

San José State University
CASA/Department of Kinesiology
KIN 160: History of Sport and Physical Education, Fall 2015

Instructor: Dr. Vernon Andrews
Office Location: SPX 173D
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Office Hours: WED 3:00-5:00 pm
Class Days/Time: T/TH 1:30-2:45 pm
Classroom: SPX 151

Texts & Course Materials:

- A History and Philosophy of Sport and Physical Education: From Ancient Civilizations to the Modern World, Robert A. Mechikoff. McGraw-Hill. **2010 edition** (5th edition).
- Course materials such as the syllabus, writing assignment, handouts, etc. are on Canvas.

Course Description

This course will offer an historical re-conceptualization and analysis of physical education and sport from early cultures and societies through Greek and Roman periods to the 21st centuries. We will also look at the development of sport, physical education and recreation in North America, with a particular examination of factors affecting their growth, development and evolution in our contemporary landscape.

Course Goals and Student Learning Objectives

After this course, you will be able to:

- explain the significance of events in the history of human performance and identify their influences in our current era.
- display understanding of and insight into the customs and mores of various countries, including the effect they have had on the development, creation and cultural sustainability of sport and physical activity.
- describe the contributions of leaders in kinesiology and sport around the world.
- explain in detail how sport and physical cultures developed in North America.
- provide evidence of understanding the history, philosophy, ethical and socio-political significance of the Olympic Games (ancient and modern) and other sport and physical activity organizations or practices through the use of multimedia technologies.

Classroom Protocol

- You should plan to attend all classes. Yes, you...student with 3 jobs.
- You are responsible for knowing all material covered in class and in reading assignments, including all handouts. Yes, that means you.
- If you are absent, it is your responsibility to arrange to get class notes from another class member. Get four student phone numbers right now.
- The instructor will not spend time going over notes with an individual student until she/he has obtained and read such notes. Does this make sense?

Course Content

- Past students indicate that you will get most out of this class if you get involved in class discussions. Don't worry about that. I'll call on you. You will be expected to have read the relevant chapters.

Dropping and Adding

- Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Refer to the current semester's [Catalog Policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html>. Add/drop deadlines can be found on the [current academic calendar](http://www.sjsu.edu/academic_programs/calendars/academic_calendar/) web page located at http://www.sjsu.edu/academic_programs/calendars/academic_calendar/.
- [The Late Drop Policy](http://www.sjsu.edu/aars/policies/latedrops/policy/) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy/>. Students should be aware of the current deadlines and penalties for dropping classes. Information about the latest changes and news is available at the [Advising Hub](http://www.sjsu.edu/advising/) at <http://www.sjsu.edu/advising/>. Drop the class if needed – or get an “F.”

Assignments and Grading Policy: LETTER GRADE SCALE & PERCENTAGE RANGE

A+	> 97
A	93-96
A-	90-92
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	< 59

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|---------------|-----------------------------------|-----|
| • Groups | (20 pts max) | 20% |
| • Test #1 | (20 pts, Feb 26) | 20% |
| • Test #2 | (20 points, March 19) | 20% |
| • Final essay | (20 points, Nov 19) | 20% |
| • Final exam | (20 points, Thurs, Dec 10, 12:15) | 20% |

- Past experience indicates that **class attendance is the single most crucial factor in earning a good grade**. Attend all classes. When not in class, ask yourself “Why?”
- Other important criteria include taking part in discussions, asking questions, reading the assigned chapters, doing assignments on time, and not texting in class. **Ever**.

Important Websites

- Where to find interesting facts on benefits on physical activities:
http://www.sjsu.edu/kinesiology/programs/activity_program/index.htm
University Policies
- **Academic integrity:** Academic dishonesty occurs when a student attempts to show possession of knowledge or skill which she/he does not possess. The two most common forms are "cheating" and "plagiarism." Cheating includes copying part or all of someone else's test, using unauthorized materials during a test. A very bad idea.

- In this class, submitting work presented in another class is not permitted. Plagiarism includes using the words, ideas, etc. of another without giving proper credit, representing these as your own, and using papers obtained from a term paper service. The consequences of academic dishonesty range from having your grade lowered, to receiving an "F" for the course, being placed on disciplinary probation, or being expelled from the university. And that's for real.
- Plagiarism is a particularly serious problem in history classes because the data are most often written records--all those used must be credited with a citation. If in doubt about this policy, please either talk to me, or the University Judicial Coordinator, at 924-5900. Incidents of academic dishonesty are taken very seriously. Your family will be upset.
- Students should know that the University's [Academic Integrity Policy](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html) is available at http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. How about that. We need to tell you to be honest.
- Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The [Student Conduct and Ethical Development website](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at http://www.sa.sjsu.edu/judicial_affairs/index.html. Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. Just say "no."
- For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors. We run your essays through turnitin.com.

