

Advising Road Map

Major:	BS Kinesiology
Concentration in:	Exercise and Fitness Specialist
Total Units to Degree:	120
Academic Year:	2018 - 2019

The following road map is an advising tool that outlines a path of courses a student can take to complete requirements for graduation. This roadmap should be used in consultation with the catalog and your department to identify additional requirements for completing the major (for example course grade minimums). Students must have 60+ units in order to take SJSU Studies courses.

Fall Semester- Year 1

Course or Requirement	Units
GE Area A1	3
GE Area D2/D3/US123*	3
GE Area E	3
CHEM 30A (GE Area B1)**	3
Activity Class***	1
Total Semester Units:	13

Spring Semester- Year 1

Course or Requirement	Units
GE Area A2	3
GE Area D2/D3/US123*	3
GE Area B4	3
GE Area C1	3
Activity Class***	1
KIN 70	3
Total Semester Units:	16

Fall Semester- Year 2

Course or Requirement	Units
BIOL 65	4
GE Area A3 (recommend ENGL 2)	3
GE Area C1 or C2	3
GE Area D1	3
Addtl coursework for EF	3
Total Semester Units:	16

Spring Semester- Year 2

Course or Requirement	Units
GE Area C2	3
BIOL 66	5
KIN 160 or 161 or 164	3
Activity Class***	1
Addtl coursework for EF	3
NOTE: TAKE WST EXAM	
Total Semester Units:	15

Fall Semester- Year 3^

Course or Requirement	Units
KIN 100W	3
KIN 155	3
KIN 165 or KIN 166	3
EF Required Course****	3
EF Required Course****	3
Activity Class***	1
Total Semester Units:	16

Spring Semester- Year 3

Course or Requirement	Units
SJSU Studies Area V	3
Kin 158	3
KIN 165 or KIN 166	3
KIN 167	3
Activity Class***	1
Total Semester Units:	13

Fall Semester- Year 4

Course or Requirement	Units
SJSU Studies Area R	3
KIN 154B	3
KIN 157	3
KIN 175	3
Addtl coursework for EF	3
Activity Class**	1
Total Semester Units:	16

Spring Semester- Year 4

Course or Requirement	Units
SJSU Studies Area S	3
Kin 147	3
KIN 162	3
KIN 185	1
KIN 187	3
KIN 198	2
Total Semester Units:	15

NOTES: ^This major requires an International Experience, please consult your major advisor regarding course requirement.
 * 2 Semester Course Sequence which may also fulfill the American Institutions graduation requirement.
 Refer to the General Education information in the Schedule of Classes.