

San José State University
Kinesiology
Fall 2017, KIN 27A-5 Beginning Table tennis

Contact Information

Instructor:	Gong Chen, (Dr., Professor, Coach)
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Office Hours:	MW 8:30-10:20am TR 13:30-14:30pm Or by appointment
Class Meetings & location	MW 16:30-17:20, SPX 107A
Prerequisites:	None

Link to new syllabi policy: <http://www.sjsu.edu/senate/docs/S16-9.pdf>

Course Description

This course is focused on the development of fundamental table tennis skill, basic tactics, simple strategies, etiquette, rules, and their application in single and double games.

Here is the link to the course descriptions in the online catalog: <http://info.sjsu.edu/web-dbgen/catalog/departments/KIN-courses.html>

Web Resource (Canvas)

Course materials may be found on the e-campus [Canvas learning management system](http://www.sjsu.edu/at/ec/canvas/) at <http://www.sjsu.edu/at/ec/canvas/>. You are responsible for regularly checking the Canvas discussion board and email for information and messages. Login using your mysjsu username and password.

Course Goals and Student Learning Objectives

Following activities and assigned reading, students will be able to demonstrate through class activities/assignments, skills tests, and written exams,

- Proficiency in execution and application of basic table tennis warm-up, skills, and drills in table tennis games and practice.

- An understanding of the basic terminology, applicable history, rules, etiquette, safety, tactics, strategies, current research and practice, and applications of these cognitive knowledge in table tennis games and practice,
- An understanding of the mental and physical health benefits to be derived from table tennis.

Activity Program Learning Outcomes

After completion of the physical activity graduation requirement, students shall be able to:

- Demonstrate proficiency in the execution of the motor/sport skills appropriate to the specific activities completed.
- Identify and/or explain the applicable history, rules, strategies, current research, safety, and etiquette related to the specific activities completed.
- Identify and/or explain the benefits of physical activity as related to physical and mental health.

Text/Readings

Wang, Y.P., & Chen, G. (2006). Table Tennis, 2nd edition, National Archive Publishing Company, ISBN 1-59399-223-8, **on Canvas (free for students in class).**

Course Notes

- Active participation in all class activities, including lectures, practice, discussion, quizzes, written examinations, skill test, games and tournament, and assignment, etc.
- Attending classes in a timely manner.
- Loose fitting clothes and sport shoes for ease of movement and safety.
- Cooperation and mature behavior are expected in the class. Interactions with classmates and the instructor are expected to be respectful at all times.
- A warm-up period is required before any skill practice.
- It is everybody's responsibility to bring in and take care of the paddles and balls, and to set up, take down, and store the tables.
- No food and drink or wheels are allowed in the gym except water.
- **Recording class: Instruction may not be recorded. If classmates ask you to record their performance for later review make sure it is done before or after class rather than during class. Do not post or otherwise share the recording.**
- **Intellectual property: Course materials developed by the instructor (e.g., exam/quiz items, videos, lecture notes), are the instructor's intellectual property and cannot be shared or uploaded in any form publicly without the instructor's approval.**
- If you have pre-existing medical or physical problems you should consult your physician before participating in this class and alert the instructor to any required limitations.
- Report any accidents to the instructor immediately.

Course Requirements, Assignments, and Grading

Grading Plan

- 40% Skills Test
- 30% Tournament Assignments
- 20% Written Midterm
- 10% Written Final Exam

Explanation

- **Skill Tests:** The skill test will include five basic skills on serves, rallies, and other shots. It will be evaluated 50% based on the number of successful serves/shots/rallies, and 50% based on proper forms, grips, and quality of serves/shots/rallies. Review guides will be posted in class before the test.
- **Written Midterm:** The midterm will cover basic skills and applications, basic rules and applications, single games procedures and strategies, and benefits and importance of physical activity/table tennis. Review guides will be posted in class before the test.
- **Written Final:** The written final will cover double game procedure, double strategies, and new skills and applications. Review guides will be posted in class before the test.
- **Assignments/Projects:** The assignments will include about 30 single and double matches (most are best two out of three games). The assignments will be evaluated based on the percentage of completed tournaments and quality that requires correct grip of the paddle, correct playing stances, complete focus, applications of learned skills and rules in games, non-cellphone play, and non-irrelevant socials. The grade of the assignments will be determined in a format: # of matches x percentage (A, B, C, D).

Other information:

- Students may make up skill test or ONE game assignment for DOCUMENTED emergency or pre-arrange with the instructor upon the time limit.
- Written Exam cannot be made up except documented emergency only.
- All tests/assignments/makeups must be completed by the last day of the class
- Missing tests or assignments will result in lowering the grade.

Grading Scale used to determine letter grade for each component above.

Grading Scale used to determine final course grade.

Percentage	Equivalent Grade
97% - 100%	A+
93% - 96%	A
90% - 92%	A-
87% - 89%	B+
83% - 86%	B

Percentage	Equivalent Grade
80% - 82%	B-
77% - 79%	C+
73% - 76%	C
70% - 72%	C-
67% - 69%	D+
63% - 66%	D
60% - 62%	D-

University Policies

Information pertaining to university programs and policies designed to facilitate student success can be found here:

<http://www.sjsu.edu/gup/syllabusinfo/>

Week	Course Content (Assignments, Exams/Quizzes, ...)
1	Policy sheet, greensheet
2	Warm-up, basic stances, footwork, swings, flat serves, flat shots
3	Flat shot rally, smash
4	Single game procedure, rules on serves, shots, and lets
5	Slice serves, slice shots, combination of flat and slice, loop shots, sidespin serves
6	Practice of flat shot rally, slice shot rally, and smash. Single tournament, single strategies
7	Practice of flat shot rally, slice shot rally, and smash. Single tournament
8	Practice of flat shot rally, slice shot rally, and smash. Single tournament
9	Lecture on benefits, midterm written exam
10	Double game procedure, try double games
11	Double game procedure, try double games

Week	Course Content (Assignments, Exams/Quizzes, ...)
12	Double rotations, strategies, double tournament
13	Double tournament
14	Double tournament Team tournament, skill test
15	Team tournament, skill test
16	Team tournament, skill test Final written exam, challenging games