

SAN JOSE STATE UNIVERSITY
AJ 122 - Narcotic and Drug Abuse
Sec. 1: Tue/Thr, 0730-0845 hrs., Rm 324

Instructor: Sharon Grennan
Fall Semester, 2003

Office Hours: 0645-0730 Tu/Th., MH 527
Probation Department: Work #435-2006

E-mail: Wk: sharon_grennan@apd.co.scl.ca.us
Hm: s_grennan@earthlink.net

Course Description

This course will generally concern itself with examination of the drug problem, particularly as it relates to practitioners in criminal justice and health sciences. Class participants will be exposed to areas of drug classification, identification, pharmacology, and current trends. Current research in the field of chemical dependency will be presented.

This course will also deal to a large extent with the physical, psychological, social and legal ramifications of drug abuse and addiction; including areas of enforcement, education, recovery, and treatment. Students will be introduced to such treatment modalities as: local community based drug treatment programs, narcotic replacement therapies, and recovery peer support groups. Other areas of concern will include the study of decriminalization, harm reduction, and legalization.

Course Objectives

Students will acquire a basic knowledge of drugs and their classifications. Students will become familiar with current social problems precipitated by drug abuse and addiction, including areas of intervention and treatment. Students will also gain insight into the reasons why people abuse drugs and how society and the criminal justice system respond to such abuse. Students will gain an understanding of contemporary drug laws, such as Proposition 36, designed not only to reduce drug abuse, but to also treat individuals who are chemically dependent.

<u>Student Evaluation</u>	<u>Points</u>	<u>Due Date</u>
1 st Midterm Exam	100	09/23/03
2 nd Midterm Exam	100	10/21/03
1 st Paper	50	10/09/03
2 nd Paper	50	11/11/03
Extra Credit	20	12/02/03
Final Exam	100	12/17/03 0715 hrs.

All tests will consist of multiple choice and true & false questions. Use Scantron #882.

Note: All written assignments and tests should be completed on time. No make-ups will be allowed unless the absence was necessitated by an emergency or prior arrangement.

Required Reading

Inaba, Darryl, Pharm.D. and William E. Holstein, Ph.D. UPPERS, DOWNERS, ALL-AROUNDERS, 4th Edition. Ashland, Oregon: CNS Publications, Inc., 2000.

Textbook Readings: 1st Midterm

- Chapter 1 Psychoactive Drugs: History and Classification
- Chapter 2 Heredity, Environment, Psychoactive Drugs
- Chapter 4 Downers: Sedative-Hypnotics only, **NOT** Opiates/Opioids)
- Chapter 5 Downers: Alcohol

Textbook Readings: 2nd Midterm

- Chapter 3 Uppers: Cocaine/Amphetamine/Methamphetamine
- Chapter 6 All Arounders: LSD/Club Drugs, etc.
- Chapter 7 Inhalants/Steroids/Other Addictions

Textbook Readings: Final Exam

- Chapter 4 Downers: Opiates/Heroin
- Chapter 6 All Arounders: Marijuana
- Chapter 9 Treatment
- Chapter 10 Mental/Emotional Health and Drugs

Field Paper/Family History

Students will complete two (2) papers, choosing from four (4) options. Students will be afforded an opportunity to attend either a 12-Step Meeting or interview a drug counselor at a local Residential Substance Abuse Program or Sober Living Environment. A critique of the movie "Traffic" is also an option. Lastly, students may write a family alcohol and/or drug history. A detailed explanation is attached. The field papers will expose students to outside programs that greatly assist substance-abusing individuals in remaining clean and sober. The last two options will allow students to either reflect on Hollywood's view of the War on Drugs, or explore their own family history.

Spelling or grammatical errors will result in point deductions.

Extra Credit

This research paper will consist of an 8-10 page paper using the American Psychological Association (APA) format. The instructor must approve the topic in advance. A maximum total of 20 points will be allowed, and spelling or grammatical errors will result in point deductions.

Note: Attendance will not be taken in this class; however, much of the exams will be based on lectures, videos, and guest speakers.



