination, a final research paper or project, a final creative work or performance, a final portfolio of work, or other appropriate assignment."

Case Studies: I strongly believe in student-centered active learning, so we will have various class exercises, discussions, video clips, and class polls that will provide opportunities to engage with the concepts in a hands-

on environment. Some activities will involve posting on discussion boards and replying to other students. These activities are designed to assess your skills as a critical thinker and to apply the concepts taught in class to research. Becoming a critical thinker will help you in your future career by enabling you to be accurate in your assumptions and predictions. To excel in these tasks, complete the course readings, ask questions, and be prepared to contribute. Responses need to be appropriate for an academic setting (complete sentences, proper grammar, etc.). They should reflect upper division quality writing, and they should be specific to the concepts discussed in class (I am not looking for journal entries that could be written by anyone walking by the classroom!). Your responses should demonstrate that you are knowledgeable about the course material.

Analysis Assignment: In this assignment, you will collect and analyze data on a topic related to the course. Some topic ideas include: analyzing courtship behaviors in a social setting, comparing two different parenting styles, comparing a recent sexuality text with a sexuality text published before 1950, analyzing how often certain gender norms are incorporated in a television program, etc. You will make observations in a brief time period and document the frequency of particular behaviors/variables that you are analyzing. You will then complete statistical calculations in Excel or Google Sheets. Your topic will need to be approved before you begin data collection. You will submit a 6-page report discussing your topic and results.

Asynchronous Format: All assignments will be due on Thursdays by 11:59 pm unless otherwise specified. Your learning experience will be much better if you can consistently keep up with course readings and assignments. Though the course is asynchronous, I encourage you to maintain a weekly schedule and stick to it. Avoid procrastinating on assignments, in case an unexpected situation comes up. I also encourage you to participate, ask questions, and join study groups with your peers. You are far more likely to remember and retain information in an environment that you are actively engaged in.

Finally, the relationships you cultivate with your professors matter. Remember that college is not all about grades – it is important to build relationships, seek out opportunities, and network. Focus on the skills you will get out of your classes (even if they aren't in your major). Though the subject matter may be specific to certain disciplines, the communication, presentation, writing, and critical thinking skills are important for your personal growth and development. I just ask that you come into the classroom with integrity and the mindset that there is something to learn that will benefit you in your life. I will come into the classroom with the mindset that I will learn something from you, as well!

Grading Information

To pass this course, students must receive a grade of C or higher.

Grades will be based on the following (each assignment is graded on a scale of 100):

Exams (100 pts each) Exam 1 (25%) Exam 2 (30%)	=	55%
Case Studies (20 pts each)	=	25%
Analysis Assignment (100 pts)	=	20%
Total	=	100%

Grading is as followed:

A	B	C	D	F
97% - 100% = A plus	87-89% = B plus	77-79% = C plus	67-69% = D plus	Below 60% = F

92-96% = A 90-91% = A minus	82-86% = B 80-81% = B minus	72-76% = C 70-71% = C minus	62-66% = D 60-61% = D minus	
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More guidelines on grading information and class attendance can be found from the following university policies:

- [University Syllabus Policy S16-9](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>)
- [University Attendance and Participation Policy F15-12](http://www.sjsu.edu/senate/docs/F15-12.pdf) (<http://www.sjsu.edu/senate/docs/F15-12.pdf>)
- [University Grading System Policy F18-5](http://www.sjsu.edu/senate/docs/F18-5.pdf) (<http://www.sjsu.edu/senate/docs/F18-5.pdf>)

Grading Policies

It is important to maintain a system of fairness to students who complete work on-time in this course. Therefore, only students with a valid, *documented* excuse will be able to take an exam late or submit an assignment late. If you are experiencing a difficult circumstance, reach out to me *before* the exam or assignment is due.

When turning in assignments/exams on Canvas, it is your responsibility to make sure you uploaded the correct document, and that it is a working file that I can access. Incorrect or unreadable files will be assigned a grade of zero.

Any grade disputes or concerns should be addressed within 7 days of receiving the grade for the assignment. Grade curves already get factored into the final grade, so there are no additional extra credit opportunities or grade boosts after Exam 2 is graded. Final grades do get rounded up (for example, an 89.5% is rounded up to an A-).

Posting ANY course materials (readings, assignment questions, study guides, exams) on websites like Chegg, Course Hero, Quizlet, etc. is a copyright violation. Receiving any unauthorized assistance is considered academic dishonesty, and a formal investigation will be pursued if this behavior is found. Academic dishonesty includes, but is not limited to, doing something you would not do if we were in the classroom together (asking for help on Chegg, etc.). This includes uploading on Chegg to check your exam after submitting your work. I do search online for my exam questions routinely. If you are unsure about ethical academic behaviors, please reach out about the issue. I would much rather you ask me for help than ask a tutor on Chegg who is likely to provide inaccurate information.

Classroom Protocol

Please refer to the following guidelines:

- All students must adhere to [SJSU's Academic Integrity Policies](https://www.sjsu.edu/iss/current-students/integrity/) (<https://www.sjsu.edu/iss/current-students/integrity/>).
- Check Canvas and your SJSU email regularly for announcements and updates.
- Assignments need to be submitted on Canvas. Cybersecurity threats are a concern, so I do not accept assignments attached in emails.
- Remember that we are all in this together! Please be respectful to others during class discussions (see "netiquette" guidelines on Canvas).
- As mentioned, you all are here to learn how to engage and correspond with one another in a professional, academic environment. Refer to the email professionalism guidelines on Canvas, and please note that I respond to emails/Canvas messages during business hours (9 am – 5 pm). I try to respond within 24-48 hours.

