

San José State University

KIN 21B-01

Intermediate Tennis, Spring 21

Course and Contact Information

Instructor:	Anh-Dao Nguyen-Church
Office Location:	
Telephone:	Preferred method of communication via email
Email:	anh-dao.nguyen@sjsu.edu
Office Hours:	Available via appointment
Class Days/Time:	Wednesday: 10:30-12:20pm
Classroom:	SJSU Tennis Courts - 1251 S. 10 th St, San Jose 95112

Course Description

This is an intermediate tennis course in which students will improve the skills they have already developed necessary to play the game of tennis. Technical skills include groundstrokes, volleys, lobs, overheads, returns and the serve as well as proper footwork will be emphasized on. Alongside all the technical skills, students will also learn the more advanced strategies in order to play better singles, doubles and mixed doubles matches. It is assumed that students enrolled in the class have some experience in the game of tennis.

Course Goals and Learning Outcomes

1. To present to the student the idea and understanding of intermediate skills and knowledge of tennis at an intermediate level.
2. To improve each student's skill in hitting all of the strokes with different types of spin, pace, debt, etc.
3. To introduce or reacquaint each student to the more advanced skills, strategy and etiquette of tennis.
4. To offer each student an opportunity to apply their skill and knowledge in actual match play.
5. To make each student aware of the basic and more advanced differences in strategy for singles and doubles, and to provide an opportunity to apply this information in actual match play.
6. To provide each student with information about current tennis trends, specifically in regard to local tennis programs, professional tournaments and equipment selection.

7. To encourage each student to pursue tennis as a life-time leisure activity.

MOVING REMOTE: This course is scheduled to meet face-to-face for all or some of the schedule throughout the fall semester. However, if Santa Clara County of Public Health Department shifts back to shelter-in-place given an increase in COVID-19 positive cases, this class could move to a fully-online modality for the remainder of the semester. If this becomes the case, in order to meet the learning outcomes of this course, we will do the following:

- Continue with class material using Zoom meetings; links will be provided if necessary
- Use Canvas to stay up to date with announcements; quizzes and topic related study material
- Canvas will be the main source for students to attend, participate and complete the course

Course Requirements and Assignments (Required)

All students are required to:

1. **Use CANVAS in order to be informed regarding the class.**
2. **Bring 2 cans of unopened tennis balls. Mark the balls in each can and plan on using them when we are on court. You will be the only person touching them, no sharing.**
3. **Bring your own racquet. No racquets will be provided as touching and sharing equipment is not allowed.**
4. **Face covering will be required to enter facility and while not playing. You are welcome to take it off while playing and running.**
5. **Maintain 6 feet distance from others at all times.**
6. **Bring your own water bottle as the use of fountains is currently prohibited.**
7. Participate in all class activities, including lectures, practices, practical test, physical test, match play, and written assignments.
8. Be on time to class.
9. Have **NON-marking black sole shoes, and appropriate gym clothes. No exception will be made – No court shoes, no gym clothes – NO PLAY!**

Include University's Credit Hour Requirement below.

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus.”

Final Examination or Evaluation

The final exam will be given during the finals week.

Grading Information (Required)

Attendance -----60 points

Final Exam ----- 60 points

Total Points -----120 points

Extra Credit -----more information in class

A	110 - 120 points	B	95 – 99 points	C	80 – 84 points	D	65 – 69 points
A -	105 – 109 points	B -	85 – 94 points	C -	75 – 79 points	D -	60 – 64 points
B +	100 – 104 points	C +	85 – 89 points	D +	70 – 74 points	F	59 or below

University Policies

Academic integrity

Your commitment, as a student, to learning is evidenced by your enrollment at San Jose State University. The [University Academic Integrity Policy F15-7 \(Links to an external site.\)](#) requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. Visit the [Student Conduct and Ethical Development \(Links to an external site.\)](#) website for more information.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. [Presidential Directive 97-03 \(Links to an external site.\)](#) requires that students with disabilities requesting accommodations must register with the [Accessible Education Center \(Links to an external site.\)](#) (AEC) to establish a record of their disability.

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness, etc. Add/drop deadlines can be found on the current academic year calendars document on the [Academic Calendars webpage \(Links to an external site.\)](#). Students should be aware of the current deadlines and penalties for dropping classes ([Late Drop Information \(Links to an external site.\)](#)).

Information about the latest changes and news is available at the [Advising Hub \(Links to an external site.\)](#).

Course Number / Title, Semester, Course Schedule

List the agenda for the semester including when and where the final exam will be held. Indicate the schedule is subject to change with fair notice and how the notice will be made available.

Course Schedule

Week	Date	Topics, Readings, Assignments, Deadlines
1	Jan. 27	Course Introduction (Zoom)
2	Feb. 3	Grips and Types of Strokes Review (Zoom)
3	Feb. 10	Consistency (Zoom)
4	Feb.17	Depth (Zoom)
5	Feb. 24	Consistency & Depth - Benefits of Using Both During Point/Match
6	Mar. 3	Scoring Review
7	Mar.10	Slice vs Top Spin
8	Mar.17	Lobs & Lobbing
9	Mar. 24	Net Game – Volleys, Swinging Volleys. Overhead
10	Apr. 7	Approach; Slice & Net Game – When and How to Apply it during a point/match
11	Apr. 14	Inside Out and Inside In Forehand Strategy / Different Types of Opponents
12	Apr. 21	Strategy/Different Types of Opponents
13	Apr. 28	Serve and Return Strategy
14	May 5	Final Exam Review
15	May 12	Final Exam