

**San José State University  
Department of Kinesiology  
KIN 14C Advanced Volleyball, Fall 2015**

**Instructor:** Chris May

**Office Location:** SPX 173E

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**Office Hours:** Tuesday & Thursday 8:30am-9:25am

**Class Days/Time:** Section 1 Friday 12:30pm -2:20pm

**Classroom:** SPX 107A

**Course Description**

This course is designed to teach advanced skills, principles and techniques necessary and fundamental to understanding and playing volleyball.

Prerequisite: Intermediate level or its equivalent.

**Course Goals and Student Learning Objectives**

The course goals and learning objectives include an introduction to team volleyball play. The student will introduced to the rules and throughout the semester will practice forearm passing, overhead passing and setting, and both underhand and overhand service . Also, the student will be introduced to the rules, and the concept of team play.

**Course Content Learning Outcomes**

Upon successful completion of the course, the student will be able to:

- A. perfect basic skills including, passing, and serving.
- B. review and refine spiking and blocking.
- C. understand advanced team concepts and court movement.
- D. incorporate the positive effects of sport through movement, and

enjoy the rich socio-cultural diversity at San Jose State University.

## Readings

Reading material will be distributed in class.

## Classroom Protocol

Student will come prepared to participate in physical activity which includes proper exercise attire including court shoes. No food or drink with the exception of water in a plastic water bottle is allowed in SPX107A. Further, students must be engaged in the movement patterns associated with volleyball.

## Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at [http://www.sjsu.edu/academic\\_programs/calendars/academic\\_calendar/](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/). The [Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes.

Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>.

## Assignments and Grading Policy

A letter grade will be determined by the following criteria and grading scale;

Quizzes (3 @ 10%)	30%	A+ = 97-100	C+= 77-79
Skill Development	30%	A = 93-96	C = 73-76
Final Exam	10%	A- = 90-92	C- = 70-72
Final Exam	100%	B+ = 87-89	D+= 67-69
		B = 83-86	D = 63-66
		B- = 80-82	D- = 60-62
			F = 59 & below

## University Policies

### Dropping and Adding

**Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's Catalog in the [policies section](http://info.sjsu.edu/static/catalog/policies.html) at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the current [academic year calendars](http://www.sjsu.edu/provost/services/academic_calendars/) document at [http://www.sjsu.edu/provost/services/academic\\_calendars/](http://www.sjsu.edu/provost/services/academic_calendars/). The [late drop policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is**

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#### **Academic integrity**

Your commitment as a student to learning is evidenced by your enrollment at San Jose State University. The University's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm>, requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development](http://www.sjsu.edu/studentconduct/) website at <http://www.sjsu.edu/studentconduct/>.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include your assignment or any material you have submitted, or plan to submit for another class, please note that SJSU's [Academic Integrity policy](http://www.sjsu.edu/senate/S07-2.htm) at <http://www.sjsu.edu/senate/S07-2.htm> requires approval of instructors.

**Note:** Outings/assignments completed for another class cannot be counted for this course.

#### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) at [http://www.sjsu.edu/president/docs/directives/PD\\_1997-03.pdf](http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](http://www.sjsu.edu/aec/) (AEC) at <http://www.sjsu.edu/aec/> to establish a record of their disability.

#### **Accommodation to Students' Religious Holidays**

San José State University shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class. It is the responsibility of the student to inform the instructor, in writing, about such holidays before the add deadline at the start of each semester. If such holidays occur before the add deadline, the student must notify the instructor, in writing, at least three days before the date that he/she will be absent. It is the responsibility of the instructor to make every reasonable effort to honor the student request without penalty, and of the student to make up

the work missed. See University Policy S14-7 at <http://www.sjsu.edu/senate/docs/S14-7.pdf>.

## **KIN 14C Advanced Volleyball Fall 2015 (TENTATIVE SCHEDULE)**

<b>Week 1</b>	<b>Introduction to class policies and procedures, and forearm passing.</b>
<b>Week 2</b>	<b>Forearm passing and underhand service.</b>
<b>Week 3</b>	<b>Volleyball rules</b>
<b>Week 4</b>	<b>Quiz 1</b>
<b>Week 5</b>	<b>Overhead passing/ setting</b>
<b>Week 6</b>	<b>Overhand service</b>
<b>Week 7</b>	<b>Team rotation</b>
<b>Week 8</b>	<b>Quiz 2</b>
<b>Week 9</b>	<b>Court positioning</b>
<b>Week 10</b>	<b>Team Strategies</b>
<b>Week 11-14</b>	<b>Match play</b>
<b>Week 15</b>	<b>Skills Assessment</b>
	<b>FINAL EXAM 12/4/15 during regularly scheduled class time.</b>