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Class schedule- AJ 122- Fall, 2003

Instructor: Sharon Grennan

Note: Subject to change

August

26 Introduction/Class syllabus/Handouts/This & that

28 Scope of the problem/Historical perspectives

September

2 Drug classifications/Definitions

4 Brain basics

9 Addiction Theories

11 Downers-GHB

16 Alcohol

18 Alcohol/*Midterm study guide*

23 ***1st MIDTERM***

25 *Midterm review/Cocaine*

30 Crack Cocaine

October

2 Uppers/Amphetamine/Methamphetamine

7 Methamphetamine

9 Inhalants/Steroids

*****1st Paper due***

14 All-Arounders/PCP

16 Club drugs/Ecstasy/*Midterm study guide*

21 ***2nd MIDTERM***

23 Marijuana

28 Guest Speaker

30 Guest Speaker

November

4 **Class Projects**-*outside assignments*

6 **Class Project**-*outside assignments*

11 Medical Marijuana
****2ND Paper due**

13 Downers/Opiates

18 Downers/Heroin

20 Dual Diagnosis/HIV-AIDS

25 Treatment

December

2 **Guest Speaker**
****Extra credit paper due**

4 War on Drugs

9 Last day of class/*Final study guide*

17 **FINAL EXAM** - 0715-0930 hrs.

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Field Paper/Family History Handout

You may choose between **two (2)** of the following **four (4)** options. See Class Syllabus for due dates. *****Note: One choice MUST be either Option #2 or Option #3*****

Option #1-Movie review reflection paper - Type a **four (4)** page, double-spaced paper critiquing the movie *TRAFFIC*, as it relates to the War on Drugs? You may use the following questions as a guideline, if you wish.

Sample Questions: What are the issues in the War on Drugs? Are we winning the War on Drugs? Using the same tactics, is this a “war” we can win? Is this a war against our own families? Is treatment a viable option as opposed to sentencing addicts to jail or prison? If not, what other options should be offered? Is legalization a realistic option?

Option #2-Field research reflection paper - Type a **three (3)** page, double-spaced paper on what you saw, heard, and felt about the following experience: Meeting information will be provided.

Attend one (1) **12 step-meeting peer support group**: Location information will be provided. You may choose any meeting that is not marked as “closed”. All meetings are anonymous and papers should be written from memory, *not from notes* taken at the meeting.

Alcoholics Anonymous
Narcotics Anonymous
Marijuana Anonymous
Cocaine Anonymous
Al-Anon

**** Note: On-line meetings are NOT acceptable for this experience.**

Option #3-Program Interview - Type a **four (4)** page, double-spaced paper about the interview conducted and your personal reaction.

Call ahead for an appointment with the director or counselor at one of the following programs:

In-Patient Residential:

Treatment Options (co-ed)
2345 Mather Dr.
San Jose, CA 95116 (at Jackson Av.)
(408) 937-7083
Contact person: **Peggy Sims**

Out-Patient:

Blossom's (pregnant & young mothers)
3030 Alum Rock Ave.
San Jose, CA 95127
(408) 254-3396
Contact person: **Ingrid Hemmingway**

Sample Questions: What is the program modality; i.e. social model, medical model, therapeutic community, Sober Living Environment? What is the program format; i.e. group, individual counseling? What training or education is required by the staff? What length is the program? What is the population make-up; i.e. gender specific, co-ed? Does the program offer bilingual services? Do they use 12-step or other philosophy? How do they define and measure their success rate? Does treatment work?

Option #4-Reflection Family Alcohol/Drug History - Type a **four (4) page**, double-spaced paper on your family history. This exercise is confidential and will be returned to you. The format may include, but not limited to, any of the following:

1. If you know your family history, are there any relatives, distant or otherwise, which were thought to have issues with alcohol and/or any other drugs? This includes nicotine, prescribed medication, and any over-the-counter medication. This might be a grandparent on either side of your family, or Uncle Joe or Aunt Mary. Were they identified as an alcoholic or addict, or just known to imbibe or use sporadically?
2. Within your immediate family, is there any history of the above? What messages were you given growing up regarding any use of alcohol and/or any other drugs? Was this forbidden, considered something that would bring shame to the family, or was use normal behavior?
3. What are your own personal experiences and attitudes regarding use or abuse of alcohol and/or other drugs?

*****Spelling and grammatical errors will result in a point deduction.***



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Narcotics and Drug Abuse

Handout: 12-Step Meeting Location Information

AA-Alcoholics Anonymous

Phone #: 408-374-8511

Web site: www.aasanjose.org

AL-Anon-Family & Friends of Alcoholic

Phone #: 408-379-1051

Web site: www.ncwsa.org

CA-Cocaine Anonymous

Phone #: 408-496-9107

Web site: www.ca.org

MA-Marijuana Anonymous

Phone #: 408-450-0796

Web site: www.marijuana-anonymous.org

NA-Narcotics Anonymous

Phone #: 408-998-4200

Web site: www.sjna.org

***** On-line meetings are not acceptable for this assignment***