- If you have questions about the content, other students may have similar questions and could benefit from this information. I encourage you to make use of the Q/A thread on Canvas.
- With all that said, I enjoy facilitating discussions in an engaging and comfortable environment. This works best when students are prepared, courteous, and respectful! 😊

University Policies

Per [University Policy S16-9](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on [Syllabus Information web page](http://www.sjsu.edu/gup/syllabusinfo) (<http://www.sjsu.edu/gup/syllabusinfo>). Make sure to visit this page to review and be aware of these university policies and resources.

All students must obtain the instructor's permission if they wish to record lectures or distribute materials from the class. University Policy S12-7 <http://www.sjsu.edu/senate/docs/S12-7.pdf>

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center <http://www.drc.sjsu.edu/> to establish a record of their disability.

Resources

Academic Success Center <http://www.sjsu.edu/at/asc/>
Peer Connections website <http://peerconnections.sjsu.edu>
Writing Center website <http://www.sjsu.edu/writingcenter>
Counseling Services website <http://www.sjsu.edu/counseling>

ANTH / BIOL / PH 140 / Human Sexuality, Spring 2021, Course Schedule

This schedule is subject to change with fair notice; any changes will be announced and posted to Canvas.

Course Schedule

Week	Date	Topics	Readings, Assignments, and Deadlines
1	1/25 – 1/29	Introduction to Human Sexuality Course overview, sexuality in evolutionary perspectives, evolution of sex <ul style="list-style-type: none"> • <i>Optional Zoom: 1/26 at 1:30 – 2:30 pm PST</i> 	Reading: <i>HS</i> Ch. 1 Syllabus, CS 1
2	2/1 – 2/5	Evolutionary Foundations Natural selection, forces of evolution, species comparisons	Reading: <i>BIO</i> Ch. 18
3	2/8 – 2/12	Fertilization and Genetics Genetic inheritance, genetic disorders, population genetics	Reading: <i>BIO</i> Ch. 19 CS 2
4	2/15 – 2/19	Costs and Benefits Costs and benefits of sexual reproduction, inbreeding and outbreeding <ul style="list-style-type: none"> • <i>Optional Zoom: 2/16 at 1:30 – 2:30 pm PST</i> 	Reading: Lecture slides CS 3
5	2/22 – 2/26	Sexual Selection Reproductive competition, sexual selection and mate choice, desire and attraction	Reading: Lecture slides CS 4
6	3/1 – 3/5	Anatomy Sex determination and differentiation, female anatomy, male anatomy	Reading: <i>HS</i> Ch. 2 CS 5
7	3/8 – 3/12	Sexual Behavior Kinsey, Masters and Johnson, sexuality research, sexual behavior <ul style="list-style-type: none"> • <i>Optional Zoom: 3/9 at 1:30 – 2:30 pm PST</i> 	Reading: <i>HS</i> Ch. 6 CS 6
8	3/15 – 3/19	Gender and Orientation Gender and sexuality, sexual orientation, cross-cultural perspectives Exam 1	Reading: <i>HS</i> Ch. 10 CS 7 Exam 1 opens/due 3/18
9	3/22 – 3/26	Identity Sexual identity, social constructs	Reading: <i>HS</i> Ch. 11 CS 8, Analysis topic due
10	3/29 – 4/2	No class!	Reading: None

Week	Date	Topics	Readings, Assignments, and Deadlines
	<i>Spring Break</i>		
11	4/5 – 4/9	Physiology of Sex Sexual response cycle, mating systems, sexuality over the life-course, arousal and sexual difficulties	Reading: <i>HS</i> Ch. 3, 12 CS 9
12	4/12 – 4/16	Constructs of Normalcy Sex and society, cultural regulations of sexuality, paraphilias, addressing violence <ul style="list-style-type: none"> • <i>Optional Zoom: 4/13 at 1:30 – 2:30 pm PST</i> 	Reading: <i>HS</i> Ch. 14 CS 10
13	4/19 – 4/23	Fertility Fertility, marriage, pregnancy and childbirth, contraception	Reading: <i>HS</i> Ch. 5, 9 CS 11
14	4/26 – 4/30	Relationships Marriage cont., cross-cultural perspectives, love and relationships	Reading: <i>HS</i> Ch. 4 Analysis due
15	5/3 – 5/7	Sexual Problems and Solutions Sexual health, medicalization, STIs	Reading: <i>HS</i> Ch. 7, 8 CS 12
16	5/10 – 5/14	Power Violence, power <ul style="list-style-type: none"> • <i>Optional Zoom: 5/13 at 1:30 – 2:30 pm PST</i> 	Reading: <i>HS</i> Ch. 13 CS 13
17	5/17	Commercialization Sex markets, ethics, sex positivity	Reading: <i>HS</i> Ch. 15 CS 14
Final Exams	5/19 – 5/25	Exam 2: Thursday 5/20 https://www.sjsu.edu/classes/final-exam-schedule/index.php	Exam 2 opens/due 5/20