



# GET INVOLVED @ SJSU

CAMPUS  
PROGRAMING

FRATERNITY &  
SORORITY LIFE

LEADERSHIP  
DEVELOPMENT

RECOGNIZED  
STUDENT ORGS

## 9<sup>TH</sup> ANNUAL STUDENT LEADERSHIP GALA YOU'RE INVITED

**VIRTUAL EVENT**  
TUESDAY, MAY 5, 2020

5 - 6:30 PM | Virtual doors open at 4:45pm.  
[bit.ly/StudentLeadershipGala2020](https://bit.ly/StudentLeadershipGala2020)

Presented by Associated Students, Student Involvement and the Solidarity Network.

Associated Students, Student Involvement, and The Solidarity Network invite you to join us on Tuesday, May 5 for the 9th Annual Student Leadership Gala! This year's gala will be a virtual celebration to recognize and celebrate the many achievements of students leaders this year. The following awards will be presented: Vice President of Student Affairs' Award for Exemplary Leadership & Service, Solidarity Network Recognition, A.S. 55 Awards, Recognized Student

Virtual doors open at 4:45pm. Event begins at 5:00pm. Please use the following link to attend: <https://bit.ly/StudentLeadershipGala2020>.

## CAMPUS UPDATES & RESOURCES

### FINALS PROGRAMS & RESOURCES

Offices & Departments across campus have some great activities, programs, and resources in place to support our Spartans through finals! Connect with peers, make time for self-care, get access to virtual tutoring, build study skills, and more!

# FINALS PROGRAMS & RESOURCES

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Take advantage of all the FREE virtual resources, activities, and programs to support Spartans from May 4 through May 19, 2020!

ACTIVITIES

EVENTS

TUTORING RESOURCES

Visit the SJSU Finals Programs & Resources website ([bit.ly/SJSUFINALS2020](https://bit.ly/SJSUFINALS2020)) for a full list of events and resources! And don't forget to follow us on Instagram @wowsjsu for daily and weekly updates!

**Finals Website!**

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## **ALL SPARTANS**

Download the SJSU App (Sammy App) to your smart phone or tablet for a full list of upcoming events. Explore the student feed, student orgs, and campus events! Download our app on the [Apple Store](#) or [Google Play](#).

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## **TAKE THE CAMPUS CLIMATE SURVEY!**

The university wants every student, faculty and staff member to feel they belong at SJSU. Every member of our community has the opportunity to take the campus climate survey—a safe, confidential way to have a voice. Because the survey is confidential your submission will not be tracked so please be prepared to complete in one sitting.

# CAMPUS CLIMATE SURVEY

**Deadline Extended to May 8**

For more information go to [sjsu.edu/belong](https://sjsu.edu/belong)

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## **COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)**

CAPS continues to operate all services remotely. Students can receive services by calling the main line at (408) 924-5910 during operational hours from Monday - Thursday, 8:30 AM - 5:30 PM and Friday 8:30 AM - 4:30 PM. Services are being provided either by phone or video conference, utilizing Zoom Health for video sessions - a secure, encrypted, HIPAA compliant service.

After-hour crisis intervention services continue to be available by calling the main line at (408) 924-5910, and selecting option 4. Psychiatric services are available Tuesday - Thursday, by calling the Student Health Center appointment line at (408) 924-6122.

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## **SPARTANS SPEAK ON COVID-19**

Special Collections & Archives has launched a new project, [Spartans Speak on COVID-19](#), to ensure that personal accounts of experiences during these unprecedented times are included in the University Archives. All members of our campus community are invited to participate.

You can participate in the co-creation of the SJSU COVID-19 Collection by submitting any or all of the following:

- Journal entries
- Blog posts
- Social media posts
- Photographs

- Audio recordings
- Video recordings
- Any other written or recorded statements reflecting your experiences

Use the Google Form linked below to document and submit materials in a variety of electronic formats. You can submit more than once as events continue to unfold. If the form is still live, we are still accepting submissions. If you prefer to donate physical materials, please fill out the form knowing that we will follow-up with you after the library re-opens. Contributions will become part of SJSU's University Archives and will be available for access by the public. Please contact University Archivist Carli Lowe at [carli.lowe@sjsu.edu](mailto:carli.lowe@sjsu.edu) with any questions or concerns.

