# **HS161 MIDTERM 3/24/04**

Instructions. Select the best response in each instance. For T/F questions, answer "a" for true and "b" for false. On Part A, please use a TE2000 scantron to record your answers. Use a blue book for Part B answers.

## Chap 1 (§1.1, §1.2, §1.3)

Match each term with its definition.

## Terms:

- 1. morbidity
- 2. mortality
- 3. endemic
- 4. epidemic

### **Definitions:**

- a. occurrence at an increased or excess level
- b. related to death
- c. related to disease or disability
- d. occurrence at a constant or expected level

List the causes of death in correct rank order.

# Rank:

- 5. Highest
- 6. Second highest
- 7. Third highest
- 8. Lowest

#### Causes:

- a. Cancer
- b. Cardiovascular
- c. External cause
- d. Chronic obstructive pulmonary disease
- T/F: Prostate cancer increased in the second half of the twentieth century. [Remember to answer "a" for true and "b" for false on all T/F questions.]

Match the uses of epidemiology with its description.

### Uses:

- 10. historical study
- 11. evaluate health services
- 12. complete clinical picture
- 13. community diagnosis

- a. appraise efficacy of interventions and treatments
- b. identify presence, nature, and incidence or prevalence of health problems
- c. track rise and fall of disease in the population for useful projections
- d. assess all types of cases and their proportion of occurrence
- 14. T/F: Definitions of health vary between cultures and individuals.
- 15. Select the best definition of "epidemiology."
  - a. Organized community effort to prevent disease and promote health.
  - b. The study of disease.
  - c. The study of health.
  - d. The study of disease and health-related conditions in populations.
- 16. Select the definition of *pandemic*.
  - a. endemic in the population
  - b. endemic on several continents
  - c. epidemic in the population
  - d. epidemic on several continents

# Chap 2 (§2.1, §2.2)

Place in correct chronological order the events leading to a myocardial infarction.

#### Order:

- 17. first
- 18. second
- 19. third
- 20. fourth

#### Event:

- a. death of heart muscle
- b. dietary factors leading to atherosclerosis
- c. genetic susceptibility
- d. blood clot blocking coronary artery
- 21. This term is used to refer to the spectrum of an infectious disease.
  - a. latent period
  - b. incubation period
  - c. iceberg
  - d. gradient of infection
- 22. Why would your want to identify and treat HIV infections before symptoms arise?
  - a. delay onset of symptoms
  - b. cure infection
  - c. prevent transmission
  - d. "a" and "c"
  - e. "a," "b," and "c"
- 23. This is the term used to denote a health problem that is largely undetected on population basis.
  - a. iceberg phenomenon
  - b. spectrum of disease
  - c. primary prevention
  - d. initiation
- 24. This marks the *beginning* of the subclinical stage of disease.
  - a. exposure to the ultimate causal factor
  - b. first symptoms
  - c. diagnosis
  - d. resolution of symptoms

Match each term with its description.

### Terms:

- 25. induction period
- 26. latent period
- 27. empirical induction period
- 28. causal action

- a. time between disease initiation and detection
- b. biological effect of a pathogenic event
- c. time between causal action and disease initiation
- d. time between causal action and disease detection
- 29. This marks the *end* of the subclinical stage of disease.
  - a. exposure to the ultimate causal factor
  - b. first symptoms
  - c. diagnosis
  - d. resolution of symptoms
- 30. What does it mean when an epidemiologist says there is an *interdependence* between factors?
  - a. there is a spectrum of effects
  - b. factors work together to cause the disease
  - c. there is a long induction period
  - d. the disease often goes undetected
- 31. Is the laser treatment of diabetic retinopathy to prevent blindness a form of primary, secondary, or tertiary prevention in the treatment of diabetes?
  - a. primary
  - b. secondary
  - c. tertiary

Match the type of prevention with its goal.

# Types of Prevention:

- 32. primary
- 33. secondary
- 34. tertiary

### Goal:

- a. to prevent new occurrences
- to minimize progression of disease and its effects
- c. delay onset or reduce severity after emergence
- 35. T/F: During the acute phases of HIV infection, a person may have no detectable antibody but may still be infectious.
- 36. Is treatment of symptom-free HIV+ people with anti-retroviral drugs a form of primary, secondary, or tertiary prevention?
  - a. primary
  - b. secondary
  - c. tertiary

### Chap 3 (§3.1)

Match each term with its description.

#### Terms:

- 37. innate immunity
- 38. acquired immunity
- 39. immunocyte
- 40. humoral immunity

- a. an immune cell
- b. immunity you are born with
- c. non-cellular components of acquired immunity
- d. immunity developed after birth
- 41. T/F: Infectious diseases remain a leading cause of morbidity and mortality worldwide.
- 42. Select the disease with a known prion cause.
  - a. AIDS
  - b. typhus fever
  - c. rocky mountain spotted fever
  - d. mad cow disease
- 43. What type of transmission occurs when HIV is transmitted via a syringe?
  - a. mechanical
  - b. developmental
  - c. propagative
  - d. cyclopropagative
- 44. T/F: Fever and inflammation can help fend off infection.
- 45. Transfer of antibodies from mother to baby through colostrum is a form of:
  - a. innate immunity
  - b. therapeutic immunity
  - c. actively acquired immunity
  - d. passively acquired immunity
- 46. These are proteins on the surface of agents that elicit an immune response.
  - a. pathogens
  - o. immunocytes
  - c. antigens
  - d. antibodies

Match each term with its definition.

