

San José State University
Kinesiology 165 (Section 2) - Motor Development
 College of Health and Human Sciences
 Department of Kinesiology

Instructor:	Dr. Seung Ho Chang
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Office Hours:	Monday 10:00am to 12:00pm Via Zoom (by appointment)
Class Days/Time:	MW 12:00pm -1:15pm
Classroom:	Online

Course Description

Motor development of the individual from birth to maturity. Emphasis upon motor behavior, needs, capacities and interests. Prerequisite: KIN 070 / 3 units.

Learning Outcomes

Kinesiology Undergraduate Major Program Learning Outcomes (PLOs)

At the end of a Bachelor of Science degree program in the Department of Kinesiology, students will be able to:

- ✓ explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address issues or problems in the sub-disciplines in kinesiology (PLO #1)
- ✓ effectively communicate in writing (clear, concise and coherent) on topics in kinesiology (PLO #2)
- ✓ effectively communicate through an oral presentation (clear, concise and coherent) on topics in kinesiology (PLO #3)
- ✓ utilize their experiences across a variety of health-related and skill-based activities to inform their scholarship and practice in the sub-disciplines in kinesiology (PLO #4)
- ✓ identify and analyze social justice and equity issues related to kinesiology for diverse populations (PLO #5)

Course-Specific Learning Outcomes

Goals of this course are:

- 1) To provide the student with knowledge of the:
 - a. Goals and objectives of the discipline of motor development (PLO #1).
 - b. Common terms in motor development (PLO #1).
 - c. Lifespan motor development "stages" and their characteristics (PLO #1 and #2).
 - d. Scientific literature in the field of motor development (PLO #1, #2, and #3).
 - e. Related cognitive, social, and moral development theory and implications for motor

- development (PLO #1, #2, #3, and #5).
- f. ability to develop motor and physical activity programs (PLO #4).
- 2) To provide the student with the ability to:
- Practically apply the knowledge gained concerning motor development (PLO #1 and #4).
 - Critically analyze research and theory prominent in motor development (PLO #1, #3, and #5).

Required and Recommended Texts:

- ✓ Payne, V.G., & Isaacs, L.D. (2020). *Human motor development: A lifespan approach* (10th ed.), Routledge: London (Required).
- ✓ Gallahue, D.L., Ozmun, J.C. & Goodway, J. D. (2012). *Understanding Motor Development: Infants, Children, Adolescents, Adults*. (7th ed.), McGraw-Hill: NY. (UMD) (Recommended).

Course Requirements and Assignments

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in [University Policy S12-3](http://www.sjsu.edu/senate/docs/S12-3.pdf) at <http://www.sjsu.edu/senate/docs/S12-3.pdf>. All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades.

Class Protocol

All students should demonstrate respect for themselves, each other, and the instructor at all times. In addition, students are expected participate fully in all activities throughout the class period.

- Communication:** it is a very important aspect of this class (online format). You need to contact an instructor immediately when you have any **questions, issues, concerns, or problems**. Effective communication with the instructor will result in avoiding potential issues associated with your grade.
- Intellectual property:** Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and **cannot be shared or uploaded** in any form publicly without the instructor's approval.
- Report any accidents to the instructor immediately. If a serious illness or accident occurs that requires an extended absence, the student should obtain a medical statement and/or withdraw from the class.
- Exams and quizzes** will be administered **only on the specified dates and times** (these will NOT be re-opened). No make-up exam and quiz are administered. However, the instructor reserves the right to give make-up exam or quiz because of unforeseen valid emergencies which can be officially documented in writing and notified to the instructor via email within 24 hours. Make-up work is only allowed upon presentation of valid medical or legal evidence. If make-up exam or quiz is approved and given by the instructor based on other circumstances other than

valid medical or legal evidence) a student's grade will be reduced by **40 % of the grade you have finally got and extra questions on the exam or quiz cannot be graded.**

- 5) **All assignments, class activities, discussions, and lab reports** will be turned in electronically via the course Canvas site unless otherwise stated. It is most beneficial to you to follow all directions carefully to maximize your opportunity to receive the highest grade possible. It is each student's responsibility to know when each assignment is due, due dates are listed on the schedule and on Canvas. **NO late assignments, class activity, discussion or lab report will be accepted** unless prior arrangements have been made with the professor.
- 6) All written work is intended to be the creation of the individual turning in the assignment, class activity, discussion and lab report; no student may use another student's work and claim it as his/her own. Correctly use referenced materials. Do not plagiarize. It is the role and obligation of each student to be aware of the University's Academic Integrity Policy (S04-12).
- 7) When communicating with the instructor via email, **you must follow the etiquette below**; otherwise the instructor reserves the right of not replying to your email.
 - a. Be sure to include a meaningful subject line; this helps clarify what your message is about and may also help the instructor prioritize reading your email.
 - b. Just like a written letter, be sure to open your email with a greeting such as Hello Dr. Chang.
 - c. Introduce yourself (your name and what class you are taking).

