

**San José State University**  
**KIN 21A-03**  
**Beginning Tennis, Spring 2021**

**Course and Contact Information**

<b>Instructor:</b>	Rick Mougín
<b>Office Location:</b>	Simpkins Athletic Building
<b>Telephone:</b>	Preferred method of communication via email
<b>Email:</b>	Richard.mougín@sjsu.edu
<b>Office Hours:</b>	Available via appointment
<b>Class Days/Time:</b>	Monday 10:00-11:50 AM
<b>Classroom:</b>	SJSU Tennis Courts - 1251 S. 10 <sup>th</sup> St, San Jose 95112

**Course Description**

This is a beginning tennis course in which students will develop the basic skills necessary to play the game of tennis. Technical skills include groundstrokes, volleys, lobs, overheads and the serve as well as proper footwork. Students will also learn the fundamental rules, basic strategies, and court positioning for singles and doubles play. It is assumed that students enrolled in the class have little or no experience in the basic skills or knowledge.

**Course Goals and Learning Outcomes**

1. To present to the student the fundamental skills and knowledge of tennis.
2. To improve each student's skill in hitting all of the basic strokes: forehand; backhand; serve; volley; lob; and overhead.
3. To introduce or reacquaint each student to the basic rules, scoring, and etiquette of tennis.
4. To offer each student an opportunity to apply their skill and knowledge in actual match play.
5. To make each student aware of the basic differences in strategy for singles and doubles and to provide an opportunity to apply this information in actual match play.
6. To provide each student with information about current tennis trends, specifically in regard to local tennis programs, professional tournaments and equipment selection.
7. To encourage each student to pursue tennis as a life-time leisure activity.

**MOVING REMOTE:** This course is scheduled to meet face-to-face for all or some of the schedule throughout the spring semester. However, if Santa Clara County of Public Health Department shifts back to shelter-in-place given an increase in COVID-19 positive cases, this class could move to a fully-online modality for the remainder of the semester. If this becomes the case, in order to meet the learning outcomes of this course, we will do the following:

- Continue with class material using Zoom meetings; links will be provided if necessary
- Use Canvas to stay up to date with announcements; quizzes and topic related study material

Canvas will be the main source for students to attend, participate and complete the course

## Course Requirements and Assignments (Required)

All students are required to:

1. Use CANVAS in order to be informed regarding the class.
2. Bring 2 cans of unopened tennis balls. Mark the balls in each can and plan on using them when we are on court. You will be the only person touching them, no sharing.
3. Bring your own racquet. No racquets will be provided as touching and sharing equipment is not allowed.
4. Face covering will be required to enter facility and while not playing. You are welcome to take it off while playing and running.
5. Maintain 6 feet distance from others at all times.
6. Bring your own water bottle as the use of fountains is currently prohibited.
7. Participate in all class activities, including lectures, practices, practical test, physical test, match play, and written assignments.
8. Be on time to class.
9. Have NON-marking black sole shoes, and appropriate gym clothes. No exception will be made – No court shoes, no gym clothes – NO PLAY!

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus.”

## Final Examination or Evaluation

The final exam will be given during the final full week of classes, May 10<sup>th</sup>.

## Grading Information (Required)

Attendance -----60 points  
Midterm Exam/Pop Quiz ----- 20 points  
Final Exam -----40 points  
Total Points -----120 points  
Extra Credit -----more information in class

A	110 - 120 points	B	95 – 99 points	C	80 – 84 points	D	65 – 69 points
A -	105 – 109 points	B -	85 – 94 points	C -	75 – 79 points	D -	60 – 64 points
B +	100 – 104 points	C +	85 – 89 points	D +	70 – 74 points	F	59 or below

## **University Policies**

### **Academic integrity**

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The [University Academic Integrity Policy F15-7](#) requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. Visit the [Student Conduct and Ethical Development](#) website for more information.

### **Campus Policy in Compliance with the American Disabilities Act**

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03](#) requires that students with disabilities requesting accommodations must register with the [Accessible Education Center](#) (AEC) to establish a record of their disability.

### **Dropping and Adding**

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Add/drop deadlines can be found on the current academic year calendars document on the [Academic Calendars webpage](#). Students should be aware of the current deadlines and penalties for dropping classes ([Late Drop Information](#)).

Information about the latest changes and news is available at the [Advising Hub](#)

## **Course Number / Title, Semester, Course Schedule**

*List the agenda for the semester including when and where the final exam will be held. Indicate the schedule is subject to change with fair notice and how the notice will be made available.*

### **Course Schedule**

<b>Week</b>	<b>Date</b>	<b>Topics, Readings, Assignments, Deadlines</b>
1	February 1	Course Introduction via Zoom
2	February 8	Hand position & Grips Overview
3	February 15	Type of Strokes
4	February 22	Lines of the court
5	March 1	Scoring
6	March 8	Scoring cont.
7	March 15	Scoring cont.

<b>Week</b>	<b>Date</b>	<b>Topics, Readings, Assignments, Deadlines</b>
8	March 22	MIDTERM
9	March 29	Spring Break
10	April 5	Singles, Doubles and Mixed Doubles
11	April 12	Grand Slams and Types of Tournaments,
12	April 19	Mubadala Open and MWC (Mountain West Conference)
13	April 26	American tennis players, terms in tennis, famous names in tennis
14	May 3	Final review
15	May 10	FINAL EXAM