**Submit your story  
here!**

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## **CALIFORNIA COLLEGE STUDENT EMERGENCY SUPPORT FUND**

The California College Student Emergency Support Fund has launched to give one-time \$500 hardship grants to students. This program is administered by the Mission Asset Fund which assesses emergency needs for low-income college students, including undocumented immigrants, foster youth, and students who are housing insecure.

To be eligible, you must:

- Be currently enrolled full-time (12+ units) as an undergraduate at a California Community College, California State University, or University of California campus
- Have earned at least 24 semester units or 36 quarter units (i.e., one academic year of coursework)
- Be low-income, with a maximum Estimated Family Contribution (EFC) of \$5,576 (from your FAFSA or CA Dream application) or eligible for a California College Promise Grant Fee Waiver (formerly known as the BOG fee waiver)

**Click here to learn more and  
apply!**

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## **ONLINE WORKSHOPS: FINANCIAL LITERACY, ONLINE LEARNING, AND MORE!**

Spartans can access Student Lingo, a series of workshops on topics such as financial literacy, note taking, and online learning, for free! There are 4 workshops related to online learning, including an "Orientation to Online Learning" series. Any Spartan (students, parents, faculty, staff, etc.) can create a free account.

Search [one.sjsu.edu](http://one.sjsu.edu) for "Student Lingo" to sign up and access these workshops.



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**OVER  
450**  
**RECOGNIZED  
STUDENT  
ORGANIZATIONS**



ACADEMIC • CLUB SPORTS • CULTURAL/RELIGIOUS • FRATERNITY/SORORITY • SPECIAL INTEREST • UNIVERSITY SPONSORED

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**STUDENT ORG RE-RECOGNITION DEADLINE IS MAY 11**

# STUDENT ORGANIZATION RE-RECOGNITION PROCESS NOW OPEN!

The Re-Recognition Process is required for your Student Organization to operate for the 2020-2021 academic year. Student Organizations must complete two different steps to be Re-Recognized!

**Step 1: Online Re-Recognition Application**  
(available via email)

**Step 2: Required Online Training**  
Completed by President and Treasurer

DEADLINE EXTENSION- Both  
Steps MUST be completed by  
Monday, May 11th!

Questions? Contact Jordan Webb, Student Engagement  
Coordinator at [Jordan.webb@sjsu.edu](mailto:Jordan.webb@sjsu.edu)



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## COVID-19 FAQ FOR RECOGNIZED STUDENT ORGANIZATION OPERATIONS

Do you have questions about how RSOs can and should be operating due to COVID-19-related changes and challenges? Find the answers to all of your questions [here](#).

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A · B · C · D · E · F · G · H · I · K · L · M · N · O · P · R · S · T · Y  
Φ · Ψ · Ω · Θ · Λ · Μ · Ν · Ξ · Ο · Π · Ρ · Σ · Τ · Υ  
**FRATERNITY & SORORITY LIFE**

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## SAN JOSÉ STATE UNIVERSITY

Sororities and fraternities are making an impact in our community! See what they have been up to or check out upcoming events.

Reach out to [fraternities-sororities@sjsu.edu](mailto:fraternities-sororities@sjsu.edu) with any questions.

Fraternity & Sorority life resources:

**SJSU Greek  
Toolkit**



Social fraternities and sororities at SJSU are part of a community of 40+ general and culturally-based organizations, representing 4 governing councils. The community invites you to explore the different organizations for a unique experience to grow as a Spartan!

To learn more about recruitment and intake, visit our [website](#). All interested students must meet eligibility expectations in order to receive an invitation or bid. Complete the [Fraternity & Sorority Life: Interest & Eligibility Form](#).