Course Assignments:

1. Assignments (2) = **10pts** (PLO #1 and #2)
 - ✓ #1: Getting to know you (1 page)
To know about you. Questions and information will be posted on Canvas (3 pts)
 - ✓ #2: Youth Sports
We will discuss about the topic youth sports. Especially you will learn about coaching youth sports and behaviors from parents. The purpose of this assignment is to think and describe most effective strategies to prevent negative coach and parent behaviors in youth sports. More information will be posted on Canvas (7 pts).
2. Class activities, discussions & Lab sessions = **40pts** (PLO #3 and #4)
 - ✓ Discussions or class activities related to the class topic will be provided.
 - ✓ Two lab sessions will be conducted via Zoom to
 - 1) help students develop knowledge about critical elements of fundamental motor skills and the ability to find errors of FMS performance.
 - 2) provide hands-on experience regarding assessment of FMS
Specific information for lab sessions will be announced
3. Quizzes (10) = **100 pts** (PLO #1, #2, and #5)
 - ✓ All questions consist of T/F questions. It will be provided on Canvas quiz (Time limit: 12 minutes)
4. Exams (#1= 40pts / #2= 30pts / #3= 80pts) = **150pts** (PLO #1, #2, and #5)
 - ✓ Multiple choice questions and T/F questions. Study guide for each exam will be posted on Canvas. **The final exam (exam#3) is cumulative**

TOTAL: 300 points

Grading

Final course grade will be assigned according to the following scale based on the total accumulated percentage of available points during the semester.

A+ 98-100%	A 93-97%	A- 90-92%
B+ 88-89%	B 83-87%	B- 80-82%
C+ 78-79%	C 73-77%	C- 70-72%
D+ 68-69%	D 63-67%	D- 60-62%
F < 60%		

*** No policy for rounding grades to the nearest integer.**

University Policies

Please note that detailed information about the following information can be found at www.sjsu.edu/gup/syllabusinfo/ Please familiarize yourself with this information.

- General Expectations, Rights and Responsibilities of the SJSU Student
- Dropping and Adding
- Consent for Recording of Class and Public Sharing of Instructor Material
- Academic integrity
- Campus Policy in Compliance with the American Disabilities Act
- Student Technology Resources
- SJSU Peer Connections
- SJSU Writing Center
- SJSU Counseling and Psychological Service

Spring 2021 - Course Schedule (KIN 165-2 Motor Development)

