

San José State University
College of Health and Human Sciences
Department of Kinesiology
KIN185 Section 5 & 7, Senior Seminar, SP2021

Instructor: Adriane Cris Tomimbang, M.A.

Office Locations: Virtual

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Office Hours: Monday and Wednesday, 4:30-5:30pm, by appointment only; Zoom links posted on Canvas

Class Days/Time: Monday, 8:30-9:20am, Section 5
Monday, 1:00-1:50pm, Section 7

Classroom: Zoom links posted on Canvas

Prerequisites: Prerequisite: KIN 070, Kinesiology Majors ONLY, KIN Minors with instructor consent. Major form completed and signed by an advisor, advising manager, and undergraduate coordinator, KIN 197 or KIN 198 pre-requisite or co-requisite.

Class Format

Faculty Web Page and MYSJSU Messaging

Copies of the course materials such as the syllabus, major assignment handouts, etc. may be found on Canvas. You are responsible for regularly checking with the messaging system through MySJSU and Canvas.

Course Description

Active learning capstone course designed to synthesize students' undergraduate preparation, including internship experiences.

Capstone course designed to integrate and synthesize students' knowledge and skills gained in their undergraduate preparation through active participation in the class and reflection **on** the internship experience; requires completion of a professional portfolio and a movement project

Department of Kinesiology Student Program Learning Outcomes

1. Students will be able to explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address issues or problems in the sub-disciplines in kinesiology.
2. Students will be able to effectively communicate in writing (clear, concise, and coherent) on topics in kinesiology.
3. Students will be able to effectively communicate through an oral presentation (clear, concise, and coherent) on topics in kinesiology.
4. Students will be able to utilize their experiences across a variety of health related and skill-based activities to inform their scholarship and practice in the sub disciplines in kinesiology.
5. Students will be able to identify and analyze social justice and equity issues related to kinesiology for diverse populations.

Course Goals and Learning Objectives

Upon successful completion of the course, each student will be able to demonstrate:

1. Knowledge of the various sub disciplines and related academic organizations within the field of Kinesiology;
2. Ability to locate and critique scholarly peer reviewed literature in Kinesiology and demonstrate an understanding of how evidence based practice applies to their emphasis and practice;
3. Understanding of current issues in Kinesiology and their sub disciplines and demonstrate strategies to engage with these issues in practice;
4. Ability to research, synthesize, and present information on selected topics in Kinesiology;
5. Ability to reason, discuss, and communicate information pertinent to Kinesiology and related fields;
6. Understanding of diversity and social justice as they relate to human movement and within the various sub disciplines;
7. Ability to assemble a personal e-portfolio;
8. Ability to apply their knowledge of Kinesiology in a clinical or practical setting.

Required Texts/Readings

All readings will be available on the SJSU learning management system, Canvas.

Library Liaison

Adrian Poo is our library liaison. You can contact her for assistance at adriana.poo@sjsu.edu or (408) 808-2019. The Reference Desk number is (408) 808-2100 and the Student Computer Service number is (408) 808-2470.

Course Requirements and Assignments

Active Class Participation and Reading Responses 30%

This portion of the grade will be assessed by evaluating students' active participation in each seminar session along with their reflection statements following the session. No participation will result in no score for this part of the assessment. Further explanation: This means that you are expected and responsible for preparing materials for each seminar session. You are expected to speak and make effective class contributions by contributing to class discussions, and by listening and respecting opinions of others. **ABSOLUTELY no makeup points will be available for this component.**

Professional Portfolio 25%

Each student will be required to assemble a professional portfolio, which will include a professional resume and your participation in a mock interview. The portfolio shall contain all supporting documents related to the student's program of study, work, and internship experiences. This includes the internship reflective journal and any other documentation of additional certifications, athletic or sport experiences, awards and honors, attended workshops and conferences, presentations and publications, and other relevant materials related to the student's professional preparation for a career in the field of kinesiology. Preparation of the portfolio and professional resume will be reviewed and discussed in class.

