

San José State University
Kinesiology
KIN 197D, Practicum in Athletic Training IV
Spring 2021

Instructor:	KyungMo Han, PhD, ATC, CSCS
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Office Hours:	Tuesday, 15:30-17:30
Prerequisite:	KIN 197C

Course Description

This course is designed to provide the student with introductory and diverse, supervised practical experiences within the athletic training profession. Selected on- and off-campus clinical settings are utilized to assist the student in the development of cognitive, psychomotor and affective domain competencies related to the athletic training profession. Students will be supervised on-site on a daily basis by Board of Certification (BOC) certified athletic trainers (ATC).

Course Goals and Learning Objectives

Course Content Learning Outcomes

At the completion of this course, the student will demonstrate

- 1) Accumulation of a minimum of 225 hours of supervised clinical experiences engaged in the practice of various hands-on athletic training techniques at an affiliated practicum site.
- 2) Completion of required clinical proficiencies/competencies associated with this practicum course proficiencies/competencies must be initialed and dated by the assigned preceptor to indicate successful completion.
- 3) Completion of all course evaluation methods as noted in this document.

Program Learning Outcomes (PLOs)

- PLO 1. explain, identify, and/or demonstrate the theoretical and/or scientific principles that can be used to address or problems in the sub-disciplines in kinesiology.
- PLO 2. effectively communicate in writing (clear, concise and coherent) on topics in kinesiology.
- PLO 3. effectively communicate through an oral presentation (clear, concise and coherent) on topics in kinesiology.
- PLO 4. utilize their experiences across a variety of health related and skill-based activities to inform their scholarship and practice in the sub disciplines in kinesiology.
- PLO 5. identify and analyze social justice and equity issues related to kinesiology for KIN 197D, Practicum in Athletic Training IV, Spring 2021

diverse populations.

Suggested Texts

Arnheim's Principles of Athletic Training: A Competency Based Approach. Prentice, W.E. New York, NY: McGraw-Hill

Examination of Orthopedic and Athletic Injuries. Starkey, C and Ryan, J. Philadelphia, PA: F.A. Davis

Management Strategies in Athletic Training. Ray, R. Champaign, IL: Human Kinetics

Rehabilitation Techniques for Sports Medicine and Athletic Training. Prentice, W.E. Boston, MA: McGraw-Hill

Therapeutic Modalities. Starkey, C., Philadelphia, PA: F.A. Davis

Assignments and Grading Policy

Evaluation Methods

- 1) Clinical proficiency/competency completion – all required elements:
http://www.sjsu.edu/kinesiology/docs/SJSU_UG_ATP_Competency_Manual_Spring_2014.pdf
(pages 87-91)
- 2) Practicum hours log – accumulation of minimum 225 hours.
 - a. ***NOTE*** - A **maximum** of 20 hours per week should be spent in the affiliated clinical practicum site – students **cannot** be **required** to participate in more than 20 hours per week at their assigned practicum site. In the event that a student voluntarily participates in more than 20 hours per week at their assigned practicum site, only 20 hours can be counted toward the required 225 hours for the semester.
- 3) Evaluation of student by Preceptor at practicum site (1).
- 4) Evaluation of Preceptor at practicum site (1).
- 5) Signed handbook verification forms for practicum site (1).
- 6) Self-evaluation of clinical and professional development (1).
- 7) Semester interview (1).
- 8) Copy of current CPR/AED certification per BOC standards (Healthcare Provider, Professional Rescuer or like course) – **due first course meeting.**
- 9) Copy of current personal professional liability insurance policy – **due first course meeting.**
- 10) Copy of current bloodborne pathogen training certificate – **will do in the first course meeting.**

All relevant course materials utilized for evaluation of the student are due by **Thursday, May 13, 2020** unless otherwise noted in this document or in class.

Grading

This practicum course is graded as credit/no credit only (CR/NC). No credit (NC) in this practicum course will be given if **ALL** of the course requirements are not successfully completed. This supervised practicum course is approved for 1 (one) unit of academic credit. **ALL** proficiency/competency evaluations must be completed with a minimum score of 4/5 (80%) per the Athletic Training Program Competency Manual in order to successfully complete each evaluation associated with this practicum course.

Classroom Protocol

Appropriate behavior in the classroom begins with demonstrating a respect of yourself and others in the course. Please adhere to the following recommendations:

1. Attend all class meetings.
2. Arrive in class on time and remain seated for the entire class.
3. If it is unavoidable and necessary to leave the class before instruction is completed, inform me beforehand.
4. Turn off all cell phones, pagers, PDAs, etc. during classes.
5. Remove ear phones.
6. Sleeping in class or participating in other distracting behavior (e.g., reading a newspaper) is very distracting and disrespectful to your peers and the faculty.
7. You are welcome to use laptops in class for class purposes. However, you are on your honor to use it only for class-related purposes -- no email or other nonclass uses.
8. Verbally express opinions/views in a professional manner.

University Policies

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs' Syllabus Information web page at <http://www.sjsu.edu/gup/syllabusinfo/>

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Recommended Course Schedule

(Subject to Change With Fair Notice)

Week	Date	Recommended Competency Schedules
1	01/28	Course Introduction
2	02/04	ROM
3	02/11	Exercise to Improve Speed
4	02/18	Exercise to Improve Agility
5	02/25	Exercise to Improve Strength/Endurance
6	03/04	Exercise to Improve Power
7	03/11	Exercise to Improve Neuromuscular Control
8	03/18	Sport-Specific Skill Instruction and Improvement
9	03/25	Sport-Specific Skill Instruction and Improvement
10	04/01	Sport-Specific Skill Instruction and Improvement
10	04/08	Core Stabilization Activities
11	04/15	Core Stabilization Activities
12	04/22	Joint Mobilization
13	04/29	Joint Mobilization
14	05/06	Check Up
15	05/13	All assignments due by May 13, 2021