#### Terms:

- 47. infection
- 48. infectious disease
- 49. reservoir
- 50. contamination

### Definitions:

- a. habitat where agent multiplies
- b. presence of living agent within the body
- c. presence of living agent within body accompanied by symptoms
- d. presence of living agent on exterior surface
- 51. Which of the following is an innate form of cellular immunity?
  - a. intact skin
  - b. stomach acidity
  - c. phagocytic cells
  - d. ear wax
- 52. Propagative transmission occurs when there is
  - a. no multiplication of the agent in the vector
  - b. multiplication of the agent in the vector
  - c. maturation of the agent in the vector
  - d. multiplication and maturation of the agent in the vector
- 53. Which of the following can *not* serve as a portal for infection?
  - a. skin
  - b. urogenital tract
  - c. respiratory tract
  - d. cardiovascular system
- 54. This type of immune cell up-regulates and down-regulates the immune response.
  - a. macrophage
  - b. bone marrow cell
  - c. B lymphocyte
  - d. T lymphocyte

Match the class of agent with its description.

### Agents

- 55. virus
- 56. bacteria
- 57. fungi
- 58. helminth

- a. unicellular creatures capable of independent replication
- b. sub-microscopic agents incapable of replication outside of the host
- c. parasitic worms
- d. parasitic lower plants lacking chlorophyll
- 59. Stomach acidity is a \_\_\_\_\_\_ barrier to infection.
  - a. physical
  - b. chemical
  - c. cellular
  - d. none of the above
- 60. Which of the following can serve as a portal of entry for HIV?
  - a. the skin
  - b. urogenital tract
  - c. gastrointestinal tract
  - d. all of the above
- 61. This type of vaccine contains antigens from an agent that can no longer replicate.
  - a. killed vaccine
  - b. modified live vaccine
  - c. toxoid
  - d. immunoglobin

# Chap 5

- 62. How many major categories of disease are in ICD-9?
  - a. 14
  - b. 15
  - c. 16
  - d. 17
- 63. What types of criteria may be used to construct a case definition?
  - a. clinical
  - b. personal characteristics
  - c. region and time of occurrence
  - d. all of the above
- 64. Which factors are used in structuring ICD codes?
  - a. similarities in cause
  - b. similarities in pathogenesis
  - c. similarities in anatomical location
  - d. "a" and "c"
  - e. "a," "b," and "c"
- 65. What organization created the ICD?
  - a. FDA
  - b. CDC
  - c. WHO
  - d. SJSU 🛭
- 66. What does the CM stand for in the ICD-9-CM?
  - a. Chronic Major
  - b. Chronic Modification
  - c. Clinical Major
  - d. Clinical Modification
- 67. T/F: A person must have an AIDS indicator condition (e.g., Kaposi's Sarcoma) in order to qualify as an AIDS case under the current CDC AIDS surveillance case definition.
- 68. T/F: Studies of treatments and interventions need a uniform case definition to objectively study response to therapy.
- 69. T/F: Case definitions may evolve over time as we learn about the pathology of the disease.

- 70. What is the *most current* version of the ICD?
  - a. 8
  - b. 9
  - c. 10
  - d. 11
- 71. T/F: A change in the completeness of reporting can create an artifactual increase or decrease in the reported rate of a disease.
- 72. When you put an age restriction on a case definition, you are using this type of criteria:
  - a. clinical
  - b. "person"
  - c. "place"
  - d. "time"

Match the term with its brief description.

#### Terms:

- 73. case definition
- 74. "Chinese menu"
- 75. probable case
- 76. possible case
- 77. confirmed case

- a case with all clinical features plus supporting laboratory or pathological evidence
- b. criteria by which to decide whether an individual should be classified as having a condition
- c. a case with all of the typical clinical features but no supporting lab or path evidence
- d. to combine criteria in an "either/or" fashion
- e. a case with some but not all of the typical clinical features and no supporting lab or path evidence

# **Part B: Open-Ended Questions**

Answer in your blue books, please. Remember to number each problem.

# TEXARKANA CASE STUDY QUESTIONS

- 1. What is the difference between a *sensitive* case definition and a *specific* case definition? [4 pts]
- 2. Fill in the table below by calculating the rates and summing number of cases and population sizes when necessary. [10 pts]

Formula: Rate (per 1000) = (no. of cases)  $\div$  (population size)  $\times$  1000

Vaccine status	Age group (yrs)	Cases	Population	Rate (per 1000)
Unvaccinated	1–9	42	2552	
	10–19	173	3342	
	1–19			
Vaccinated	1–9	3	3671	
	10–19	14	4345	
	1–19			

- 3. Compare the rates for 1–9 and 10–19 year-olds. [1 pt]
- 4. Compare the rates for the unvaccinated and vaccinated groups.[1 pt]
- 5. Using the above information, calculate vaccine effectiveness. The formula is  $VE = \frac{R_1 R_0}{R_1}$ , where VE represent vaccine effectiveness,  $R_1$  represent the rate of disease in the unvaccinated population, and  $R_0$  represent the rate of disease in the vaccinated population. Show all work. [2 pts]
- 6. In your opinion, was the vaccine effective? Justify your response. [2 pts]