

San José State University
Department of Kinesiology
Kinesiology 165 - Motor Development
Section 2, Spring 2017

Instructor:	Dr. Greg Payne
Office Location:	SPX 166
Telephone:	(408) 924-2904
Email:	greg.payne@sjsu.edu
Office Hours:	Tuesday and Thursday, 10:30 – 11:30am
Class Days/Time:	Tuesday and Thursday, 9 – 10:15am
Classroom:	SPX 151

Course Description

Motor Development of the individual from birth to maturity with emphasis on behavior, need, capacities, and interest, three units.

Course Goals and Student Learning Objectives

To provide the student with knowledge of the:

- a. Goals and objectives of the discipline of motor development.
- b. Common terms in motor development.
- c. Lifespan motor development "stages" and their characteristics.
- d. Scientific literature in the field of motor development.
- e. Related cognitive, social, and moral development theory and implications for motor development.

To provide the student with the ability to:

- a. Practically apply the knowledge gained concerning motor development.
- b. Critically analyze research and theory prominent in motor development.

Required Text

Payne, V.G., & Isaacs, L.D. (2016). *Human motor development: A lifespan approach* (9th Ed.). London: Routledge.

Grading Policy

1. Late papers will be accepted, make-up exams arranged, and incompletes (I) assigned only when **serious and compelling reasons exist**.
2. No extra credit will be awarded.

Evaluation

Exam #1	25% (Bring Scantron T&E 0200)
Exam #2	30% (Bring Scantron T&E 0200)
Exam #3	30% (Bring Scantron T&E 0200)
Paper	15%

University Policies

Please note that detailed information about the following information can be found at www.sjsu.edu/gup/syllabusinfo/. Please familiarize yourself with this information.

- General Expectations, Rights and Responsibilities of the SJSU Student
- Dropping and Adding
- Consent for Recording of Class and Public Sharing of Instructor Material
- Academic integrity
- Campus Policy in Compliance with the American Disabilities Act
- Student Technology Resources
- SJSU Peer Connections
- SJSU Writing Center
- SJSU Counseling and Psychological Services

The website for [Student Conduct and Ethical Development](http://www.sa.sjsu.edu/judicial_affairs/index.html) is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

KIN 165 – Motor Development, Section 2, Fall 2017

Course Schedule

Day	Date	Topics, Readings, Assignments, Deadlines
1	8/24	Introduction to course
2	8/29	Introductory concepts and terminology (Unit 1 – Study Notes, Book Chapter 1)
3	8/31	Continue introductory concepts and terms and model of motor development
4	9/5	Complete introductory concepts and terms and model of motor development
5	9/7	Piaget and cognitive development (Unit 2, Chapter 2)
6	9/12	Continue cognitive development/relationship to movement
7	9/14	Complete Piaget's theory and implications for motor development
8	9/19	Socialization, social development and implications for human movement (Unit 3, Chapter 3)
9	9/21	Complete social development
10	9/26	Moral and motor development (Unit 4)
11	9/28	Complete topics and discuss exam
12	10/3	Exam #1
13	10/5	Prenatal factors and motor development (Unit 5, Chapter 4)
14	10/10	Continue prenatal factors
15	10/12	Complete prenatal factors and begin infant reflexes
16	10/17	Continue infant reflexes (see video) (Unit 7, Chapter 9)
17	10/19	Begin Effect of early stimulation/deprivation (Unit 6, Chapter 5)
18	10/24	Complete stimulation-deprivation and begin voluntary movement (Unit 8, Chapter 10)
19	10/26	Begin fundamental movements (Unit 9A, Chapter 12)
20	10/31	Complete fundamental movement (Unit 9B, Chapter 13)
21	11/2	Adolescence and motor development (Unit 10)
22	11/7	Complete topics and discuss second exam
23	11/9	Exam #2
24	11/14	Physical activity/obesity/motor development (Unit 10A,

Day	Date	Topics, Readings, Assignments, Deadlines
		<u>Chapter 6)</u>
25	11/16	Physical activity, obesity, and motor development
26	11/21	Continue fitness, activity and motor development (Chapter 7)
27	11/23	No class , Thanksgiving
28	11/28	Youth Sports (Unit 11, Chapter 14)
29	11/30	Complete youth sports – <u>**Paper due**</u>
30	12/5	Adulthood, aging and physical activity (Unit 12, Chapter 15)
31	12/7	Complete adulthood and physical activity
33	12/19	<u>Exam #3, 8:00 – 9:15am Tuesday</u>

Motor Development Case Study Assignment

Select an interesting individual involved in the performance of an interesting movement task. For the purpose of this assignment, keep in mind that some movements are much easier to describe than others. Describe the person that you observed and describe his/her movement performance. Specifically, explain what your subject's body is doing during the performance of the movement activity. Then, using your own experiences, insight concerning the movement task, common knowledge, and the information you have learned in class, describe the movement as you believe it will be performed in the future. "Future," for this assignment simply means enough time in the days, months, or years to come that the movement will be performed significantly differently even though the subject is attempting the same task. Obviously, this will vary depending upon the movement task you have selected and the age of your subject. Remember, depending upon the age of your subject, your future description could be a progression or a regression. Finally, give recommendations as to how your subject could improve in this movement. In other words, what can they do to move closer towards perfection of the movement task in question? These recommendations are only for the purposes of this paper and do not need to be mentioned to your subject. Your paper should be approximately three double spaced pages in length.

THERE ARE FOUR SECTIONS WHICH SHOULD BE GIVEN EQUIVALENT EMPHASIS IN YOUR PAPER

1. description of your subject – Who is this person? (approximately ½ page)
2. description of your subject performing the selected movement task – What are they doing, exactly? (approximately 1 page)

3. description of your subject performing the same movement in the "future." What would they look like if they were to perform this task in the future? (approximately 1 page)
4. recommendations to facilitate your subject's progress in this movement task. What might the person do to improve in their performance? (approximately ½ page)

POINTS TO CONSIDER

1. After observing your subject you may want to interview him/her to gain insight concerning his/her present or future movement. Though this assignment can be accomplished without the interview, talking to the subject may facilitate your efforts.
2. While an individual about your age will most likely be the easiest person to locate and serve as your subject, you may find this assignment to be more interesting and educational if you select someone who is much older, younger, or simply different than you are.
3. Select a movement task that interests you so the project is more meaningful and fun to complete.

COMMON PROBLEMS ON PAST PAPERS

1. failure to include all sections or treat all sections sufficiently.
2. poor writing.
3. failure to describe the subject's bodily movement and a tendency to describe the subject's emotions during or after the movement.
4. describing movement in excessively global terms like "turned," or "twisted." Describe specifically what you mean by "turn" or "twist."
5. describing too superficially. Remember, the instructor must be able to visualize the movement from your description without seeing the movement being performed.
6. making recommendations (in last section) which only apply to movement technique. Recommendations section should also include ideas concerning lifestyle modifications.
7. exceptionally brief description of subject in section 1.

CRITERIA FOR EVALUATION

1. format, organization
2. writing clarity
3. relevance, accuracy, and clarity of your descriptions
4. adherence to the project assignment
5. creativity, innovativeness, originality
6. comprehensiveness of descriptions in the pages allotted