

CHAMP

CENTER FOR HEALTHY AGING IN MULTICULTURAL POPULATIONS

The Third Annual Center for Healthy Aging in Multicultural Populations (CHAMP) Conference on Health and Aging

Opportunities and Challenges: Evidence-Based Practice in Multicultural Communities

9:00 AM – 3:00 PM, Friday, April 18th, 2014
Spartan Complex (SPX), San José State University

2014 CHAMP CONFERENCE PROGRAM

This event is co-sponsored by Dean Charles Bullock, College of Applied Sciences and Arts, SJSU and MidPen Resident Services Corp.

Special Thanks

The Conference Program Committee expresses special thanks to the following SJSU organizations, groups, and individuals for their assistance to make this year's event possible:

CHAMP faculty

*Greg Payne, Associate Dean for Research, CASA, SJSU
Stanford Geriatric Education Center, Stanford University
Department of Kinesiology, SJSU
SJSU Student volunteers*

Dwight, Bentel & Hall Communications, School of Journalism and Mass Communications, SJSU



COLLEGE OF APPLIED
SCIENCES AND ARTS



Building Communities. Changing Lives.

Conference Program

9:00 – 9:45 AM – REGISTRATION & POSTER SESSION (SPX 89)

Poster Session Judges:

Megan Chang, PhD, OTR/L, Dept. of Occupational Therapy, San José State University

Colette LaSalle, PhD, RD, Dept. of Nutrition, Food Science, & Packaging, San José State University

Kathleen Matthews, MS Candidate, Dept. of Occupational Therapy, San José State University

9:45 – 10:00 AM – WELCOME & OPENING REMARKS (SPX 89)

CASA Dean: Charles Bullock, PhD, San José State University

SJSU Interim Provost: Andy Feinstein, PhD, San José State University

10:00 – 10:45 AM - CONCURRENT SESSIONS

Session I: Long-Term Care (SPX 75)

Session Chair: Elizabeth Weiss, PhD, Dept. of Anthropology, San José State University

Panel Discussion: Multi-Dimensional Aspects of Aging and Long-Term Care

Darlene Yee-Melichar, EdD, CHES, Gerontology Program, San Francisco State University

Courtney J. Donovan, PhD, Dept. of Geography and Environment, San Francisco State University

Andrea Renwanz Boyle, DNSc, RN, BC, School of Nursing, San Francisco State University

Christopher Cherney, MA, LNHA, Kaiser Post-Acute Care Center and SFSU Gerontology Program

Nancy Dudley, MA, RN, PhD Candidate, University of California San Francisco and SFSU Gerontology Program

Session II: Daily Activities and Engagement (SPX 89)

Session Chair: Van Ta, PhD, Dept. of Health Science, San José State University

The Occupational Needs of Frail Chinese Elder Immigrants for Aging in Place

Sheama Krishnagiri, PhD, OTR/L, FAOTA, Dept. of Occupational Therapy, San José State University

Using Photovoice to Explore Older Adults' Strategies to Establish and Maintain Social Participation

Lynne Andonian, PhD, Dept. of Occupational Therapy, San José State University

Session III: Training Future Professionals (SPX 77)

Session Chair: Jack Wall, PhD, Director of School of Social Work, San José State University

Teaching Students How to Develop Multicultural Competencies in Coaching Older Adults to Improve their Self Health Care Skills

Michelle Kelly, DNP, FNP, PHN, Dept. of Nursing, Sonoma State University

Enhancing Nursing Courses with Realistic Geriatric Content

Colleen O'Leary-Kelley, PhD, RN, CNE, Dept. of Nursing, San José State University

Karen Bawel-Brinkley, PhD, RN, CNE, Dept. of Nursing, San José State University

Deborah Nelson, MS, RN, Dept. of Nursing, San José State University

10:45 – 11:00 AM – BREAK

11:00 – 11:45 AM - CONCURRENT SESSIONS

Session IV: LGBT Elders (SPX 75)

Session Chair: Sheama Krishnagiri, PhD, OTR/L, FAOTA, Dept. of Occupational Therapy, San José State University

From Dialogue to Action: Stories of LGBT Elders

Mitzi Lowe, MSW, PhD, Dept. of Social Work Education, California State University, Fresno

Patt Boersma, MSW Candidate, California State University, Fresno

Session V: Bone Health (SPX 77)

Session Chair: Kasuen Mauldin, PhD, RD, Dept. of Nutrition, Food Science and Packaging, San José State University

