You can request a Wellbeing Attendant for any medical examination, therapy or procedure.

Any Sports Medicine Encounter that involves a Sensitive Area must be explained and discussed in full with you prior to the start of the Sports Medicine Encounter. You will be asked to provide Informed Consent or decline the treatment.

You may stop the treatment at any time.

Whenever possible, you may request a Wellbeing Attendant of the gender you choose. You may request an athletic trainer other than your team’s assigned athletic trainer for any examination of or treatment to a Sensitive Area.

A Wellbeing Attendant is a person who serves as an objective observer for a student-athlete and/or sports medicine staff during a Sports Medicine Encounter. Depending on the circumstances, a Wellbeing Attendant may be a sports medicine staff member, coach, or student-athlete.

A Sensitive Area is defined as the areas of and regions surrounding the buttocks, pelvis, and female breasts.

A Sports Medicine Encounter is any medical examination, therapy or procedure.

Informed Consent is a clear explanation of the Sports Medicine Encounter to be administered, the expected benefits and potential risks of the Sports Medicine Encounter and a clear verbal agreement from the student-athlete to proceed with the Sports Medicine Encounter.

Key Definitions:

For questions about the policy:

Laura Alexander
Assistant Athletics Director for Student Wellness and Leadership Development
laura.alexander@sjsu.edu
408-924-1256

Stephen Bartlinski
Director of Sports Medicine
stephen.bartlinski@sjsu.edu
408-924-6692

For Title IX resources and/or to file a complaint:
titleix@sjsu.edu
408-924-7290