



# GET INVOLVED @ SJSU

CAMPUS  
PROGRAMING

FRATERNITY &  
SORORITY LIFE

LEADERSHIP  
DEVELOPMENT

RECOGNIZED  
STUDENT ORGS

## STUDENT INVOLVEMENT OPERATIONS UPDATE

Hello Spartans,

We hope you are navigating as best as possible during this time. In this special edition of our newsletter, we wanted to share a few timely announcements and resources from Student Involvement and our campus partners!

With the [Santa Clara County Shelter-In-Place order](#) and [President Papazian's message on March 16](#), please note that Student Involvement (Student Union 1400) is currently physically closed. However, our staff are working remotely and operations are open! Our office hours during this time are Monday to Friday from 9:00 am - 5:00 pm and [our team](#) is available and accessible via Zoom calls and Google Hangouts.

We are currently working on some virtual and online engagements. For the quickest updates on upcoming programs and announcements, follow us on social media:

Instagram [@wowsjsu](#)

Facebook - Search "SJSU Student Involvement"

Twitter [@getinvolvedSJSU](#)

If you have specific questions and/or feedback for digital engagement for our four Student Involvement areas, please contact us below:

Campus Programming - [getinvolved@sjsu.edu](mailto:getinvolved@sjsu.edu)

Leadership Development Programs - [student-leadership@sjsu.edu](mailto:student-leadership@sjsu.edu)

Recognized Student Organizations - [studentorgs@sjsu.edu](mailto:studentorgs@sjsu.edu)

Fraternity & Sorority Life - [fraternities-sororities@sjsu.edu](mailto:fraternities-sororities@sjsu.edu)

We hope you will stay connected and engaged during this time, and we look forward to hearing from you!

Stay safe, Spartans!

Student Involvement

# CAMPUS RESOURCES

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## SJSU SAMMY APP



Looking for ways to stay connected with the campus community as SJSU transitions online for the spring semester? Check out the SJSU Sammy App! Explore student orgs and chat with Spartans on the Student Feed.

Download our app on the [Apple Store](#) or [Google Play](#).

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## MLK LIBRARY

The MLK Library will be open from 8:00am-6:00pm for students and faculty (floors 1 and 2 only). Tower ID will be required for access in the MLK Library. Other services, such as tutoring, will be offered virtually

Wondering how to use the library online? Check out the MLK Library [website!](#)

The library is offering free late-night online tutoring to SJSU students via Zoom. Join a Zoom online tutoring session Sunday-Wednesday from 8:00pm-12:00am at <https://sjsu.zoom.us/my/latenighttutoring>.

Read the full LibGuide for late-night tutoring [here](#).

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## WRITING CENTER EXPANDED ONLINE TUTORING

The Writing Center has extended online tutoring hours! Visit [sjsu.mywconline.com](https://sjsu.mywconline.com) to sign up for a 45-minute online tutoring session.

Monday-Wednesday - 10:00am-7:00pm  
Thursday - 10:00am-8:00pm  
Friday - 10:00am-3:00pm



## SPARTAN FOOD PANTRY

The Food Pantry has shifted to pre-packed food distribution. All SJSU Cares, Case Management, and Spartan Food Pantry operations are still available. Get the latest updates on daily hours on social media: @SJSUFoodPantry on Instagram, Facebook, and Twitter.

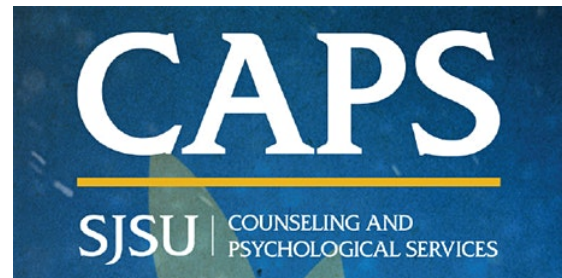


If you have the time and are able to do so safely, consider volunteering. Sign up at [sjsu.edu/spartanfoodpantry](https://sjsu.edu/spartanfoodpantry).

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## COUNSELING & PSYCHOLOGICAL SERVICES

Students who are seeking services can speak to a counselor 24-hours a day by calling our main line at (408) 924-5910, and selecting option 4. In addition, students can contact the Santa Clara County Suicide and Crisis Hotline at (855) 278-4204 or send a text to the Crisis Text Line at 741741. For life threatening emergencies, call 911; or if you live on campus, call campus police at (408) 924-2222.



