The College of Health and Human Sciences (CHHS) has initiated a requirement for students to participate in an international experience prior to graduation. The goal of CHHS’s international experience requirement is to introduce students to international and intercultural perspectives in order to prepare them to live and work in an increasingly globalized world.

Studying abroad is a high-impact educational practice that has been shown to increase student success and employability after graduation. The CHHS International Experience is designed to provide high-quality global learning experiences that are flexible, affordable, and relevant to students’ degree programs and professional goals.

KEEP UP WITH US:

@SJSUCHHS

Have any questions or concerns? Email us :
CHHS-INTERNATIONALEXPERIENCE@SJSU.EDU

"My FLP in Spain was the best and most memorable experience of my entire educational career at SJSU" - Jocelyn M.
Spain

Spain is a country on Europe’s Iberian Peninsula, includes 17 autonomous regions with diverse geography and cultures. Its capital city is Madrid. Total population as of 2019 is 46.94 million.

Spanish is not the only language

Apart from Spanish, Catalan is spoken in Catalonia, Basque in the Basque Country and Galician in Galicia.

Public transportation is the key to getting around

Get familiar with the subway and bus routes as they are the best and cheapest way to get from one place to another on a budget. In Spain, the same Metro passes are used on all public transportation methods!

Spain

Weather

How to Prepare for Weather in Spain

<table>
<thead>
<tr>
<th>Season</th>
<th>Temperature</th>
<th>Dressing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring</td>
<td>70°F and 85°F</td>
<td>Wear layers for unpredictable weather</td>
</tr>
<tr>
<td>Summer</td>
<td>80°F</td>
<td>Wear comfortable clothes with light, breezy fabric</td>
</tr>
<tr>
<td>Fall</td>
<td>60°F and 70°F</td>
<td>Dress in layers for shifts in temperature</td>
</tr>
<tr>
<td>Winter</td>
<td>50°F</td>
<td>In the south, weather is very pleasant, northern areas are colder</td>
</tr>
</tbody>
</table>

*From Hilary Allison for Tripsavvy!

Seafood, tapas, bread, olive oil and wine on my!

Be prepared to have at least one of these items or all three included with every meal. These are staple food items that you will find in every single restaurant.

Eating out etiquette

- Do not dip your bread in the soup
- No elbows on table
- Always keep the conversation going
- Lunch is served between 1:30-3:30 and dinner between 9:00-midnight!
- Tipping is not necessary but if you do leave only a few euros

Travel to Spain: Things to know before traveling abroad

Dress to impress

Spaniards like to dress up and look presentable. It is easy to spot a tourist when they are walking around in shorts and flip flops.