Questions? Email [fraternities-sororities@sjsu.edu](mailto:fraternities-sororities@sjsu.edu).

## GREEK AWARDS

On April 22nd, Fraternity and Sorority Life members tuned in to the very first virtual Greek Awards program. Student Involvement staff and community leaders presented Standards of Excellence Laurel awards, as well as individual and academic awards to fraternities and sororities. [You can watch the recorded webinar via YouTube.](#)

Congratulations to the organizations and individuals on their awards!



*Greek Banquet 2020*

# And the winners are...

## Fraternity & Sorority Presidents of the Year

**Troy Medeiros**



*Sigma Chi*

**Anna Chiang**



*Kappa Delta*

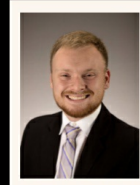
## Fraternity & Sorority Members of the Year

**May Ly**



*Kappa Delta*

**Ethan Lipsker**



*Sigma Alpha Epsilon*

## Fraternity & Sorority Emerging Leaders of the Year

**Jack Bissell**



*Sigma Chi*

**Ramani Seethamraju**



*Delta Gamma*

## Outstanding Program of the Year



*Derby Days*

## Fraternity & Sorority Advisor of the Year



Sarah Lewis Erman  
*College Chapter Director,  
Delta Zeta*

## Best in Council

**IFC:** California Zeta of Sigma Alpha Epsilon Fraternity

**PHC:** Alpha Phi International Fraternity

**USFC:** Lambda Chapter of Sigma Pi Alpha Sorority, Inc.

## Best in Academics

Best in Academics - Sorority  
Alpha Phi International Fraternity

Best in Academics - Fraternity  
Sigma Chi International Fraternity

## Best in Academics

**IFC:** Sigma Chi International Fraternity

**NPHC:** Phi Beta Sigma Fraternity, Inc.

**PHC:** Alpha Phi International Fraternity

**USFC:** alpha Kappa Delta Phi International Sorority, Inc.

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## Intake and Recruitment: How to Join Fraternities and Sororities

During the 2019-2020 academic year, over 600 students joined fraternities and sororities! Most organizations begin informational and recruitment efforts during the first few weeks of the semester. Stay connected to learn more about these organizations and how you can join in Fall 2020!

Follow us on instagram: @sjsu.greeks  
(<https://www.instagram.com/sjsu.greeks/>)

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## FAQS FOR FRATERNITY & SORORITY OPERATIONS

Refer to this document to see them: [COVID-19 FAQ for SJSU Fraternity & Sorority Operations](#). This document will be updated frequently as University and county orders may continue to change and as we get additional feedback and questions from Greek members. For the most up-to-date information from SJSU regarding COVID-19, please visit the [Health Advisories website](#) or email [healthadvisories@sjsu.edu](mailto:healthadvisories@sjsu.edu).

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Wear Your Letters  
Wednesday

@sjsugreeks



Interfraternity Council (IFC)



National Pan-Hellenic Council  
(NPHC)



Panhellenic Council (PHC)



United Sorority & Fraternity Council  
(USFC)

A yellow Spartan mascot head is visible in the background of the top banner, which has a blue and white geometric design.

# Spartans Lead

The out-of-the-classroom experience is a vital part in a student's development and we assure you that leadership isn't always about holding a position nor do you have to be on the upper level of some group to be able to practice your leadership skills. Want to build your leadership skills? Check out our [website](#) for more information on what our leadership team can offer you.

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## **TAKE OUR LEADERSHIP SURVEY!**

Student Involvement is here to provide you with the leadership development that you want and need, so please consider taking a moment to fill out this brief, anonymous survey. We will use these responses to tailor our programs and resources to the needs of SJSU students. The form will not collect any of your personal information unless you would like us to follow up with you. Thank you in advance!

**Take Our  
Survey!**



# Your leadership future is on the horizon.

Help us help you get there.

Fill out this short anonymous survey to tell SJSU Student Involvement what you're interested in!

