



SJSU Child Development Lab Preschool Newsletter

March/April 2017

Happy Spring!

Note the Following Dates:

- * March 1: We typically provide Preschool Enrollment Packets for the following school year around this date.
- * March 27 – March 30: Closed for Spring Break
- * May 9: Family Potluck Party 11:00am-1:30pm (changed from May 10)
- * Parent-Teacher Conferences May 10, 11 and 15.

Illness and Health

Please do not send your child to school if they are suffering from any of the following conditions:



- * a cold with fever, runny nose, coughing or itchy throat
- * especially a runny nose with green/yellow mucus
- * persistent cough
- * sore throat or trouble swallowing
- * infected skin, eyes or undiagnosed rash
- * headache
- * unexplained diarrhea combined with nausea, vomiting or abdominal cramps

Please remember:

1. Parents or authorized adults will need to sign their child in and out each day

- Our sign in/out binder is on the Parent's Desk and organized by child's last name. Please write any Authorized Adults OTHER THAN the

Parent(s) who will have permission to pick up your child.

2. Bring a complete set of extra clothes for your child

- Place extra clothes in a zip lock bag with your child's name on it, and leave in their cubby.

3. Keep personal toys, jewelry and other play things at home

- It is hard to share personal toys and children tend to focus only on their special toy from home during class time.

4. Have your child wear Play Clothes.

- We play hard, so have your child wear things that can get messy.

5. Have your child wear Comfortable Shoes for running, climbing, etc.

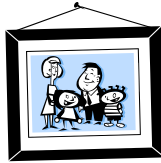
6. Label your child's jacket - It will be easier to find.

7. Have your child wear warm clothes or layers

- During the Spring term, we typically have chilly weather through April. Even on cooler days access will be provided to the porch and yard to keep in tune to our free to roam environment.

Bring in a Family Photo

Please bring in a family photo. The wall right as you enter the classroom is dedicated to family photos.



As children interact with one other, sharing stories about a special photo brings confidence, conversations, and, of course, comfort.

Our Child Sign In Sheet

The Child Sign In sheet is not a requirement to enter the classroom. There are many intentions behind this activity.

1. It is a transition into preschool.
2. It will develop control of the small muscles of the hands (fine motor skills).
3. It allows children to make the precise movements necessary for forming letters.
4. It will improve hand/eye coordination.

All children develop as individuals. Some children may be able to write a scribble, some a letter or two, and a few their full name. Here are some age guidelines:

Age 3: Straight, zig zag and curved lines are all appropriate to practice. Encourage tracing from left to right.

Ages 4-5: Writing is good exercise for children just starting to print their letters. It gives a feeling of success, even working on just one letter at a time.

Children's Birthdays



If you want to bring in a special snack for your child's Birthday, please let me know about 1 week in advanced. We have some allergies to consider, so please

check in with me.

We typically sing Happy Birthday during snack time, the Birthday child blows out a candle, and we make it a special day. If you do not plan on us celebrating birthdays for your child, there is no pressure to participate in this practice.

Spring Tuition

Tuition is due by the 10th of the month. Please make checks payable to **SJSU**.

Morning Session:

- \$290 for February, March & April
- \$75 in May

Afternoon Session:

- \$265 for February, March & April
- \$65 in May

Please do not hesitate to contact me if you have any concerns.

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**If you need to get a hold of me during class time, please call the kitchen phone.