

2012 Senior Wellness Fair at the Roosevelt Community Center, Wednesday Oct 24, 2012



Getting set up at Roosevelt Center



Welcome everyone!



Yum! Nutrition/Social Work students



Nursing Students



Psychology Students & Prof (Erin)



Social Work Students



Tamar & Nancy announcing demos



Senior & Student –Nordic Walking



CommUniverCity –Dayana & Imelda



Saratoga Jr. High Cyber Reaper Lego Robot Competition (this year's theme was Seniors) Checking out the students

Role of multiple professions in healthy aging

- *“It was enjoyable to have met other health care students from San Jose State University. I rarely get to meet them even though we all go to the same school. It was also interesting to learn what they had to offer to the community. “*
- *“Had a good basic understanding of the different disciplines, but felt I gained first hand knowledge by talking to other students. Also really enjoy outreach and expanding my knowledge of community resources.”*
- *“I felt that it was a great fair with a wealth of information. The multi disciplinary approach was evident and powerful. I hope to see more outreach fairs like so in communities that need it .”*



Experience of interacting with seniors

- *“I liked how the students were the primary people who interacted with the seniors and participants. The opportunity enabled us to use our knowledge in application. “*
- *“I learned that I really do enjoy going out to fairs and working with older adults. I am usually a shy person, but when it comes to helping others learn about their health and how they can improve or maintain it, I feel very passionate about assisting the older adult with as many resources and tips that I can offer.”*