**[bit.ly/sjsuleadershipsurvey](https://bit.ly/sjsuleadershipsurvey)**

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## CONTINUE BUILDING LEADERSHIP SKILLS

Summer may be just around the corner, but that doesn't mean you can't continue to build leadership skills! We've compiled content, links, and resources from this year's leadership workshops and drop-ins and put them on our [website](#). Content you can explore on your own includes:

- recorded Amplify Your Voice workshop
- worksheets, goal setting tips and strategies, and more from the Amplify Your Goals drop-in
- Amplify Your Values workshop videos and worksheet
- leadership assessment tools and Strengths worksheet from Amplify Your Strengths drop-in

If you have questions or want to explore these topics further, reach out via email at [student-leadership@sjsu.edu](mailto:student-leadership@sjsu.edu)!

SPRING 2020

# LONG-DISTANCE LEADERSHIP



We have posted content, links, and other  
resources from all of our Leadership  
Workshops and Drop-ins this semester!

[bit.ly/sjsuleadership](https://bit.ly/sjsuleadership)

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## UPCOMING CAMPUS PROGRAMS

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## ACTIVITIES & EVENTS

### MONDAY, MAY 4

#### Coffee Chat with the Career Counselor Bunch

11:30 AM - 12:30 PM

Online: <https://sjsu.zoom.us/j/95344990214>

Stop by for a virtual coffee chat with the career counseling team. Learn about how the Career Center can support you during this challenging time with your job/internship search, networking, resume, exploring careers and more!

#### Global Connections

12:00 PM - 1:00 PM

Via Zoom. Register at [sjsu.edu/counseling](https://sjsu.edu/counseling)

An opportunity to meet new friends from across the SJSU campus and the world in a casual and comfortable environment.

\*Counseling and Psychological Services & Wellness and Health Promotion Collaboration for Mental Health Awareness Month

#### Vision Board Finals BLITZ

1:30 PM - 2:45 PM

Via Zoom. Register at [sjsu.edu/counseling](https://sjsu.edu/counseling) Finals BLITZ!! This workshop will help you with tools and strategies that may help you stay motivated through finals.

\*Counseling and Psychological Services & Wellness and Health Promotion Collaboration for Mental Health Awareness Month

### WEDNESDAY, MAY 6

#### Mindfulness Meditation Workshop Series

1:30 PM - 3:00 PM

Via Zoom. Register at [sjsu.edu/counseling](https://sjsu.edu/counseling) Interested in learning about new ways to relax and live in the present moment? Come learn about mindfulness meditation, self-care practices, and ways to appreciate the here and now through step-by-step instruction, education and live practices.

### FRIDAY, MAY 8

#### Harry Potter Virtual Trivia

1:00 PM - 2:00 PM

Online: Webinar at <https://bit.ly/SJSUPotter>

Game at <https://www.crowd.live/SJSUPOTTER>

A chance to play Harry Potter virtual Trivia with the chance of winning a \$100 or \$50 giftcard. The webinar (where game will be presented) should be watched on a laptop/computer.

Simultaneously use a mobile device to play along with the game!

### MONDAY, MAY 11

#### Art Therapy

11:00 AM - 12:15 PM

Via Zoom. Register at [sjsu.edu/counseling](https://sjsu.edu/counseling)

Coloring and journaling in community. During stressful times, we need more self-care and time to relax. Please have with you: a blank piece of paper, a lined piece of paper, a pen or pencil, and any type of colors that you have and would like to use (e.g. colored pencils, crayons, paint, etc).

\*Counseling and Psychological Services & Wellness and Health Promotion Collaboration for Mental Health Awareness Month

## ONGOING PROGRAMS

#### Veterans Resource Center Breakfast Club Fridays

Friday, May 8 & Friday, May 15

10:00 AM - 11:00 AM

Online: [https://sjsu.zoom.us/j/296084874?](https://sjsu.zoom.us/j/296084874?pwd=c3pTd2N5MmhzTmUrVnZXUHJEUTY3UT09)

[pwd=c3pTd2N5MmhzTmUrVnZXUHJEUTY3UT09](https://sjsu.zoom.us/j/296084874?pwd=c3pTd2N5MmhzTmUrVnZXUHJEUTY3UT09) Have a casual conversation over breakfast, coffee, tea, or whatever! This is a good opportunity to catch up with your peers and vent about the struggles we are all facing. Things such as balancing school, family, for some work, and for others, graduation.

