

San José State University

Department of Kinesiology Beginning Tennis Fall 2015

Instructor Dr. Stan Butler

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Office hours (M 3-4 pm) (T 2:30-3:30 pm) (W 2:30-3:30 pm) also electronically or by appointment

Class days/time Sec 01 Mondays 8:00 a.m. to 9:50 a.m.

Classroom (first day YUH 106) after first day South Campus Tennis Courts

Rainy days: Class will meet in the South Campus lecture room (SC137).

Course Description and Goals

Emphasis will be on learning fundamental tennis skills and drills, basic tactics, basic strategies, etiquette, basic rules, benefits, and applications of the knowledge and skills in games. It is assumed that students enrolled in the class have little or no experience in basic tennis

Course-Specific Student Learning Outcomes: Upon completion of this course, the students will:

- a. Demonstrate knowledge of how tennis principles can be applied to lifetime fitness pursuits by individuals of all ages.
- b. Display an understanding of the basic history of tennis including the contemporary state of the game.
- c. Demonstrate an understanding of the terminology, rules, tactics and etiquette of the game.
- d. Demonstrate their ability to perform the skills of tennis in game play.
- e. Display an understanding of the safety precautions utilized in class.
- f. Select and care for equipment.

Recommended reading: Bryant, James: Game, Set and Match. Fourth Edition.

Course Format: All students will be responsible for the purchase of 2 cans of unopened tennis balls, and their own racquet.

- a. Regular participation is a part of the assessment process in this class
- b. Class begins at 8:30 a.m. on the courts.
- c. Class ends at 9:50 a.m.

- d. No gym clothes, no court shoes- NO PLAY!!!
- e. Must have NON-Marking sole on shoes.

Dropping and Adding

You are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Refer to the current semester's [catalog policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html> for add/drop deadlines, policies, procedures, and specific registration information. The [late drop policy](http://www.sjsu.edu/aars/policies/latedrops/policy) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy>.

Grading

Skills Tests	Points
Conditioning	10
Doubles play	5
Singles play	5
Fitness midterm assessment	10
Overheads	10
Volleys	10
Groundstroke	10
Serve	10
Regular class participation and/or match observation	20
Final written exam	10
Total Points	100

Assignment of Grades

97-100% = A+	93-96% = A	90-92% = A-
87-89% = B+	83-86% = B	80-82% = B-
77-79% = C+	73-76% = C	70-72% = C-
67-69% = D+	63-66% = D	60-62% = D-
Below 60% = F		

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Course Schedule

Week	Date	Activity
1	Aug 24	Course introduction, student adds, green sheet review, facility location, and university policies
2	Aug 31	Conditioning, agility, coordination, tracking the ball
3	Sept 7	LABOR DAY CAMPUS CLOSED
4	Sept 14	Conditioning forehand, backhand and mini tennis introduction and practice, work on ball machines
5	Sept 21	Conditioning, Serves introduction, practice and review forehand, backhand mini tennis play, work on ball machines
6	Sept 28	Conditioning, volleys and rotational match play, review serves, introduce return of serves, work on ball machines
7	Oct 5	Fitness midterm assessment, volleys and rotational match play, review serves, review return of serves, work on ball machines
8	Oct 12	Continued fitness midterm assessment, introduce lobs and review volleys, serves, return serves and rotational match play, work on ball machines
9	Oct 19	Complete fitness midterm assessment Conditioning and introduce overhead execution, work on ball machines, introduction and practice skills test
10	Oct 26	Match play, ball machine practice and skills testing first trials
11	Nov 2	Match play, ball machine practice and skills testing first UNOFFICIAL trials
12	Nov 9	TBA
12	Nov 16	Match play, ball machine practice and skills testing first OFFICIAL trials
13	Nov 23	Match play, ball machine practice and skills testing continue first OFFICIAL trials
14	Nov 30	Match play, ball machine practice and skills testing cont. second OFFICIAL trials
15	Dec. 7	Match play, ball machine practice and skills testing continue second OFFICIAL trials And final written exam

University Policies Academic Integrity

The University's [Academic Integrity Policy](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html) is available at http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html. Your own commitment to learning, as evidenced by your enrollment at San José State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of [Student Conduct and Ethical Development](http://www.sa.sjsu.edu/judicial_affairs/index.html) located at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or using another person's ideas without giving proper credit) will result in a score of 0. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors. Information about plagiarism can be obtained at the [MLK library](http://tutorials.sjlibrary.org/tutorial) web site at <http://tutorials.sjlibrary.org/tutorial>. (See the plagiarism tutorial for more information.)

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the **Accessible Education Center** to establish a record of their disability. The Accessible Education Center is located in ADM 110 (408-924-6000 [voice] or 408-924-5990 [TDD]).