

SAN JOSE STATE UNIVERSITY
AJ 122 - Narcotic and Drug Abuse
Sec. 1-0730-0845 hrs., M-W

Instructor: Sharon Grennan
Fall, 2000: MH 523

Office Hours: M-W, 0700-0730 hrs. MH 527
Probation Department: Work #615-4878
E-mail: smgrennan@aol.com

Course Description

This course will generally concern itself with examination of the drug problem, particularly as it relates to practitioners in criminal justice and health sciences. Class participants will be exposed to areas of drug classification, identification, pharmacology, and current trends. Current research in the field of chemical dependency will be presented.

This course will also deal to a large extent with the physical, psychological, social and legal ramifications of drug abuse and addiction; including areas of education, recovery, and treatment. Students will be introduced to such treatment modalities as: local community based drug treatment programs, narcotic replacement therapies, and recovery peer support groups. Other areas of concern will include the study of decriminalization, harm reduction, and legalization

Course Objectives

Students will acquire a basic knowledge of drugs and their classifications. Students will become familiar with current social problems precipitated by drug abuse and addiction, including areas of control and management. Students will also gain insight into the many reasons why people abuse drugs and how society responds to such abuse. Students will gain an understanding of contemporary drug laws designed not only to inhibit drug abuse, but to also treat individuals who are chemically dependent.

Student Evaluation

| <u>Student Evaluation</u> | <u>Points</u> | <u>Due Date</u> |
|----------------------------------|----------------------|------------------------|
| 1 st Midterm Exam | 100 | 10/04/00 |
| 2 nd Midterm Exam | 100 | 11/08/00 |
| 1 st Paper | 50 | 10/25/00 |
| 2 nd Paper | 50 | 11/29/00 |
| Extra Credit | 25 | 11/29/00 |
| Final Exam | 100 | 12/15/00 @ 0715 hrs. |

All tests will consist of multiple choice and true & false questions. Use Scantron #882.

Note: All written assignments and tests should be completed on time and no make-ups will be allowed unless the absence was necessitated by an emergency.

Required Reading

Inaba, Darryl, Pharm.D. and William E. Holstein, Ph.D. UPPERS, DOWNERS, ALL-AROUNDERS, 3rd Edition. Ashland, Oregon: CNS Publications, Inc., 1997.

Textbook Readings: 1st Midterm

- Chapter 1 Psychoactive Drugs: History and Classification
- Chapter 2 Heredity, Environment, Psychoactive Drugs
- Chapter 4 Downers: Sedative-Hypnotics only, **NOT** Opiates/Opioids)
- Chapter 5 Downers: Alcohol

Textbook Readings: 2nd Midterm

- Chapter 3 Uppers: Cocaine, Amphetamine, Methamphetamine, misc.
- Chapter 6 All Arounders-LSD, Designer Drugs, misc.
- Chapter 7 Inhalants, Steroids, Other Addictions

Textbook Readings: Final Exam

- Chapter 4 Downers-Opiates, Heroin
- Chapter 6 All Arounders-Marijuana
- Chapter 9 Treatment
- Chapter 10 Mental/Emotional Health and Drugs

Field Paper/Family History

Students will complete two (2) papers, choosing from four (4) options, and will be afforded an opportunity to attend either Treatment Court Graduation, a 12-Step Meeting, or interview a counselor at a local Residential Substance Abuse Program or Sober Living Environment. An additional option involves writing a family alcohol and/or drug history. A detailed explanation is attached. The field papers will expose students to outside programs that greatly assist chemically dependent individuals in remaining clean and sober and holding them accountable. The last option will allow students to explore their own family history.

Spelling or grammatical errors will result in point deductions.

Extra Credit

This research paper will consist of an 8-10 page paper using the American Psychological Association (APA) format. The instructor must approve the topic in advance. A maximum total of 25 points will be allowed, and spelling or grammatical errors will result in point deductions.

Note: Attendance will not be taken in this class; however, much of the exams will be based on lectures, videos, and guest speakers.

