



**SAN JOSE STATE UNIVERSITY  
VOLUNTEER INTERNSHIP  
OPPORTUNITIES  
SECOND HARVEST FOOD BANK**

**Santa Clara County**  
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## **ABOUT US**

Second Harvest Food Bank of Santa Clara and San Mateo Counties is the trusted leader dedicated to ending local hunger. Since its inception in 1974, Second Harvest has become one of the largest food banks in the nation, providing food to an average of nearly one quarter of a million people each month. The Food Bank mobilizes individuals, companies, and community partners to connect people to the nutritious food they need. Nearly half of the food distributed is fresh produce. Second Harvest also plays a leading role in promoting federal nutrition programs and educating families on how to make healthier food choices.

## **ABOUT OUR VOLUNTEER OPPORUNTIES**

Volunteers represent an integral part of the success of Second Harvest's ability to help provide food to people in need in our community. Last year, volunteers contributed approximately 297,755 hours of service, which is equivalent to 143 full-time employees!

You can assist in a range of capacities within our food bank departments such as:

- Assisting with Cal Fresh (food stamp) Outreach in the field, at distribution sites.
- Health Ambassador; sharing best practices on nutrition.
- Helping at a Senior or Family distribution site
- Agency check out and Inventory data entry
- Food Sort Team Leaders; working with low income clients
- Project related opportunities in
  - Finance
  - Programs and Services
  - Volunteer Services

For information on these and other volunteer opportunities please contact:

Kris Sulpizio, Director Volunteer Services

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[www.shfb.org](http://www.shfb.org)

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