Is Seventy the New Forty? Paleopathology and Aging

Elizabeth Weiss, PhD, Dept. of Anthropology, San José State University

Exo-Arm: Assistive Device for Those with Functional Disabilities at the Elbow

Maleeha Nagvi, Dept. of Biomedical Engineering, San José State University

Mike Passaglia, Dept. of Biomedical Engineering, San José State University

Kyle Tang, Dept. of Biomedical Engineering, San José State University

Guna Selvaduray, PhD, Dept. of Biomedical Engineering, San José State University

Session VI: Wellness in Senior Housing (SPX 89)

Session Chair: Megan C. Chang, PhD, OTR/L, Dept. of Occupational Therapy, San José State University

Prospects and Challenges of Implementing Multidisciplinary Healthy Aging Programs in Multicultural, Subsidized Senior Housing

Sadhna Diwan, PhD, Professor, School of Social Work, SJSU

Megan Chang, PhD, OTR/L, Assistant Professor, Department of Occupational Therapy, SJSU

Daryl Canham, PhD, Professor, Valley Foundation School of Nursing, SJSU

Toby Adelman, PhD, Associate Professor, Valley Foundation School of Nursing, SJSU

Kasuen Mauldin, PhD, RD, Assistant Professor, Dept. of Nutrition & Food Sciences, SJSU

Susan Ross, PhD, Lecturer, Department of Health Science & Recreation, SJSU

Tamar Semerjian, PhD, Professor, Department of Kinesiology, SJSU

Swamini Bajpai, MS, Program Director, Senior Services, MidPen Resident Services Corp.

David Lee, BA, Services Manager, MidPen Resident Services Corp.

Implementation of a Recreation Therapy Intervention in a Multicultural, Subsidized Senior Housing Facility

Susan Ross, PhD, Lecturer, Department of Health Science & Recreation, SJSU

Hope Garcia, Undergraduate student, Department of Health Science & Recreation, SJSU

11:45 – 12:00 – BREAK

12:00 – 1:00 PM – STUDENT POSTER AWARDS & LUNCH (SPX 89, open to faculty, professionals, and student presenters only)

Sadhna Diwan, PhD, Director, Center for Healthy Aging in Multicultural Populations (CHAMP)

Kasuen Mauldin, PhD, RD, Chair, Conference Program Committee, CHAMP

1:00 – 2:50 PM - PROFESSIONAL DEVELOPMENT SESSION* (SPX 89, open to faculty, professionals, and student presenters only)

Making Evidence Based Practices Work in Community Settings: What Goes and What Stays

Presenters:

Dolores Gallagher Thompson, Ph.D., ABPP: Professor of Research, Department of Psychiatry and Behavioral Sciences & Director, Stanford Geriatric Education Center; Board Certified in Clinical Psychology

Swamini Bajpai, MS, Program Director, Senior Services, MidPen Resident Services Corp.

This interactive session will provide a brief overview: of the concept of evidence-based practice; the process of developing and testing an NIH-funded evidence-based program (EBP) for improving wellness among caregivers; translating the program for use by a community agency; and the elements of an EBP that can or cannot be altered when making it relevant for use in community settings. Perspectives and needs of community service providers will also be addressed in the discussion.

Q & A

Moderator: Amy D'Andrade, MSW, PhD, Associate Professor, School of Social Work, Director of Center for Applied Research on Human Services (CARHS) and Associate Dean for Research, College of Applied Sciences & Arts, San José State University

* Co-sponsored by the Stanford Geriatric Education Center (SGEC). SGEC is accredited as a provider of **continuing education** for **LCSW and MFT** by California Board of Behavioral Sciences (Provider #4379) and designates this event for 1.5 **CE credits**. \$15 will be charged for CEUs and a check (which is the only payment method) should be made payable to: Stanford Geriatric Education Center.

2:50 – 3:00 PM – CLOSING & EVALUATIONS

Note: The program, including presenters, topics & times, is subject to change.

2014 CHAMP Conference Program Committee

Kasuen Mauldin, Program Committee Chair, Department of Nutrition, Food Science and Packaging, SJSU

Sadhna Diwan, School of Social Work, SJSU

Caroline Haas, Department of Nutrition, Food Science and Packaging, SJSU

Michael Kimbarow, Department of Communicative Disorders and Sciences, SJSU

Sheama Krishnagiri, Department of Occupational Therapy, SJSU

Van Ta, Department of Health Science, SJSU

Elizabeth Weiss, Department of Anthropology, SJSU

