

RETROSPECTIVE SELF-EVALUATION OF GE OBJECTIVES

This evaluation will not effect your course grade. It is being used for General Education accreditation purposes.

1) Please rate your ability in recognizing the interdependence of the physiological, social, and cultural influences on health:

	Completely Confident	Very Confident	Somewhat Confident	Not Very Confident	Not at all Confident
<i>Before the course:</i>	5	4	3	2	1
<i>After the course:</i>	5	4	3	2	1

2) Please rate your ability to examine the cultural, ethnic, physiological, environmental, and other factors that influence health throughout the life span:

	Completely Confident	Very Confident	Somewhat Confident	Not Very Confident	Not at all Confident
<i>Before the course:</i>	5	4	3	2	1
<i>After the course:</i>	5	4	3	2	1

3) Please rate your ability to articulate your own definition of health:

	Completely Confident	Very Confident	Somewhat Confident	Not Very Confident	Not at all Confident
<i>Before the course:</i>	5	4	3	2	1
<i>After the course:</i>	5	4	3	2	1

4) Please rate your ability to conduct your own computerized personal wellness inventory:

	Completely Confident	Very Confident	Somewhat Confident	Not Very Confident	Not at all Confident
<i>Before the course:</i>	5	4	3	2	1
<i>After the course:</i>	5	4	3	2	1

5) Please rate your ability to recognize the influences of the academic environment (including the influences of your peers) on your personal health behaviors:

	Completely Confident	Very Confident	Somewhat Confident	Not Very Confident	Not at all Confident
<i>Before the course:</i>	5	4	3	2	1
<i>After the course:</i>	5	4	3	2	1

6) Please rate your ability to practice the interpersonal skills necessary for negotiating and advocating for safe and healthy social environments:

	Completely Confident	Very Confident	Somewhat Confident	Not Very Confident	Not at all Confident
<i>Before the course:</i>	5	4	3	2	1
<i>After the course:</i>	5	4	3	2	1

7) Please rate your ability to identify and use available university services and resources that promote their academic and personal development:

	Completely Confident	Very Confident	Somewhat Confident	Not Very Confident	Not at all Confident
<i>Before the course:</i>	5	4	3	2	1
<i>After the course:</i>	5	4	3	2	1