

Fall 2015

San Jose State University  
Department of Kinesiology  
Kin-24B Intermediate Bowling

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Kin-24B Intermediate Bowling @ 4<sup>th</sup> street bowling alley

1. **Course Description:**

This course is designed to meet the needs of students who have satisfactorily completed the skills beginning bowling. The course will add more advanced theory and techniques.

Prerequisite: Beginning level or its equivalent.

1. **Student Learning Objectives:**

Upon completion of this course students will be able to demonstrate an understanding of:

- Proper Bowling mechanics
- Development of Bowling Knowledge
- Benefits of exercise
- History of Bowling
- Current state of Bowling
- Basic principal of bowling etiquette
- Proper bowling equipment

1. **Course Content:**

A) Motor (Physical) Content:

- Proper and safe technique
- Proper techniques of approach and follow
- Improved stamina

B) Cognitive (Knowledge) Content:

- Basic terminology
- Components of bowling
- Guidelines for bowling leagues
- Benefits of exercise through bowling

IV. **Course Requirement & Information**

- **ACTIVE CLASS PARTICIPATION!!!**

- Written Midterm
- Written Final
- Performance Final Must bowl a 110 or above to receive an A
  - There will be 10 “bowling days” throughout the semester. Each day will count as 1 point.
- The written midterm, written final, performance final, and participation will each make up 25% of final grade.

V. **Evaluation of Participation**

- 90%-100%...A
- 80%-89%...B
- 70%-79%...C
- 60%-69%...D
- 59% or less...F

**VI. There will be a \$50.00 charge due the first “bowling day” that will be charged by the bowling alley**

### **University recommended statement on Academic Integrity**

ACADEMIC INTEGRITY (from Office of Judicial Affairs). “Your own commitment to learning, as evidence by your enrollment at San Jose State University, and the University’s Academic Integrity policy requires you to be honest in all your academic course work. Faculty are required to report all infractions to the office of Judicial Affairs.” The policy on academic integrity can be found at <http://www2.sjsu.edu/senate/SO4-12.htm>

(Links to an external site.)

### **University recommended statement on Persons with Disabilities**

AMERICANS WITH DISABILITIES ACT COMPLIANCE. “If you need course adaptations or accommodations because of a disability, or if you need special arrangements in case the building must be evacuated, please make an appointment with The Disability Resource Center (924-6000, located in ADM 110) as soon as possible. Presidential Directive 97-03 requires that students with disabilities [REGISTER](#) with DRC to establish a record of their disability.”