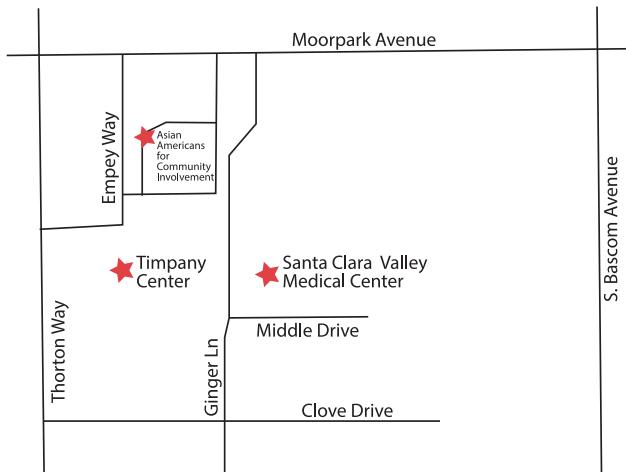


SENIOR WELLNESS FAIR

AT THE TIMPANY CENTER
730 EMPEY WAY SAN JOSE, CA 95128

Saturday, October 24th

10:00am-2:00pm



FREE to the public

Build a **healthier** lifestyle and **improve** your wellness

Join us and receive **FREE** health screenings, education, demos, prizes, giveaways and more!

★ Free parking on/near site at AACI and Valley Medical Center.



HEALTH SCREENINGS, EDUCATION, DEMOS & RESOURCES

Flu Shots (provided by Walgreens)
Diabetes Screenings
Information for Caregivers
Home Care
Nutrition & Meal Planning

Elder Protection
Blood Pressure Screening
Balance Screening & Fall Prevention
Health Care & Mental Health Resources
Legal Rights/Issues

For more information visit us at: www.sccgov.org/seniorwellnessfair
Or contact (408) 975-5720 / teiana.johnston@ssa.sccgov.org



Department of
Aging and Adult Services

TIMPANY CENTER

CHAMP
CENTER FOR HEALTHY AGING IN MULTICULTURAL POPULATIONS

**SAN JOSÉ STATE
UNIVERSITY**