

FALL cats IN KINESIOLOGY

August 25 - December 19,
January 5 - January 15
Fall 2008



CATS Pass - \$60

CATS Plus Aqua Fit Pass - \$90

CATS Plus Group Fit Pass - \$85

CATS Plus Combo - \$130

*Passes are available to Faculty and Staff **ONLY**. CATS Plus passes may be purchased online at www.as.sjsu.edu/ascr or in person at the Campus Recreation office in the BB Building.*

All CATS Plus members receive:

- Access to YUH 202A, a faculty/staff only workout facility in Yushida Hall
- Supervision by a certified staff member
- Introduction to the facilities, health assessment, and assistance in creating a personalized workout plan

CATS Plus Fall Schedule:

Monday - Thursday

11:30 A.M. - 12:30 P.M. (for CATS Participants)

12:30 A.M. - 1:30 P.M. (with Instructor Permission)

FRIDAY

11:30 A.M. - 1:30 P.M.



SAN JOSÉ STATE
UNIVERSITY

SPARTAN REC CONNECT

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