



Frequently Asked Questions

1. What is Summer Bridge?

Summer Bridge (SB) is a 4-week virtual transition program designed for all EOP first-year Frosh students. The program will consist of live webinars, mentoring, and provide community building.

2. What will I gain from participating?

Students participating will bridge the gap between high school and college. You will gain a support system before the fall semester and practice skills to navigate college and online resources, as well as have opportunities to build relationships with other members of the EOP community. The time commitment is about 5 hours per week.

3. When is the Summer Bridge Orientation?

The orientation will be on **Thursday, July 13, 2023 @ 3:00 pm - 4:00 pm.**

4. What are the SB program dates?

Monday, July 17, 2023 - Friday, August 11, 2023.

5. Is the EOP Summer Bridge Orientation and 4-week program mandatory?

The Summer Bridge orientation hosted on **Thursday, July 14, 2022 @ 3:00 pm** is required for all EOP first-year Frosh as an introduction and overview of the 4-week program. All first-year EOP year Frosh students are also required to attend the Summer Bridge program. This is a requirement as part of being in EOP. If you do not participate in SB, you will be removed from the EOP program and will not be able to reapply.

6. Do I have to submit the EOP Student Agreement/Summer Bridge Contract?

- All first-year EOP year Frosh students are required to submit the agreement/contract online <https://bit.ly/eopf23agree>
- This is part of your conditional acceptance to EOP and a requirement. If you do not submit the agreement yet, please do so asap as, you run the risk of being removed from EOP if the agreement is not submitted.
- The EOP Agreement was sent to you after you were accepted to EOP, and is separate from the Summer Bridge Contract that will be sent out to First-Year Frosh.

7. Is Summer Bridge the same as SJSU Frosh orientation?

NO. The EOP SB orientation is only for EOP first-year Frosh students. All students are still required to attend their scheduled SJSU Frosh-Orientation as stated by the university.

8. Will I earn units for participating in the Summer Bridge Canvas course?

No, the Summer Bridge course was designed specifically for first-year EOP frosh. The course is not hosted by the university and therefore not offered to take for credit.

9. What do I have to do for EOP SB?

Students will be required to attend 4 weekly live webinars hosted by SB staff, read and submit weekly reflection assignments, meet every other week with their assigned mentor (2 meetings), complete at least 1 **U-Thrive online module** (student success platform available 24/7), “attend” at least 2 of the 4 weekly SJSU Campus partner workshops, and meet with their cluster group once a week to discuss the weekly topic, hosted by their EOP mentor.

21. Are [PAGES](#) required?

Yes, students will be required to complete **(1) U-Thrive module**.

22. What is U-Thrive?

U-Thrive is a student success program rooted in Positive Psychology, Mindfulness, and Self-Compassion specifically designed to help First-Generation Limited-Income students transition to college and thrive. The online platform provides FGLI students with the tools and resources needed to better manage stress, improve resilience, and thrive throughout their college experience and beyond.

10. What do I need to do to be prepared for SB orientation?

To be prepared for SB orientation, we recommend having something ready to take notes with, use the screenshot feature on your computer to take a picture of noteworthy information, be prepared to be online for about an hour with your camera on, practice active listening, and come with an open mind. Pay attention to the questions other students ask and the answers being provided by the EOP staff.

11. Does this require parent involvement?

No. The Summer Bridge program should only be attended by students.

19. What is an EOP mentor?

EOP mentors are students who successfully transitioned into SJSU themselves. Your EOP mentor will serve as a guide, a friend, a source of support and motivation throughout the summer. They will be able to teach you about campus life, university life, and how to attain your goal of a university degree.

23. When and how will my EOP mentor reach out to me?

Mentors will reach out to students individually via SJSU email between **Monday, July 10 - Friday, July 14, 2023**.

24. What happens if I miss my scheduled mentor meeting?

If you miss your scheduled mentor meeting, contact your mentor directly to reschedule. No consequence will happen, as long as you make up for that missed meeting.

25. What are cluster meetings?

A cluster is a group of students that share the same EOP mentor. Cluster meetings will consist of EOP mentors hosting 50-60 minute Zoom activities that seek to bring students together for more social interactions and opportunities to build community.

26. Are the cluster group meetings mandatory?

Yes, cluster group meetings are mandatory for all program participants. Mentors will schedule the day and time for the cluster group meeting, which will take place once a week and will take 1 hour.

27. [What is Canvas?](#)

Canvas is a learning platform used by SJSU to assist with classroom material. It is used very often as a support tool for professors during the academic year for online access.

There is no need to download the Canvas app, as it is available to students for free on the one.sjsu.edu website. A free mobile app version of Canvas is available to students, but may have some limitations on features only available on a desktop. To use either the desktop website or the mobile app, simply log in using your SJSU login credentials, the same used to access your MySJSU portal.

28. [What is Zoom?](#)

[Zoom is an online video conferencing software program used by SJSU to facilitate online learning.](#)

For Zoom, you may need to download the desktop app and/or the mobile app. It is a free download, free to sign up, and your SJSU login credentials may be used to login as well without having to sign up. To access a Zoom call, you may click directly on the Zoom call to connect, or use the meeting ID and password to connect.

29. [What happens if I don't complete my assignments?](#)

If you do not complete all course assignments, you may be placed on EOP Probation. EOP probation is reserved for students who have not met all of the EOP Requirements. Students on EOP Probation will have a hold placed on the EOP Grant for the following semester. Students who do not meet the EOP requirements for 2 consecutive terms will be removed from the EOP. EOP Probation status is separate from SJSU's academic probation standing. The grades received in the Summer Bridge course will not impact your SJSU GPA. Assignments on the Summer Bridge Canvas course will be graded with "Complete" or "Incomplete".

30. [I completed all assignments for the Summer Bridge Canvas course, but I never met with my mentor and/or completed the PAGEs requirements. Am I okay for the summer?](#)

To ensure all program requirements have been met, all portions of the program must be completed; this includes course assignments, mentor meetings, cluster meetings, and PAGEs

31. [What is EOP Town Hall?](#)

Town Hall is a student welcome at the beginning of each academic semester. Topics include EOP requirements, EOP events for the semester, EOP Updates, Campus Updates and Important Reminders. **Fall 2023 Town Hall is scheduled for Friday, August 18, 2023**, one day prior to the first day of instruction (Monday, August 21, 2023).