SAN JOSE STATE UNIVERSITY

AJ 122- Fall, 2000

Instructor: Sharon Grennan

Class Schedule

Note: Subject to change

August

28 Introduction/Class Syllabus/Handouts

30 Scope of Problem

Video: *Moyers on Addiction*

September

4 Holiday

6 Chapter 1: Historical Perspective/Psychoactive Drugs

11 Chapter 2: Brain Basics/Neuroanatomy

13 Chapter 2: Definitions

Video: *Roots of Addiction*

18 Chapter 1: Drug Classification

Video: *Upper, Downers, All Arounders*

20 Chapter 2: Addiction Theories

25 Chapter 4: Downers/Depressants/Sedative-Hypnotics

27 Chapter 5: Downers/Alcohol

Video: *Moyers on Addiction*

October

2 Chapter 5: Downers/Alcohol

Video: *48 Hrs.-Binge*

4 *1st Midterm*

9 Chapter 3: Uppers/Cocaine

Video: *HBO: High on Crack Street-Part I*

11 Chapter 3: Uppers/Crack Cocaine

Video: *HBO: High on Crack Street-Part II*

16 Chapter 3: Uppers/Tobacco/Amphetamine/Methamphetamine

Video: *Rush to Crash*

18 Chapter 3: Uppers/Methamphetamine

23 Video: *Meth Madness*

25 Guest Speaker: Recovering addict (panel)

1st Paper Due

30 Chapter 7-Inhalants/Steroids

November

- 6 Chapter 6-All-Arounders/LSD/Designer Drugs
Video: *Stop the Raves*
- 8 *2nd Midterm*
- 13 Chapter 6-All Arounders/Marijuana
Video: *Marijuana, The Mirror That Magnifies*
- 15 Medical Marijuana
Video: *Hemp, B.C.*
- 20 Chapter 4-Downers/Opiates/Heroin
Video: *From Pleasure to Pain*
- 22 *No Class-Field projects*
- 27 Chapter 4-Downers/Heroin
Video: *Turning Point: Hooked on Heroin*
- 29 Guest Speaker: Santa Clara Police Dept./Narcotics
2nd paper/extra credit due

December

- 4 Chapter 10-Dual Diagnosis/HIV-AIDS
 - 6 Treatment/War on Drugs
Video: Moyers: *Politics of Addiction*
 - 11 Last day of class/closure/final review
 - 15 *Final Exam: 0715-0930 hrs.*
-

SAN JOSE STATE UNIVERSITY
AJ 122 - Narcotic and Drug Abuse: Fall, 2000
Field Paper/Family History Handout

You may choose between **two (2)** of the following **four (4)** options. See Class Syllabus for due dates.

Option #1-Field Paper - Type a **three (3) page**, double-spaced paper on what you saw, heard and felt about the following experience.

Attend the **Treatment Court Graduation: Thursday, November 9, 2000 at 6:30 p.m.**

Location: County Building
Isaac Newton Auditorium
70 W. Hedding St. (at First St.)
San Jose, CA

Option #2-Field Paper - Type a **three (3) page**, double-spaced paper on what you saw, heard, and felt about the following experience:

Attend one (1) **12 step-meeting peer support group**: Location information will be provided. You may choose any meeting that is not marked as "closed". All meetings are anonymous and papers should be written from memory, not from notes taken.

Alcoholics Anonymous
Narcotics Anonymous
Marijuana Anonymous
Cocaine Anonymous
Al-Anon

**** Note: On-line meetings are NOT acceptable for this experience.**

Option #3-Program Interview - Type a **four (4) page**, double-spaced paper about the interview conducted and your personal reaction.

Call ahead for an appointment with the director or counselor at one of the following programs:

In-Patient Residential:

Treatment Options (co-ed)
2345 Mather Dr.
San Jose, CA 95116 (at Jackson Av.)
(408) 937-7083
Contact person: **Peggy Sims**

Sober Living Environment:

Rainbow Recovery
2162 Sufonet Dr.
San Jose, CA 95124 (85 @ Union)
(408) 371-2106
Contact person: **James Brunner**

Sample Questions: What is the program modality; i.e. social model, medical model, therapeutic community, Sober Living Environment? What is the program format; i.e. group, individual counseling? What length is the program? What is the population make-up; i.e. gender specific, co-ed? Does the program offer bilingual services? Do they use 12-step or other philosophy? How do they define and measure their success rate?

Option #4-Family Alcohol/Drug History - Type a **four (4) page**, double-spaced paper on your family history. This exercise is confidential and will be returned to you. The format may include, but not limited to, any of the following:

1. If you know your family history, are there any relatives, distant or otherwise, which were thought to have issues with alcohol and/or any other drugs? This includes nicotine, prescribed medication, and any over-the-counter medication. This might be a grandparent on either side of your family, or Uncle Joe or Aunt Mary. Were they identified as an alcoholic or addict, or just known to imbibe or use sporadically?
2. Within your immediate family, is there any history of the above? What messages were you given growing up regarding any use of alcohol and/or any other drugs? Was this forbidden, considered something that would bring shame to the family, or was use normal behavior?
3. What are your own personal experiences and attitudes regarding use or abuse of alcohol and/or other drugs?

*****Spelling and grammatical errors will result in a point deduction.***
