Mental Health Verification Form

To Evaluator: To qualify for support services from the Accessible Education Center at San José State University, an individual must have their disability verified by an appropriate licensed professional. Documentation necessary to substantiate the diagnosis must be comprehensive and be based on a comprehensive diagnostic/clinical evaluation.

*Please Note: The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. “Genetic information,” as defined by GINA, includes an individual’s family medical history, the results of an individual’s or family member’s genetic tests, the fact that an individual or an individual’s family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual’s family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.*

Please note: Student medical records supplied to this office constitute "education records" under the Family Education and Privacy Act (FERPA) and as such, may be reviewed by the student upon written request.

For general questions pertaining to this form, or to obtain clarification about the information requested, please contact the AEC at aec-info@sjsu.edu.

**Verification requested for:**

Student Name: (Last, First M.I.)

**To be completed by licensed practitioner:**

Name: ____________________________

How often do you see this student? ________________ Date of student’s last visit: ________________

Length of time this student has been under your care: ____________________________
**DSM-5 Diagnosis(es):**

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Progressive</th>
<th>Chronic</th>
<th>Permanent</th>
<th>Temporary (End Date)</th>
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**Method(s) of Determining Diagnosis(es):** *Check all that apply:*

- Comprehensive Diagnostic Evaluation
- Review of Medical Records
- (Nero) Psychological Assessment
- Consultation with Former Provider of Care
- Clinical Interview
- Other: ________________________________

Based on your diagnosis, how does the student's functional limitations* affect the student's ability to perform and function in an academic and test-taking environment (i.e. disorders of thinking, psychosis, reading comprehension, attention span, alertness, response speed, motor functions, writing, calculating, etc.)?

*Functional limitations are substantial limitations in an individual's ability to perform in a condition, manner, or duration of a required major life activity.*

____________________________________________________________________________________________________________________
____________________________________________________________________________________________________________________
____________________________________________________________________________________________________________________
____________________________________________________________________________________________________________________
____________________________________________________________________________________________________________________
____________________________________________________________________________________________________________________
**Major Life Activity:**

Does the impairment limit a major life activity? Yes No

*If yes, what major life activity(ies) is/are affected? Please check the level of limitation you believe this student experiences as a result of their disability(ies). Check only those boxes that apply.*

1 = Unable to determine 2 = Mild 3 = Severe

<table>
<thead>
<tr>
<th>Major Life Activity</th>
<th>1</th>
<th>2</th>
<th>3</th>
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</thead>
<tbody>
<tr>
<td>Walking</td>
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<tr>
<td>Learning</td>
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<td>Sleeping</td>
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<td>Speaking</td>
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<td>Reading</td>
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<tr>
<td>Interacting w. other</td>
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<td></td>
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<tr>
<td>Breathing</td>
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<tr>
<td>Concentrating</td>
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<tr>
<td>Communicating</td>
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<td>Hearing</td>
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<td>Working</td>
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<tr>
<td>Caring for oneself</td>
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<td>Seeing</td>
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<td>Running</td>
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<td>Reproduction</td>
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<tr>
<td>Bending</td>
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<td>Standing</td>
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<tr>
<td>Sexual Functions</td>
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<tr>
<td>Lifting</td>
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<tr>
<td>Eating</td>
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<td></td>
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<tr>
<td>Controlling Bowels</td>
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</table>

Performing Manual Tasks  
*(including household chores, bathing, brushing teeth)*  

Operations of major bodily functions  
*(including functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions.)*

Other:

1. For any major life activity where you indicated the limitation as “severe,” what is significant about the student’s diagnosis that severely impacts their functioning?

____________________________________________________________________________________________________________
____________________________________________________________________________________________________________
____________________________________________________________________________________________________________

2. Do the student’s limitations affect their ability to attend class regularly? If so, please provide details as to the symptoms and functional limitations impact the student’s ability to attend class meetings:

____________________________________________________________________________________________________________
____________________________________________________________________________________________________________
____________________________________________________________________________________________________________

____________________________________________________________________________________________________________
**Prescribed Medication:**

<table>
<thead>
<tr>
<th>Medication(s):</th>
<th>#1</th>
<th>#2</th>
<th>#3</th>
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</thead>
</table>

**Dosage:**

**Purpose of Medication:**

**Side Effects (check all that apply):**

- Agitation
- Confusion/Thought Disorder
- Decreased Concentration
- Distractibility
- Impaired Coordination
- Psychomotor Impairment
- Sedation/Fatigue

**Other:**

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- Impaired Coordination
- Psychomotor Impairment
- Sedation/Fatigue

**Other:**
Certifying Licensed Physician or Primary Health Care Provider qualified in the appropriate specialty area.

*(Must be completed by a licensed practitioner)*

Name: ____________________________________________________________

(Last, First M.I.)

Medical Facility: ___________________________________________________

Address: __________________________________________________________

City: ___________________________ State: _______ Zip: __________________

License Number: ____________________________________________________

Signature: ____________________________ Date: _______________________

For general questions pertaining to information requested contact the Accessible Education Center at (408) 924-6000 or by email at aec-info@sjsu.edu.

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