

Community Resource Referral List for Alcohol and Drug Use/Abuse

Pursuant to 34 CFR 86.100(a)(4) this supplemental document is part of SJSU's comprehensive Drug and Alcohol Abuse Prevention Program (DAAPP). The SJSU Counseling and Psychological Services (CAPS) has compiled the following list that identifies additional community resources available for students or employees related to alcohol and drug use and abuse.

Alcohol and Substance Use

- Gateway Assessment Center (800) 488-9919. 24 Hours, 7 days a week, including holidays. County Department of Alcohol and Drug Services program giving information and referrals to drug and alcohol detox and treatment programs, including outpatient and residential programs. Levels of care: 1. Detox/withdrawal management 2. Residential 3. Outpatient 4. Addiction Medicine and Therapy Program (outpatient) 5. Perinatal Services.
- Santa Clara County Urgent Care Clinic (408) 885-7855. M – F, 8am – 10 pm. Medi-Cal or uninsured. Temporary care clinic, assessed by clinician, then referred as appropriate.

Counseling

- Garner Health Services Proyecto Primavera (408) 977-1591. 1977 Mon-Fri 8AM-1PM. Monterey Road, Ste. 205 San Jose, CA 95112. Provides counseling for substance use and drinking driver program.
- Asian American Recovery Services (AARS) Project RECONNECT (408) 380-7302 rbuenavista@healthright360.org. Medi-Cal. An adolescent outpatient drug treatment program, serving Asian and Pacific Islander adolescents ages 12-19. Services provided: Intake and assessment, Individual counseling, Treatment planning, Educational and process group counseling, Family counseling and support, Pro-social activities, Specific groups provided: Gender-specific groups, Transitional-aged youth groups, Young adolescent groups, Monolingual Spanish-speaking groups.

Support Groups

- Alcoholics Anonymous (AA) (408) 374-8511 525 West Alma Avenue, San Jose, CA 95125. A support group for people for people who would like to help with a drinking problem.
- Narcotics Anonymous (NA) (408) 998-4200. A support group for people who would like help with a drug or substance abuse problem.
- Smart Recovery Groups (408) 850-3595. Offers non-help meetings as an alternative to 12-step AA.

Residential Facilities and Programs

- Department of Health Care Services (DHCS). DHCS Licensed Residential Facilities and/or Certified Alcohol and Drug Programs in San Jose. Provides an extensive list of resources for persons in need of assistance with recovery. More information about providers & partners can be viewed at <https://www.dhcs.ca.gov/provgovpart>.
- Intensive Outpatient Programs El Camino Hospital (Mt. View): (650) 988-8468. Mon-Friday. Accepts all insurances; no Medi-Cal. Kaiser patients need pre-authorization to receive services. IOP level of care 3 hour/day or Level 2 level of care 6 hour/day.
- Good Samaritan Hospital - In-patient and Outpatient- (South San Jose) (408) 996-7950. 9am-12pm or 9 am –3 pm. Accepts all insurances; no Medi-Cal (outpatient). Accepts all insurances including Medi-Cal)
- Bay Area Clinical Associates (408) 996-7950 Mon-Thurs 8am-6pm Friday 8am-4pm. In network with Aetna, Cigna, Anthem Blue Cross, & Valley Health Plan. Morning track, ages 18-26.
- San Jose Behavioral Health: (669) 234-5959. 24 hours. Accepts most major insurances; no Kaiser, no Medi-Cal. PHP 3 day or 5 day; IOP: 9 am - 12:30 pm

Sober Living Environments

- The Makey House 650-678-8583
- New Life Recovery Center 408-297-1182
- Second Chance Recovery Homes 877-640-0840
- Jay's Sober Living House 408-4497821
- TLC Sober Living 800-852-7374
- Life Choices 408-971-7811
- Amicus House 408-294-2277
- West Coast Recovery 408-281-4669

Prevention

- Substance Use Prevention Services (SUPS) (408) 794-0660

Family Services

- Uplift Family Services' Addiction Prevention Services (APS) (408) 379-3790 232 East Gish Road, San Jose, CA 95112. APS provides support to kids, teens, parents and caregivers in and out of the classroom. Program offers discussion groups for youth and parents and trainings for teachers and other professionals.
- Al-Anon (408) 379-1051. Provides emotional support to relatives and friends of alcoholics. Al-Anon en Español (408) 295-0920.