Movement Project: Literature Review and Deliverable 45%

Each student will be required to complete a movement project. The movement project's outcome (or product) may take one of many different formats, depending on the student's emphasis area as well as her or his career goals.

Examples of acceptable final products may include a manual, pamphlet, website, podcast, YouTube video, PowerPoint presentation, or publication.

A review of literature using both primary and secondary references is required as a part of the movement project's final product. Further details will be distributed in class.

Exam 0%

Format and content will be discussed in class.

Grading Policy

Assignment of Final Course Grade

100-97%=A+; 96-93%=A; 92-90%=A minus; 89-87%=B+; 86-83%=B; 82-80%=B minus;
79-77%=C+; 76-73%=C; 72-70%=C minus; 69-67%=D+; 66-63%=D; 62-60%=D minus;
below 60%= F

Active Course Participation	30%	CLO 1, 4, 5, 6, 7
Professional Portfolio	30%	CLO 1, 3, 5, 7
Movement project	45%	CLO 1, 2, 4
Exam	0%	CLO 1, 2, 3, 4

Classroom Protocol

Attendance

Students are strongly encouraged to attend and participate in all class sessions that will be held on Zoom live jointly. Students shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith with prior written notification via email to the instructor.

Due Dates

Without documented serious and compelling reasons, no paper will be accepted late (late = after the due date specified by the instructor).

Recording of Class Lectures

This course or portions of this course (i.e., lectures, discussions, student presentations) will be recorded for instructional or educational purposes. The recordings will only be shared with students enrolled in the class through Canvas. The recordings will be deleted at the end of the semester. If, however, you would prefer to remain anonymous during these recordings, then please speak with the instructor about possible accommodations (e.g., temporarily turning off identifying information from the Zoom session, including student name and picture, prior to recording).

Students are not allowed to record without instructor permission. Students are prohibited from recording class activities (including class lectures, office hours, advising sessions, etc.), distributing class recordings, or posting class recordings. Materials created by the instructor for the course (syllabi, lectures and lecture notes, presentations, etc.) are copyrighted by the instructor. This university policy (S12-7) is in place to protect the privacy of students in the course, as well as to maintain academic integrity through reducing the instances of cheating. Students who record, distribute, or post these materials will be referred to the Student Conduct and Ethical Development office. Unauthorized recording may violate university and state law. It is the responsibility of students that require special accommodations or assistive technology due to a disability to notify the instructor.

Explicit written permission must be requested to make any recording of the class. An announcement will then be made to the class to ensure their comfort with recording the class. If any student objects to the recording then permission will not be granted. If there are no objections then written permission will be provided.

Zoom Classroom Etiquette

- **Mute Your Microphone:** To help keep background noise to a minimum, make sure you mute your microphone when you are not speaking.
- **Be Mindful of Background Noise and Distractions:** Find a quiet place to “attend” class, to the greatest extent possible.
 - Avoid video setups where people may be walking behind you, people talking/making noise, etc.
 - Avoid activities that could create additional noise, such as shuffling papers, listening to music in the background, etc.
- **Position Your Camera Properly:** Be sure your webcam is in a stable position and focused at eye level.
- **Limit Your Distractions/Avoid Multitasking:** You can make it easier to focus on the meeting by turning off notifications, closing or minimizing running apps, and putting your smartphone away (unless you are using it to access Zoom).
- **Use Appropriate Virtual Backgrounds:** If using a virtual background, it should be appropriate and professional and should NOT suggest or include content that is objectively offensive or demeaning.

Technical Difficulties

Internet connection issues:

Canvas autosaves responses a few times per minute as long as there is an internet connection. If your internet connection is lost, Canvas will warn you but allow you to continue working on your exam. A brief loss of internet connection is unlikely to cause you to lose your work. However, a longer loss of connectivity or weak/unstable connection may jeopardize your exam.

Other technical difficulties:

Immediately email the instructor a current copy of the state of your exam and explain the problem you are facing. Your instructor may not be able to respond immediately or provide technical support. However, the copy of your exam and email will provide a record of the situation.