Campus Policy in Compliance with the American Disabilities Act

- If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the [Disability Resource Center](http://www.drc.sjsu.edu/) (DRC) at <http://www.drc.sjsu.edu/> to establish a record of their disability. If you need help, just ask. Please. Student Resources/Writing Center/Peer Mentor Center
- Computer labs for student use are available in the Academic Success Center located on the 1st floor of Clark Hall and on the 2nd floor of the Student Union. Additional computer labs may be available in your department/college. Computers are available in the MLK Library. Not everybody can afford a computer. Go!
- The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials,

subject advising, learning assistance, summer academic preparation and basic skills development. The [LARC website](http://www.sjsu.edu/larc/) is located at <http://www.sjsu.edu/larc/>. Skill up!

- The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The [Writing Center website](http://www.sjsu.edu/writingcenter/about/staff/) is located at <http://www.sjsu.edu/writingcenter/about/staff/>. We ALL need writing help.
- The Peer Mentor Center is located on the 1st floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. Who doesn't need a coach?

WK	DATE	TOPIC (KIN 160, Spring 2015)
0	Aug 20	Introduction to Course: Responsibilities & course objectives
1	Aug 25	Chapter 1: History & Philosophy in Sport & Physical Education: Ancient Civilizations (Mechikoff)
	Aug 27	Tutorial in Public Speaking Group assignments and discussion of presentations and tests
2	Sept 1	Chapter 2: Sumer, Egypt
	Sept 3	Chapter 2A: China and MesoAmerica
3	Sept 8	Chapter 3 Ancient Civilizations: Greece, “The Olympic Games” <i>1</i>
	Sept 10	Chapter 3A, part II: “Sparta” 2 Film on Ancient Sparta
4	Sept 15	Chapter 4 Ancient Civilizations: Rome: Gladiators 3
	Sept 17	Chapter 4A, Part II: Rome (Flavian Amphitheater) 4
5	Sept 22	Film: Colosseum: A Gladiator’s Story
	Sept 24	Test #1 (Chapters 1, 2, 3, 4) 20 points
6	Sept 29	Chapter 5: Philosophy, Sport, and Physical Education During the Middle Ages: 900-1400 5
	Oct 1	Chapter 6: Renaissance and Reformation 6
7	Oct 6	Chapter 7: The Age of Science and the Enlightenment 7
	Oct 8	Chapter 8: The Development of Physical Education 8 Essay Topics discussed/decided
8	Oct 13	Chapter 9: The Impact of Science and the Concept of Health on the Development of Physical Education, 1885-1930 9
	Oct 15	Test #2 (on Chapters 5, 6, 7, 8 and 9) 20 points

9	Oct 20 Oct 22	Chapter 10: The Transformation of Physical Ed: 1900-1939 10 Chapter 11: Sport in the Colonial Period
10	Oct 27 Oct 29	Dr. Shirley Reekie, presentation/group discussion on her book: <i>Bean Pods and Bod Mods</i> Chapter 12: Changing Concepts of the Body... Sport and Play in 19 th Century America (part I)
11	Nov 3 Nov 5	Chapter 12: Changing Concepts of the Body... Sport and Play in 19 th Century America (part II) <i>No class</i>
12	Nov 10 Nov 12	Chapter 13: The 20 th Century: Women's issues in Modern Sport Film: <i>A league of their Own</i> (Women and Baseball, WW II)
13	Nov 17 Nov 19	Chapter 14: Pioneers and Progress (Olympics) Turn in final essays (Canvas) (20 points) Film: Muhammad Ali (Post Olympics protest)
14	Nov 24	Happy Thanksgiving!
15	Dec 1 Dec 3	Chapter 15: The Cold War Olympics Black Protest at the Olympics (Smith & Carlos, 1968)
16	Dec 8	Chapter 16: After the Cold War (1992-2008) Last day of class KIN 160 Final Exam, Thurs, Dec 10, 12:15, 20 points Chapters 10, 11, 12, 13, 14, 15, 16