#### Spartan Squad T-Shirt Competition

Monday, May 4 - Friday, May 8

Submit your design to [spartansquad@sjsu.edu](mailto:spartansquad@sjsu.edu)

This is an opportunity for Spartans to create the 2020 Spartan Squad t-shirt! For details on competition, visit:

[tinyurl.com/SpartanSquadDesignGuidelines20](https://tinyurl.com/SpartanSquadDesignGuidelines20)

#### Ask An Advisor

Monday, May 4 - Tuesday, May 19 (weekdays only)

1:00 PM - 4:00 PM

Online: <https://sjsu.zoom.us/j/95135988632>

Virtual office hours with Academic Advising and Retention staff - drop in advising with a GE advisor!

#### Connect with a Peer @ The VRC!

Monday, May 4 - Tuesday, May 19 (weekdays only)

10:00 AM - 11:00 AM

Visit [sjsu.edu/veterans](https://sjsu.edu/veterans) for virtual office hour details.

Connect with your Peer Advisor in the VRC to help you with finals resources and learn about free tutoring, virtual social hours, game nights, breakfast club, Veterans Yoga class, and other things to help you finish off your semester strong!

#### Take a Study Break! De-Stress for Success

Online at <https://libguides.sjsu.edu/studybreak>

A curated guide by SJSU King Library.

#### Intramural E-Sports Tournaments

Register at [www.imleagues.com/sjsu](http://www.imleagues.com/sjsu)

Spartans can join E-Sports gaming tournaments by signing up for sports games they want to play against each other. Available games are Madden 20, FIFA 20, NBA2k 20, MLB The Show 20, and Rocket League.

#### 2020 Recreation Movement Challenge

Monday, May 4 - Sunday, May 31

Online: [2020RecreationMovement.com](https://2020RecreationMovement.com)

40+ campuses across American have a common goal - to cooperatively log 5 million minutes of activity. Join the challenge and get moving! Tag @sjsu\_fitness so we can share your workout!

#### Les Mills On Demand Virtual Fitness Classes

Accessible anytime!

Online: <https://watch.lesmillsondemand.com/at-home-workouts>

Throughout shelter in place, Les Mills is giving Spartans free access to over 150 workouts that you can do from the comfort of your home. Share your workouts with the Spartan Recreation and Aquatic Center @sjsu\_fitness!

## TUTORING RESOURCES

#### Library Late Night Tutoring

Monday, May 4 - Monday, May 18

8:00 PM - 12:00 AM

Online: <https://sjsu.zoom.us/my/latenighttutoring>

Highly trained tutors to assist students with biology, chemistry, math, and physics undergraduate courses.

Did you know that the Library Student Technology Training center offers software (Microsoft office, Adobe suite, SPSS) training and support for SJSU students, faculty and staff ([libguides.sjsu.edu/sttc](https://libguides.sjsu.edu/sttc)).

#### Writing Center Online Tutoring

Monday, May 4 - Tuesday, May 19

10:00 AM - 9:00 PM (Mondays-Thursdays)

10:00 AM - 3:00 PM (Fridays)

Schedule online: <https://sjsu.mywconline.com>

Students can sign up for up to two 45-minute sessions each week. Have a quick question? Use the "Ask a Tutor" live chat feature - no appointment necessary!

<https://library.sjsu.edu/writingcenter-chat>

#### Peer Connections Finals Tutoring

Monday, May 4 - Friday, May 15 (weekdays only)

Request an appointment at

<https://peerconnections.sjsu.edu/appointments>

Virtual tutoring in multiple subjects and writing.





