The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS’s international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students’ degree programs and professional goals.

**Keep Up With Us**

Have any questions or concerns? Email us CHHS-InternationalExperience@Sjsu.edu
Great Britain

Great Britain is an island separated from the European mainland. The Population of Great Britain is 60,800,000 as of 2011.

Languages

The languages that are usually spoken in Great Britain are English, Scots, Welsh, Scottish Gaelic, and Cornish. However, a simple "Hello" will get you far.

Transportation in Great Britain

The most common ways of getting around Great Britain is by car, van or taxi.

Weather

London's Average Weather by Seasons

Spring: 45° to 57° F
Weather is unpredictable with occasional frost.
Pack a rain jacket and umbrellas.

Summer: 61° to 80° F
Great season but there are thunderstorms.
Packing light clothes and umbrellas is recommended.

Fall: 50° to 63° F
Who fall is the wettest time of year.
Pack layers, a light scarf and umbrella.

Winter: 41° to 45° F
Typically mild with occasional snowfall.
Pack a warm coat and winter accessories.

What to eat?

Some traditional British foods are Shepherd's Pie, beef Wellington, fish and chips. The chips are actually fries.

Aside from the food they eat they are really into tea, beer, cider, and ginger beer are very popular drinks in Great Britain.

Eating Etiquette

- Never chew with your mouth open
- Never put too much food in your mouth
- Never mash or mix food on your plate
- Do NOT blow on hot food or drink
- Never use your fingers to push food onto your spoon or fork.

What to wear?

In Great Britain people tend to layer up on their clothing like wear hoodies or sweatshirts. British people tend to dress fairly casual. Some jeans and a t-shirt will do.