CAPS has transitioned to remote online services, allowing continued service to SJSU students under current county recommendations.

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## ACCESSIBLE EDUCATION CENTER (AEC)

AEC staff are working remotely but campus locations are closed. Please email [aec.info@sjsu.edu](mailto:aec.info@sjsu.edu) with questions.

To register for COVID-19 accommodation:  
<https://www.sjsu.edu/aec/students/covid19/index.html>

Resources to help with the transition to online courses:  
<https://www.sjsu.edu/aec/announcements/aeccovid19information/index.html>

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## SPARTAN EATS

Dining Commons and the Village Market remain open.

For current dining hours, check the Spartan Eats website:  
<https://www.dineoncampus.com/sjsu/spring-2020-dining-hours>

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## ZOOM

Are your classes and meetings utilizing Zoom? Do you have questions about how to use the platform, or how to use it more effectively? The SJSU School of Information and ECampus have helpful tips, resources, and tutorials on their websites!

[Zoom Tutorials](#)

[Zoom Tips & Resources](#)



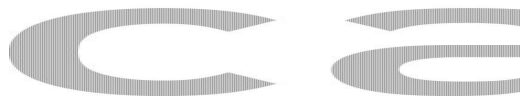
## CANVAS



Do you need support using Canvas for your online classes? Check out this [Canvas FAQ!](#)

Canvas Login URL:

<https://sjsu.instructure.com>



## STAYING ENGAGED & CONNECTED

The Office of Student Involvement is working on creating virtual programming options for Spartans. While we're working out the details, try some of these activity suggestions!

### 10 ACTIVITIES YOU CAN DO WHILE SHELTERING-IN-PLACE

1. Catch up on (or start listening to) a podcast.
2. Experience 10 art museums in 6 countries without leaving your couch! Take a virtual tour with [Google Arts & Culture](#) and visit London's National Gallery, Bangalore's Museum of Art & Photography, New York's Guggenheim Museum, or Seoul's National Museum of Modern and Contemporary Art.
3. Volunteer. There are plenty of ways to connect and give back while you're at home. Some ideas: [Be My Eyes](#)- Download the free app to assist blind and low-vision people; [7 Cups](#)- Sign up to become a listener to provide emotional support via online chat; [UN Volunteer Program](#)- Writing and editing, translating, etc. Check out this [list](#) for more options.
4. Start a journal or blog. Now's the perfect time to try [bullet journaling](#).
5. Work on a puzzle or a coloring page. Search [Pinterest](#) for printable designs.
6. Download an app such as [Duolingo](#) and start learning a new language.
7. Meditate. Start with the [Calm app](#) or [Headspace](#) for guidance.

8. Watch an opera. The Metropolitan Opera is streaming their Live in HD series. This week's performances include *La Boheme*, *Il Trovatore*, and *La Traviata*.
  9. Stay active with at-home yoga and fitness videos or apps. Some companies are offering free access instead of their normal paid subscriptions right now.
  10. Connect with nature while you're indoors. Check out live cams from the Monterey Bay Aquarium, [San Diego Zoo](#), [Georgia Aquarium](#), [Zoo Atlanta](#), or explore [Yellowstone](#) and [Yosemite](#) National Parks.
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## 6 WAYS TO STAY CONNECTED WHILE MAINTAINING SOCIAL DISTANCE

1. Create a [collaborative playlist](#) and have a virtual dance party.
  2. Movie night! Have a Netflix subscription? Install the Netflix Party Chrome browser extension to sync your movie watching with friends or family.
  3. Celebrate obscure national and international holidays. Did you know March 18 is Awkward Moments Day? Look up national days [here](#) and UN international days [here](#).
  4. Share an inspirational quote, poem, or [TED Talk](#) with friends and family.
  5. Write a book or short story together. Everyone picks a character and writes a chapter about that character.
  6. Play a game. Think Jackbox, Skribbl, Fortnite, etc.
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Student Involvement | 408.924.5950 | 1400 Student Union |  
[@SJSUgetinvolved@sjsu.edu](mailto:@SJSUgetinvolved@sjsu.edu)



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