

# CHAMP

CENTER FOR HEALTHY AGING IN MULTICULTURAL POPULATIONS

## The Fourth Annual Center for Healthy Aging in Multicultural Populations (CHAMP) Conference on Health and Aging

*Current Trends: Research and Practice in Aging*

8:00 am – 12:30 pm, Friday April 24<sup>th</sup>, 2015

San José City Hall

### **FINAL CONFERENCE PROGRAM\***

8:00-9:00	<b>REGISTRATION (<a href="#">Rotunda</a>)</b>
9:00-10:00	<p><b>POSTER PRESENTATIONS (<a href="#">Rotunda</a>)</b>  <a href="#">Posters will include the following topics: (See Abstract Booklet for details)</a></p> <ul style="list-style-type: none"> <li>❖ Assistive Devices</li> <li>❖ Cognitive Function</li> <li>❖ Complementary and Alternative Therapies (music, dance, animal assisted therapy)</li> <li>❖ Senior Peer Coaching</li> <li>❖ Working with Ethnic Groups</li> </ul> <p>Judges for Poster Awards:            Jack Wall, Ph.D.            Gigi Smith, Ph.D., OTR/L            Caroline Haas, M.A.            Elizabeth Weiss, Ph.D.            Hardeep Obhi, Psychology Graduate Student            Victor Kwan, Psychology Graduate Student</p>
10:00-10:10	<b>BREAK – <a href="#">Announcement of Poster Session Awards (Rotunda)</a></b>
10:10– 11:15	<p><b>CONCURRENT PRESENTATION SESSIONS</b></p> <p><b><a href="#">Session I: Innovative Research on Diversity and Healthy Aging (Committee Room W118/119)</a></b>  <b><a href="#">Session Chair: Van Ta Park, Ph.D., M.P.H.</a></b></p> <ul style="list-style-type: none"> <li>❖ <i>Perceived control and psychosocial/physiological functioning in substance abusing older African American veterans</i> <ul style="list-style-type: none"> <li>○ Robert Pope, RN, MSN, PhD, School of Nursing, San Francisco State University</li> </ul> </li> <li>❖ <i>Perceptions and help-seeking behaviors of elder mistreatment among older Chinese and Korean immigrants: Directions toward culturally competent preventions</i> <ul style="list-style-type: none"> <li>○ Yeon-Shim Lee, PhD, School of Social Work, San Francisco State University</li> </ul> </li> </ul> <p><b><a href="#">Session II: Cultural Immersion as an Educational Tool for Nursing Students (Committee Room W120) CANCELLED</a></b>  <b><a href="#">Session Chair: Elizabeth Weiss, Ph.D.</a></b></p> <ul style="list-style-type: none"> <li>❖ <i>Mentoring Students in Best Coaching Practices to Reduce Hospital Readmissions.</i> <ul style="list-style-type: none"> <li>○ Michelle D. Kelly DNP, FNP, PHN, Nursing Department, Sonoma State University</li> </ul> </li> <li>❖ <i>Shaping Service-Academia Partnerships to Facilitate Safe Transitions in Care.</i> <ul style="list-style-type: none"> <li>○ Michelle D. Kelly DNP, FNP, PHN and T. Starr, Nursing Department, Sonoma State University</li> </ul> </li> </ul>

10:10– 11:15	<p><b>Session III: Listening to the Community to Develop Better Programs (Council Chambers, 2<sup>nd</sup> Floor)</b>  <b>Session Chair: Megan Chang, Ph.D., OTR/L</b></p> <ul style="list-style-type: none"> <li>❖ <i>Listening to Seniors: Results of a University-Community Partnership to Implement a Community Assessment Plan in a Senior Living Community</i> <ul style="list-style-type: none"> <li>○ Deborah A Roberts, EdD, RN, Breanna Caton, Jenna Fenton, Sean Rogers, and Kiley Tonsing, Nursing Department, Sonoma State University</li> </ul> </li> <li>❖ <i>Integrating CBPR and indigenous research approaches in partnership development to address health disparities in an American Indian and Alaska Native urban community.</i> <ul style="list-style-type: none"> <li>○ Jan Vasquez, CHES, MPH Pathways to American Indian &amp; Alaska Native Wellness (PAAW); Goldman Rosas, L., Stanford Prevention Research Center (SPRC); Naderi, R. (PAAW); Evans, J. Stanford School of Medicine (SSM); McClinton-Brown, R. (SSM); Stafford, R. (SPRC).</li> </ul> </li> </ul>
11:15-11:20	<b>BREAK</b>
11:20-12:30	<p><b>CONCURRENT PRESENTATION SESSIONS</b></p> <p><b>Session IV: Current Issues and Trends in Diversity and Healthy Aging (Committee Room W118/119)</b>  <b>Session Chair: Caroline Haas, M.A., RD</b></p> <ul style="list-style-type: none"> <li>❖ <i>Successful aging and its discontents: Exclusionary models of health and aging</i> <ul style="list-style-type: none"> <li>○ Marty Martinson, DrPH, Department of Health Education, San Francisco State University and Clara Berridge, PhD, Post-Doctoral Fellow, Center for Gerontology and Healthcare Research, Brown University School of Public Health</li> </ul> </li> <li>❖ <i>Diversity in aging issues: Caring for LGBT residents in assisted living settings</i> <ul style="list-style-type: none"> <li>○ Andrea Renwanz Boyle, PhD, ANP, Department of Nursing, Dominican University of California</li> </ul> </li> <li>❖ <i>Minority women's health: Living longer, living better</i> <ul style="list-style-type: none"> <li>○ Darlene Yee-Melichar, EdD, CHES, Gerontology Program, San Francisco State University</li> </ul> </li> </ul> <p><b>Session V: Mental Health Issues in Older Veterans (Council Chambers, 2<sup>nd</sup> Floor)</b>  <b>Session Chair: Carolyn Glogoski, Ph.D., OTR/L</b></p> <ul style="list-style-type: none"> <li>❖ <i>Treating late life depression through primary care</i> <ul style="list-style-type: none"> <li>○ Kathleen McConnell, LCSW, VA Palo Alto Health Care System, Geriatric Research Education and Clinical Center</li> </ul> </li> <li>❖ <i>Reducing anxiety and improving functioning using self-directed relaxation</i> <ul style="list-style-type: none"> <li>○ Christine E. Gould, PhD, VA Palo Alto Health Care System, Geriatric Research Education and Clinical Center &amp; Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences</li> </ul> </li> </ul> <p><b>Session VI: Skeletal and Joint Health (Committee Room W120)</b>  <b>Session Chair: Gigi Smith, Ph.D., OTR/L</b></p> <ul style="list-style-type: none"> <li>❖ <i>Why can't I do that anymore? Knee osteoarthritis and functionality: data from the Osteoarthritis Initiative and their implications for sex, ethnic, and body mass effects.</i> <ul style="list-style-type: none"> <li>○ Elizabeth Weiss, Department of Anthropology, San José State University</li> </ul> </li> <li>❖ <i>Within subject design, analysis of a tool designed to perform spinal joint mobilization</i> <ul style="list-style-type: none"> <li>○ Clare Lewis, Hendrix A., &amp; Padilla J., Department of Physical Therapy, California State University at Sacramento</li> </ul> </li> </ul>

\*Note: The program, including presenters, topics & times, is subject to change.