Date	Topic	Course Resources	Assignments & Deadlines
1/27 (W)	Course introduction / Review syllabus	- Zoom meeting (12:00pm)	<u>Due: 12:00pm on 1/27 (W)</u> - 1 st Assignment
Phase 1 : Overview of development (Module 1)			
2/1 (M)	Introduction to MD: Terms, Trends, & Stages	- Zoom lecture (12:00pm on 2/1, M)	<u>Due: 11:59pm on 2/8 (M)</u>
2/3 (W)	Introduction to MD: Trends, & Stages	- Reading 1 & 2 & PPT (Ch. 1)	- Discussion #1
2/8 (M)	Introduction to MD: Models	- Video resources (Models of MD)	- Class activity #1
2/10 (W)	Cognitive & MD: Stages of Jean Piaget's theory	- Reading 1 and 2 & PPT (Ch. 2)	- Quiz #1 (Intro to MD) –Available from 12:00pm to 1:15pm on 2/10 (W)
2/15 (M)	Cognitive & MD: Stages of Jean Piaget's theory & Adulthood: General Theories	- Video resources (Piaget's Theory of Cognitive Development)	<u>Due: 11:59pm on 2/15 (M)</u> - Discussion #2 - Class activity #2
2/17 (W)	Social & MD: Social Influences on MD (Infancy to adolescence)	- Readings & PPT (Ch. 3)	- Quiz #2 (Cognitive & Motor Development) – Available from 12:00pm to 1:15pm on 2/17 (W)
2/22 (M)	Social & MD: Social Influences on MD (Adulthood)	- Lecture videos - Video resources (stereotypes, gender role & ageism)	<u>Due: 11:59pm on 2/22 (M)</u> - Discussion #3 - Class activity #3
2/24 (W)	Exam #1 prep	- Zoom meeting (12:00pm)	- Quiz #3 (Social & Motor Development) –Available from 12:00pm to 1:15pm on 2/24 (W)
3/1 (M)	Exam #1	Ch.1 – Ch. 3	- 1st Exam: Available from 12:00pm to 1:15pm
Phase 2 : Movement across the lifespan - Part 1 (Module 2)			
3/3 (W)	Infant Reflexes & Stereotypies	- Video resources	<u>Due: 11:59pm on 3/8 (M)</u>
3/8 (M)		- PPT (Ch. 9)	- Class activity #4
3/10 (W)	Voluntary Movement of Infancy	- Video resources	- Quiz #4 (Infant Reflexes & Stereotypies) – Available from 12:00pm to 1:15pm on 3/10 (W)
3/15 (M)		- Reading 1 & 2 & PPT (Ch. 10)	
3/17 (W)	Overview of Fundamental Motor Skills (FMS)	- Reading 1 & 2 - PPT (Ch. 12 & 13) - Zoom lecture (12:00pm)	- Quiz #5 (Voluntary Movement of Infancy) - Available from 9:00am to 3:00pm on 3/17 (W)
3/22 (M)	Teaching Fundamental Motor Skill (FMS) Critical elements of FMS	- Reading	- Quiz #6 (FMS and Critical elements) - Available from 12:00pm to 1:15pm on 3/24 (W)
3/24 (W)		- PPT (critical elements)	<u>Due: 11:59pm on 3/24 (W)</u> - Class activity #5
3/29 (M)	Spring Recess	No Class	
3/31 (W)			
4/5 (M)	FMS (Lab #1) and Exam #2 (review)	- Lab via Zoom (12:00pm)	<u>Due: 11:59pm on 4/5 (M)</u> - Lab report #1

4/7 (W)	Exam #2	Ch.9-Ch.10 & Ch.12-Ch.13	- 2nd Exam: 12:00pm to 1:15pm
Phase 3 : Movement across the lifespan - Part 2 (Module 3)			
4/12 (M)	Specialized Movement Skills	- Reading 1 & 2	<u>Due: 11:59pm on 4/14 (W)</u>
4/14 (W)		- PPT (Specialized movement skills)	- Class activity #6
4/19 (M)	Assessment of Motor Skills	- Zoom lecture (12:00pm on 4/21, W)	- Quiz #7 (Specialized Movement Skills) - Available from 12:00pm to 1:15pm on 4/19 (M)
4/21 (W)		- Reading 1 & 2 & PPT (Ch. 16) - Reading (TGMD-3)	
4/26 (M)	Assessment of Motor Skills (Lab #2)	- Lab via Zoom (12:00pm)	- Quiz #8 (Assessment) - Available from 9:00am to 3:00pm on 4/26 (M)
4/28 (W)	Physical Changes	- Reading 1 & 2	<u>Due: 11:59pm on 4/28 (W)</u>
5/3 (M)		- PPT (Ch. 7)	- Lab report #2
5/5 (W)	Youth Sports	- Zoom lecture (12:00pm on 5/10, M)	- Quiz #9 (Physical Changes) - Available from 12:00pm to 1:15pm on 5/5 (W)
5/10 (M)		- Reading 1 & 2 - PPT (Ch. 14) - Video resources	
5/12 (W)	Movement in Adulthood	- Reading 1 & 2	- Quiz #10 (Youth Sports) - Available from 12:00pm to 1:15pm on 5/12 (W)
		- PPT (Ch. 15)	<u>Due: 11:59pm on 5/14 (F)</u> - 2nd Assignment
5/17 (M)	Final Exam Review	- Zoom meeting (12:00pm)	
5/20 (R)	Final Exam (a cumulative exam)	All chapters	Available from 9:30am to 12:00pm

- ✓ Subject to change with fair notice.
- ✓ Changes will be announced in class and/or posted on Canvas.