Sophomores are students who have 30-59 units. Short on credits? Make an appointment today!
ACADEMIC DEVELOPMENT

CHECKLIST

FULL LOAD OF COURSES.
- Take 12 units for a full-time load, and 15 units to finish in four years

DECLARE YOUR MAJOR. EXPLORE MINORS.
- Attend a Change of Major workshop by the ESSC

PROGRESS WITH GENERAL EDUCATION (GE) COURSES.
- Finishing core GE's A-E and American Institution Requirements to prepare for your upper division GE's.

UTILIZE MYPLANNER AND MYPROGRESS.
- Visit one.sjsu.edu to for your path and progress towards your degree

SEEK OUT SERVICES.
- Meet with your Major Advisor, attend tutoring at Peer Connections, visit the Writing Center, look into Studying Abroad, etc.

APPLY TO SCHOLARSHIPS.
- Seek available scholarships through SJSU or private companies

TIME MANAGEMENT.
- Develop a schedule to optimize your learning experience and life

Need help? Want more information? Make an appointment with the ESSC today!
CAREER/PROFESSIONAL DEVELOPMENT

CHECKLIST

MEET WITH YOUR CAREER ADVISOR.
- Develop your resume, cover letter, and interviewing skills

APPLY FOR INTERNSHIPS.
- Use SJSU Handshake and LinkedIn to find internship opportunities and some Career Center programs

BUILD YOUR SKILLS.
- Identify your strengths with the Skills Gap Analysis handout, and find out what you need to work on

JOIN A CLUB/ORGANIZATION.
- Get involved with life on campus to find opportunities, make connections, attend events, and to build your resume

EXPAND YOUR NETWORK.
- Check out SJSU Mentoring and Meetups to meet with professors, staff, faculty, and alumni to gain insight on field experience

BELIEVE IN YOURSELF.
- Maintain a positive outlook and push through

Need help? Want more information?
Make an appointment with the ESSC today!