

San José State University

Department of Kinesiology Intermediate and Advanced Tennis Fall 2015

Instructor Dr. Stan Butler

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Office hours (M 3-4 pm) (T 2:30-3:30 pm) (W 2:30-3:30 pm) also electronically or by appointment

Class days/time Wednesdays 8:00 a.m. to 9:50 a.m.

Classroom First class meeting YUH 106 (After 1st class meets at South Campus courts)

Rainy days: Class will meet in the South Campus lecture room (SC137).

Course Description and Goals

Emphasis will be on reviewing with the students the understanding of the game of tennis. Student will be given a chance to review and practice all aspects of the game, which will include strokes, tactics, strategies, etiquette, rules, benefits and applications of the knowledge and skills in the games.

Course-Specific Student Learning Outcomes: Upon completion of this course, the students will:

- a. Demonstrate knowledge of how tennis principles can be applied to enhance lifetime fitness of people of all ages.
- b. Display an understanding of the basic history of tennis including the contemporary state of game.
- c. Demonstrate an understanding of the terminology, rules, tactics and etiquette of the game.
- d. Demonstrate their ability to perform the skills of tennis in game play.
- e. Display an understanding of the safety precaution utilized in class.
- f. Select and care of equipment.

Recommended reading: Bryant, James: Game, Set and Match. Fourth Edition.

Course Format: All students are responsible for the purchase of 2 cans of unopened tennis balls, and their own racquet.

- a. Regular participation is a part of the assessment process in this class
- b. Class begins at 20 minutes to the hour, on the courts.
- c. Class ends at 10 minutes after hour.
- d. No gym clothes, no court shoes- NO PLAY!!!

- e. Must have NON-Marking sole shoes.

Dropping and Adding

You are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Refer to the current semester's [catalog policies](http://info.sjsu.edu/static/catalog/policies.html) section at <http://info.sjsu.edu/static/catalog/policies.html> for add/drop deadlines, policies, procedures, and specific registration information. The [late drop policy](http://www.sjsu.edu/aars/policies/latedrops/policy) is available at <http://www.sjsu.edu/aars/policies/latedrops/policy>.

Grading

| Skills Tests | Points |
|--|--------|
| Conditioning | 10 |
| Fitness midterm assessment | 10 |
| Doubles play | 5 |
| Singles play | 5 |
| Overheads | 10 |
| Lobs | 10 |
| Volleys | 10 |
| Groundstroke | 10 |
| Serve | 10 |
| Regular class participation or match observation | 10 |
| Final written exam | 10 |
| Total Points | 100 |

Assignment of Grades

| | | |
|---------------|------------|-------------|
| 97-100% = A+ | 93-96% = A | 90-92% = A- |
| 87-89% = B+ | 83-86% = B | 80-82% = B- |
| 77-79% = C+ | 73-76% = C | 70-72% = C- |
| 67-69% = D+ | 63-66% = D | 60-62% = D- |
| Below 60% = F | | |

KIN 21B & 21C, Intermediate and Advanced Tennis, Fall 2015
Course Schedule

| Week | Date | Activity |
|-------------|-------------|---|
| 1 | Aug 26 | Course introduction, student adds, green sheet review, facility location, and university policies |
| 2 | Sept 2 | Conditioning, agility, coordination, review entry level skills |
| 3 | Sept 9 | Conditioning, agility, coordination, review stroke mechanics, practice mechanics |
| 4 | Sept 16 | Conditioning forehand, backhand and mini tennis introduction and practice, work on ball machines |
| 5 | Sept 23 | Fitness midterm assessment trial one, Serves introduction, practice and review forehand, backhand mini tennis play, work on ball machines |
| 6 | Sept 30 | Fitness midterm assessment trial two, volleys and rotational match play, review serves, introduce return of serves, work on ball machines |
| 7 | Oct 7 | Fitness midterm assessment trial three, volleys and rotational match play, review serves, review return of serves, work on ball machines |
| 8 | Oct 14 | Continued fitness midterm assessment, introduce lobs and review volleys, serves, return serves and rotational match play, work on ball machines |
| 9 | Oct 21 | Complete fitness midterm assessment Conditioning and introduce overhead execution, work on ball machines, introduction and practice skills test |
| 10 | Oct 28 | Match play, ball machine practice and skills testing first UNOFFICIAL trials |
| 11 | Nov 4 | Match play, ball machine practice and skills testing first UNOFFICIAL trials |
| 12 | Nov 11 | HOLIDAY CAMPUS CLOSED |
| 13 | Nov 18 | Match play, ball machine practice and skills testing first OFFICIAL trials |
| 14 | Nov 25 | Match play, ball machine practice and skills testing cont. second OFFICIAL trials |
| 15 | Dec. 2 | Match play, complete make up testing of OFFICIAL trials And final written exam |
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University Policies

Academic Integrity

The University's [Academic Integrity Policy](http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html) is available at http://sa.sjsu.edu/judicial_affairs/faculty_and_staff/academic_integrity/index.html. Your own commitment to learning, as evidenced by your enrollment at San José State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of [Student Conduct and Ethical Development](http://www.sa.sjsu.edu/judicial_affairs/index.html) located at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or using another person's ideas without giving proper credit) will result in a score of 0. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors. Information about plagiarism can be obtained at the [MLK library](http://tutorials.sjlibrary.org/tutorial) web site at <http://tutorials.sjlibrary.org/tutorial>. (See the plagiarism tutorial for more information.)

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the **Accessible Education Center** to establish a record of their disability. The Accessible Education Center is located in ADM 110 (408-924-6000 [voice] or 408-924-5990 [TDD]).