Contact the SJSU technical support for Canvas:

Technical Support for Canvas

Email: ecampus@sjsu.edu

Phone: (408) 924-2337

<https://www.sjsu.edu/ecampus/support/>

Academic Dishonesty Students who are suspected of cheating during an exam will be referred to the Student Conduct and Ethical Development office and depending on the severity of the conduct, will receive a zero on the assignment or a grade of F in the course. Grade Forgiveness does not apply to courses for which the original grade was the result of a finding of academic dishonesty

University Policies

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs' [Syllabus Information web page](http://www.sjsu.edu/gup/syllabusinfo/) at <http://www.sjsu.edu/gup/syllabusinfo/>

KIN185 Section 05 / Senior Seminar, Spring 2021, Course Schedule

The schedule is subject to change with fair notice posted on Canvas and announced in class.

Week	Date	Topics/Readings (Modules on Canvas)	Assignments DUE this week
1	2/01	<ul style="list-style-type: none"> ▪ Module Start Here! ▪ Module Week 1 (01 Discussion: Let's Get to Know Each Other!) 	<ul style="list-style-type: none"> ▪ 01 Discussion
2	2/08	Module Week 2 (02 Discussion: How do you think the ACSM 2021 Fitness Trends will look like?) – Topic A	<ul style="list-style-type: none"> ▪ 02 Discussion
3	2/15	Module Week 3: Reviewing MP guidelines	<ul style="list-style-type: none"> ▪ Prepare your questions for MP
4	2/22	Module Week 4 (Discussion topic B)	<ul style="list-style-type: none"> ▪ In-class activity on current issues and research ▪ Movement Project Proposal due
5	3/01	Guest speaker (Dr. Garber): Discussion topic D	<ul style="list-style-type: none"> ▪ Reflection on Dr. Garber's speech ▪ Reflection: 16 personalities test results
6	03/08	Discussion topic D: Career resources: interviewing tips, cover letter, 16 personalities	<ul style="list-style-type: none"> ▪ Resume on VMock
7	03/15	Guest speaker (K. Keller): Resume workshop and other resources)	<ul style="list-style-type: none"> ▪ Reflection on resume workshop
8	03/22	Reviewing literature review and presentation guidelines	<ul style="list-style-type: none"> ▪ Annotated Bibliography Reference list
9	03/29	Spring Break – No Class	<ul style="list-style-type: none"> ▪ No Assignments due
10	04/05	Guest speaker: Ali Ghavami, DPT Student Alternative: Self Study	<ul style="list-style-type: none"> ▪ Reflection on Ali Ghavami ▪ Alternative: Work on Literature Review
11	04/12	Guest Speaker (SJSU KIN Prof.): Discussion Topic C	<ul style="list-style-type: none"> ▪ Reflection on Dr. Chin's speech ▪ Annotated bibliography
12	04/19	Reviewing Professional Portfolio guidelines	<ul style="list-style-type: none"> ▪ MP deliverable outline due
13	04/26	Discussion Topic F – legal concerns class discussion	<ul style="list-style-type: none"> ▪ Reflection on topic F
14	05/03	Self Study; Open Class time for Questions	<ul style="list-style-type: none"> ▪ Work on MP ▪ Professional Portfolio due
15	05/10	Guest speaker (A. Selman) - re Topic C & D Alternative: Self Study	<ul style="list-style-type: none"> ▪ Reflection on A. Selman's speech
16	05/17	Self Study	<ul style="list-style-type: none"> ▪ MP Oral presentation due ▪ MP Project Deliverable due

Discussion Topics/Reading Areas

- A. Current topics and trends in kinesiology
- B. Current issues and research in different areas of specialization
- C. Diversity and social justice
- D. Professional Development (*relating to your internship applying book knowledge/theory in the field, networking, gaining experience, finding mentors, etc.*)
- E. Cultural Competence in the workplace
- F. Legal concerns in the workplace