

# San José State University

## Kinesiology

### Spring 2021, *KIN 19b, Intermediate Soccer,* *Section 01*

#### Contact Information

Instructor:	Marty Behler
Office Location:	SPX Office 170
Telephone:	
Email:	martha.behler@sjsu.edu
Office Hours:	T - 1:30pm – 3:30pm or by Appointment
Class Meetings & location	Tuesday's 10:30am – 12:20pm, class meets at SOUTH CAMPUS FIELD
	First Class meeting will be a Zoom Call (on Zoom calls requested every student have video turned on) Zoom Link for call will be sent out through Canvas
	<i>In person Classes meet at SOUTH CAMPUS FIELD except FIRST CLASS through February 15th will be on Zoom Call</i>

**\*\*\*MOVING REMOTE:** This course is scheduled to meet face-to-face for all or some of the schedule throughout the fall semester. But, if Santa Clara County of Public Health Department shifts back to shelter-in-place given an increase in COVID-19 positive cases, this class could move to a fully online modality for the remainder of the semester. If this becomes the case, in order to meet the learning outcomes of this course, we will do the following; we will meet weekly at the normal class scheduled time via Zoom with assignments being posted on Canvas, which will continue to follow the course curriculum

Link to new syllabi policy: <http://www.sjsu.edu/senate/docs/S16-9.pdf>

#### Course Description

This class is designed for students with previous soccer experience to refine the technical skills, enhance offensive and defensive tactical awareness, learn various strategy and game philosophies and improve conditioning. Players will develop a greater understanding of the laws of the game with an emphasis on the application of skills and strategy in game play which will

lead to developing a positive attitude toward soccer as a lifetime activity. Prerequisite: KIN 19a (or equivalent) or consent of instructor.

### **Web Resource**

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your MYSJSU username and password.

### **Course Goals and Student Learning Objectives**

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Enhanced knowledge of fundamental skills, technique and tactics in the sport of soccer.
- Proficiency in execution of the sport of soccer skills covered.
- An understanding of the history, rules, strategies, current research, safety and etiquette associated with the sport of soccer.
- An understanding of the mental and physical health benefits to be derived from the sport of soccer

### **Activity Program Learning Outcomes**

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the soccer activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

### **Text/Readings**

<https://www.the-afc.com/documents/ifab-laws-of-the-game-2020-21>

Read the PDF attached to this page regarding the rules

### **Course Notes**

1. Active participation in all class activities, including Zoom, lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc. means being present for the whole time and participating in an active manner.
2. Class starts promptly Tuesdays at 10:30am (this allows time to get from main campus to field)
3. Class location is South Campus Field

4. Attending classes in a timely manner. Excessive tardiness will not be tolerated and will effect grade accordingly (1 point each time)
5. Proper Soccer attire (see KIN policy) - Shirts, shorts or sweats and sport shoes (soccer cleats and shin guards recommended) for ease of movement and safety, no jeans or other street clothes in class. Student must bring one (1) dark and one (1) light Shirt.  
**STUDENT MUST PROVIDE THEIR OWN PPE** (personal protective equipment) i.e. masks, gloves, hand sanitizer, wipes etc...
6. Cooperation and mature behavior are expected in the class.
7. At least 5-10 minutes warm-up period is required before any skill practice.
8. Department's soccer balls are available, while students may bring their own soccer ball. It is everybody's responsibility to take care of the department soccer balls and return them when the class is over and to set up or take down the nets whenever needed.
9. The last class meeting: **Tuesday, May 12, 2021**
10. Class Final: **Monday, May 24, 2021**  
**(9:45am – 12:00)**
11. It is suggested the students bring water to every class
12. No cell phone usage while in class unless in case of emergency
13. Recording class: *KIN19a, Marty Behler, for example*: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.
14. Intellectual property: *KIN19a, Marty Behler*, Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.
15. Students are permitted only two unexcused participation days (i.e. illness, emergency, etc.)
  1. If a student becomes ill or has an injury which effects class participation will require a doctor's note to be excused
16. If student has Pre-existing medical or physical conditions, Please consult your physician first before participation. Also, alert your instructor prior to first class.
17. All students must have a signed liability waiver on file.

### **Course Requirements, Assignments, and Grading**

1. Team Play / Skills Test (during scrimmages and games) 1pt a day =  
**15 points**
2. Active Participation
  - evaluated by in-class participation, drills, questions and answers
  - preparation for classes (with proper clothing and equipment)

meetings = **45 points**

3pts / Day, 15

3. Midterm

= **15 points**

-- Topic from class discussion

4. Final

= **25 points**

--based on technical and tactical skills developed in

class

--based on the laws of game, lectures and assignments

--no make-up for missing final

**Total Points = 100**

1. **\*\*Extra credit paper\*\*** (only 1)

= **5 points**

**Grading Scale used to determine final course grade.**

<b>Percentage</b>	<b>Equivalent Grade</b>
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-
below 60%	F

## **University Policies**

Information pertaining to university programs and policies designed to facilitate student success can be found here: <http://www.sjsu.edu/gup/syllabusinfo/>

## **Course Calendar**

(subject to change with fair notice by announcement in class and/or email)

<b>Week</b>	<b>Skills</b>	<b>Knowledge</b>
1	Zoom Call	Green sheet, policies
2	Dribbling / Passing Ronaldo)	Moves i.e. (step overs, scissors, Cryuff, faints,  Dribbling at speed, Bending, Driven,  drills, games
	Combinations, overlaps	
3	Trapping	Chest, thigh, foot, change of direction, high balls  drills, games
4	Attacking improvisation,	Tactical Positioning, 3v3/4v3 (width,  mobility, penetration, support)
5	Defending	Tactical Positioning, 2v2/3v2/3v3  Pressure, cover, balance (delay, deny, dictate,  drills, games
	direct, support)	
6	Set pieces	Tactical Corner kick, Free kicks, throw-ins  games
7	Heading /	Intermediate Technique (shooting/passing)

MIDTERM

drills

**MIDTERM**

8 Shooting

Intermediate Technique

Foot (bent, volleys, half volleys)

drills, games

9 Goalkeeping

Enhanced techniques

Hands, diving, positioning, distribution,

communication

10 1-4-4-2  
tactics

Enhanced understanding of player's roles and

Offensively and Defensively, formation number

system

11 1-4-5-1  
tactics

Enhanced understanding of player's roles and

Offensively and Defensively, formation number

system

12 1-3-5-2  
tactics

Enhanced understanding of player's roles and

Offensively and Defensively, formation number

system

13 1-3-4-3  
tactics

Enhanced understanding of player's roles and

Offensively and Defensively, formation number

system

14 **Formation Review** and free games

Review for written exam

15/16 Challenge game

**Pass out final exam**