



**The Fourth Annual Center for Healthy Aging in Multicultural Populations (CHAMP) Conference
 on Health and Aging**
Current Trends: Research and Practice in Aging
8:00am – 12:30pm, Friday, April 24th, 2015
San José City Hall

PRELIMINARY PROGRAM*

8:00-9:00	REGISTRATION
9:00-10:00	POSTER PRESENTATIONS <u>Posters will include the following topics:</u> <ul style="list-style-type: none"> • Working with Ethnic Groups • Complementary and Alternative Therapies (music, dance, animal assisted therapy) • Cognitive Function • Assistive Devices • Senior Peer Coaching
10:00-10:10	BREAK
10:10– 11:15	CONCURRENT PRESENTATION SESSIONS Session I : Innovative Research on Diversity and Healthy Aging <ul style="list-style-type: none"> • <i>Perceived control and psychosocial/physiological functioning in substance abusing older African American veterans</i> Robert Pope, RN, MSN, PhD, School of Nursing, San Francisco State University • <i>Perceptions and help-seeking behaviors of elder mistreatment among older Chinese and Korean immigrants: Directions toward culturally competent preventions</i> Yeon-Shim Lee, PhD, School of Social Work, San Francisco State University Session II: Cultural Immersion as an Educational Tool for Nursing Students <ul style="list-style-type: none"> • <i>Mentoring Students in Best Coaching Practices to Reduce Hospital Readmissions.</i> Michelle D. Kelly DNP, FNP, PHN, Nursing Department, Sonoma State University • <i>Shaping Service-Academia Partnerships to Facilitate Safe Transitions in Care.</i> Michelle D. Kelly DNP, FNP, PHN and T. Starr, Nursing Department, Sonoma State University Session III: Listening to the Community to Develop Better Programs <ul style="list-style-type: none"> • <i>Listening to Seniors: Results of a University-Community Partnership to Implement a Community Assessment Plan in a Senior Living Community</i> Deborah A Roberts, EdD, RN, Breanna Caton, Jenna Fenton, Sean Rogers, and Kiley Tonsing, Nursing Department, Sonoma State University

	<ul style="list-style-type: none"> • <i>Integrating CBPR and indigenous research approaches in partnership development to address health disparities in an American Indian and Alaska Native urban community.</i> Jan Vasquez, CHES, MPH Pathways to American Indian & Alaska Native Wellness (PAAW); Goldman Rosas, L., Stanford Prevention Research Center (SPRC); Naderi, R. (PAAW); Evans, J. Stanford School of Medicine (SSM); McClinton-Brown, R. (SSM); Stafford, R. (SPRC).
11:15-11:20	BREAK
11:20-12:30	<p>CONCURRENT PRESENTATION SESSIONS</p> <p>Session IV: Current Issues and Trends in Diversity and Healthy Aging</p> <ul style="list-style-type: none"> • <i>Successful aging and its discontents: Exclusionary models of health and aging</i> Marty Martinson, DrPH, Department of Health Education, San Francisco State University and Clara Berridge, PhD, Post-Doctoral Fellow, Center for Gerontology and Healthcare Research, Brown University School of Public Health • <i>Diversity in aging issues: Caring for LGBT residents in assisted living settings</i> Andrea Renwanz Boyle, PhD, ANP, Department of Nursing, Dominican University of California • <i>Minority women’s health: Living longer, living better</i> Darlene Yee-Melichar, EdD, CHES, Gerontology Program, San Francisco State University <p>Session V: Mental Health Issues in Older Veterans</p> <ul style="list-style-type: none"> • <i>Treating late life depression through primary care</i> Kathleen McConnell, LCSW, VA Palo Alto Health Care System, Geriatric Research Education and Clinical Center • <i>Reducing anxiety and improving functioning using self-directed relaxation</i> Christine E. Gould, PhD, VA Palo Alto Health Care System, Geriatric Research Education and Clinical Center & Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences <p>Session VI: Skeletal and Joint Health</p> <ul style="list-style-type: none"> • <i>Why can’t I do that anymore? Knee osteoarthritis and functionality: data from the Osteoarthritis Initiative and their implications for sex, ethnic, and body mass effects.</i> Elizabeth Weiss, Department of Anthropology, San José State University • <i>Within subject design, analysis of a tool designed to perform spinal joint mobilization</i> Clare Lewis, Hendrix A., & Padilla J., Department of Physical Therapy, California State University at Sacramento

**Note: The program, including presenters, topics & times, is subject to change.*