Focus2 is an online, self-guided assessment and planning system designed to help you explore majors and careers. Assessments are short (10-15 minutes each) and offer immediate results.

**What is Focus2?**
Focus2 saves your latest assessment results, which are always available to you and your advisor/career counselor to review. If your results don’t match your career interests or for additional help with creating a career plan, schedule an appointment with a Career Center counselor by logging into Spartan Connect at sjsu.campus.eab.com.

**Log in with your SJSUOne ID**
- Currently enrolled students have access to Focus2.
- To log in, go to sjsu.edu/careercenter, click on Resources > Focus2, or at one.sjsu.edu.

**Complete Self-Assessments**
- **Work Interest Assessment**
  Measures your interests related to occupational themes (Holland codes) and match them directly to SJSU majors and career pathways.
- **Personality Assessment**
  Measures how you like to approach work and life based on your personal preferences. Occupations and majors that most closely match your preferences are listed in your results.
- **Leisure Assessment**
  Helps you find majors/occupations that match your top 3 leisure interests. Feedback is given on hobbies that you may want to incorporate into a career.
- **Career Planning Foundation Tools**
  - **Am I Career Ready?** provides feedback on how to develop the skills that employers seek in new college graduates (8 NACE Competencies).
  - **My Career Planning Involvement** assesses your involvement in the career planning process.

**Explore the Possibilities**
If you already have a major or career of interest, use this section to find more information about requirements.

**Tip:** Save majors and occupations to review them later.

**Take Action**
- Review your Saved Occupations and Saved Majors.
- Build Your Portfolio by combining your assessment results and action plans into one report.
- Share with advisors, career counselors, and campus mentors for additional support.

**My Education**
Outlines helpful resources for your next steps while on campus, such as: leadership development, extracurricular activities, and career research.

**My Professional Development**
Offers resources for your next steps in professional development, such as: internship search, resume writing, and interview preparation.

---

**Keep in mind...**
- Focus2 saves your latest assessment results, which are always available to you and your advisor/career counselor to review.
- If your results don’t match your career interests or for additional help with creating a career plan, schedule an appointment with a Career Center counselor by logging into Spartan Connect at sjsu.campus.eab.com.