**ATTENTION!**  
**SPRING 2020 GRADUATES**

# NEW GRAD CAREER BOOTCAMP

— SP '20 —

**FRI**

**May 29  
2020**

**12:00–  
1:30PM**

Are you still unsure of what's next for you after graduation or what career path you want to pursue? Take advantage of this opportunity to hear from a panel of SJSU alumni and employers as they share their own college-to-career transitions and give advice on successfully navigating life after college. Topics discussed will include:

- Job Search/Networking
- Resume
- LinkedIn Profile
- Virtual Interviewing
- Staying Motivated During the Job Search

Time will be allotted for audience Q&A, so come prepared with questions for the panelists.

**FALL 2019 GRADS AND RISING SENIORS ARE ALSO WELCOME TO ATTEND!**

To receive a Zoom link for this virtual event, please RSVP here:

<https://sjsu.joinhandshake.com/events/481996>

If you require an accommodation to participate in this event,  
please contact [careerhelp@sjsu.edu](mailto:careerhelp@sjsu.edu) at least 48 hours before the event.

**SJSU** | CAREER  
CENTER



# SJSU CAREER CENTER

## 2020 Summer Calendar

### Virtual Hours of Operation

5/13/20-8/18/20

Monday-Friday 8:30am-4:30pm

Service not available July 3rd due to holiday closures

### VIRTUAL CAREER COACHING (5/18/20-8/18/20)

Need quick career tips? Career counselors will provide advice on a variety of topics including: job/internship search strategies, interviewing tips, grad school, career planning, enhancing your resume, and more. Available for currently enrolled SJSU students and recent alumni.

#### Live Chat - NEW!

Immediate help is available at [sjsu.edu/careercenter](https://sjsu.edu/careercenter) Monday through Friday, 8:30am to 4:30pm. Click on the Live Chat button in the bottom right corner.



#### By Appointment

Undergraduate students can schedule an appointment by logging into [SJSU Handshake](#). Graduate students and alumni can request an appointment by emailing [careerhelp@sjsu.edu](mailto:careerhelp@sjsu.edu).

### VIRTUAL WORKSHOPS

**FRI**  
May 29

**WED**  
July 15

**New Grad Career Bootcamp**  
12:00-1:30 pm

RSVP on [SJSU Handshake](#) to receive a ZOOM Link for these events

#### Attention Spring 2020 Graduates:

Are you still unsure of what's next for you after graduation? Take advantage of this opportunity to hear SJSU alumni and employers share their own college-to-career transitions and give advice on successfully navigating life after college. Panelists will be announced in the coming weeks. Topics discussed will include job search/networking, resume, LinkedIn profile, virtual interviewing, and staying motivated during the job search. Time will be allotted for audience Q&A, so come prepared with questions for the panelists. Fall 2019 grads and rising seniors are also welcome to attend!

### CAREER APPS

Get a jumpstart on spring recruiting season from the comfort of your home. Apps available at [sjsu.edu/careercenter/students/career-apps](https://sjsu.edu/careercenter/students/career-apps).



#### Exploring Major/Career Options

Complete self-assessments that connect your interests and personality with your major and career paths



#### Rock Your Interview

Practice and record mock interview and receive virtual feedback



#### Build an Awesome Resume

Upload your resume to get instant feedback based on in-demand industry skills



#### Find Internships, Jobs, and Career Events

Search for jobs, internships and events

[sjsu.edu/careercenter](https://sjsu.edu/careercenter)



## INFORMATION FOR ADMITTED SPARTANS

Are you, a friend, or a family member considering attending SJSU in the fall?

View a recording of our [Student Organizations & Weeks of Welcome Webinar](#). Student Involvement staff talk about what life is like as a Spartan. Learn about traditions, programs, and services offered to all Spartans and ask us questions about student life at San Jose State University.

Don't forget to watch our [Life as a Spartan](#) video to learn about the many ways to get involved on campus - two of our student leaders share their thoughts and perspectives in this 6-minute video!

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Student Involvement | 408.924.5950 | 1400 Student Union |  
@SJSUgetinvolved@sjsu.edu



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