

## Chair's Corner

As has been previously announced, I have been asked to fill the role of interim chair for the Department of Kinesiology. Dr. Matthew Masucci has been asked to serve as the interim Associate Dean for the College of Health and Human Sciences. His outstanding leadership of our department has been recognized, and this is a wonderful opportunity for him to lead our College. We have benefited tremendously from his leadership and will miss him; however, I think we also understand his desire to serve the college at this time.

These shifts in responsibilities have resulted in Dr. Jessica Chin filling in as interim undergraduate coordinator. She will continue to serve as the Advising Manager. Dr. Chin has a great deal of knowledge and experience in our undergraduate program and I know that she will bring her strengths to this position. As a result she will step away from her position as Associate Chair. To limit further disruptions we will not fill the Associate Chair position this semester.

While we do not have someone formally filling in as Associate Chair, several individuals have stepped forward to offer their help and support to cover these duties. I greatly appreciate the students, faculty, and staff who have come by to say that they will help in any capacity that they can. This is who we are as the Department of Kinesiology; supporting each other to create an environment where everyone can thrive.

I am greatly appreciative of all of our students, faculty and staff. I am committed to working hard and helping our department to continue to flourish. Ultimately we are here to educate and prepare our students, and I am dedicated to help us all do that the best that we can.

**Tamar Semerjian, PhD, Interim Chair**

## Student News and Awards

Undergraduate student **Kauionalani (Nalani) Kekuawela** recently won selection at the SJSU Student Research Competition and thus will attend the CSU-wide competition to be held at CSU Fullerton at the end of April. She was the only undergraduate student in the competition; but, she still won! On Tuesday April 23rd, in the SU Ballroom, from 3-6 PM, Nalani will be recognized for her achievement and give a poster presentation of her research at SJSU's "Celebration of Research" event. Her advisor is Dr. Areum Jensen and her topic is "Differential Cardiovascular Responses to Acute Exercise in Children." A film of her presentation to the judges at SJSU may be viewed at:

[https://drive.google.com/file/d/1p\\_Cptuuwl2Z-dEDbSrT2gDZBxx1iwrCG/view?ts=5c7a2478](https://drive.google.com/file/d/1p_Cptuuwl2Z-dEDbSrT2gDZBxx1iwrCG/view?ts=5c7a2478)

**Joanna Peet**, undergraduate teacher education student, presented original research conducted with **Aurelyn Ancheta, Anthony Abuyen, and Dr. Bethany Shifflett** at the recent CAHPERD conference. The topic was "Gender Bias in ESPN and espnW Content." This presentation earned the Best Original Research award. Joanna also She earned a \$1,000 scholarship for her scholarship, leadership, and service.



Joanna Peet

Additionally, **Aurelyn Ancheta** was the recipient of an undergraduate research grant and will have her research critique recognized at SJSU's Celebration of Research event in April. Her topic was "Robot-assisted gait therapy for people with Parkinson's Disease."

### Student News and Awards (cont)

At the above-mentioned CAHPERD convention, attended by over 1000 participants and held at the end of February in Garden Grove, CA, 10 undergraduate Kinesiology-Preparation for Teaching students and two faculty were present (see picture of the group minus **Dr. Siebert**).



Students and Faculty at CAHPERD

Our students took part in the CAHPERD student competition Friday night and placed third. Team “Daum’s Disciples” (They chose the name of their group, thank you **Daniel Murphy** for coining the term...) earned third place of 11 teams. CSU San Bernardino was second and CSU East Bay earned first/

Supported by an undergraduate research grant through the Provost’s Office, **Dr. Emily Wughalter** took four undergraduate students (**Aqdas Lilani, Tania Rojas-Gonzalez, Tiffany Radzinski, and Bernice Fan**, now alumnae) to the November 2019 Western Society for Physical Education of College Women at Asilomar Conference Center, where they presented their research on the apologetic in women’s sport.

**Dr. Seung Ho Chang** has four KIN undergraduate students who received Undergraduate Research Awards from SJSU.

**Venus Shin:** Kinesiology students’ knowledge of physical activity and health related physical fitness; **Mark Weber:** Effect of the movement program on motor and social skills in low-income, at risk children; **Hayley Lee:** Effect of the movement program on motor and social skills in low-income, at risk children; and **Stephanie Andrada:** Examining pre-service classroom teachers’ pedagogical content knowledge for teaching motor skills.

The department has several awards that it designates each year.

This year the KIN Scholars are:

Gold - **Kauionalani Kekuawela**  
Silver - **Joanna Peet**  
Bronze - **Ramon Ronquillo**

The KIN Service awards go to:

Gold - **Vivian Contreras**  
Silver - **Felipe Martinez**  
Bronze - **Nicolette Yee**

Additionally, our department is a member of the American Kinesiology Association (AKA) and we nominate a scholar each year for AKA recognition. This year, the committee selected **Kauionalani Kekuawela** and received a certificate for her as the local AKA award recipient. She will be our nominee for the AKA National Scholar Award and we should hear the result in April.

**Ro-Anne Galleta** (BS Kinesiology, Dec. 2018) and **Jorge Enriquez** (BS Kinesiology, Dec. 2018) both received undergraduate research awards during the fall 2018 semester to work with Dr. Peggy Plato on a study examining the efficacy of respiratory impedance on performance of high intensity, interval exercise. This study was an extension of **Julia Robbert’s** master’s project (MA Kinesiology, Exercise Physiology concentration, May 2018) on the effects of breathing through a device that provides inspiratory impedance during the recovery sessions between 9, 20 sec bouts of high intensity cycling exercise. Additionally, the studies measured the participants’ compensatory reserve index using an experimental device on loan from **Dr. Victor Convertino**, a SJSU alum and senior scientist at the U.S. Army Institute of Surgical Research at Fort Sam Houston, TX. Current undergraduate student **Nedim Gutosic** also assisted with data collection during the fall 2018 semester.

### Faculty and Staff News and Awards

Thanks to **Curt Sennewald** for his 25 years of service to the Kinesiology Department.



Curt has been a tremendous asset since he came to what was then the Department of Human Performance, and continues to be an invaluable member of the team now in the Department of Kinesiology. He does a great deal behind the scenes to support our students, classes, faculty and staff and we cannot begin to express how much he is appreciated and emphasize how much he does that many are not

aware of. Thank you so much Curt for all that you do, and for bringing your smile and positive attitude to the Department every day. We are a better department having you as part of our team.

**Dr. Seung Ho Chang** was Awarded a University Central RSCA Grant in Fall 2018 to investigate Promoting Motor Skills and Self-Regulation for Socioeconomically Disadvantaged and Ethnic Minority Children.

The Center for International Sports is hosting a new visiting scholar from Xi-an University of Science and Technology, **Sen Lin**. Sen is a lecturer at her university while she is working on her doctoral degree at Xi-an Transportation University. Sen will be here for one year in KIN observing activity classes and preparing herself to teach based on SJSU's self-defense curriculum. She will conduct research on self-defense education at her home university after she returns. Welcome Sen!



### Faculty and Staff News and Awards

**Dr. David Daum** was voted Vice President Elect of Physical Education for CAHPERD, and will serve a three year term. Congratulations on your election, David!

**Dr. Shirley Reekie** was recently awarded certification as a US Rowing Level 2 coach.

Two physicians from O'Connor Hospital, Dr. Michael Henahan and Dr. Chris Fulmer, and **Dr. Peggy Plato** are working with the Santa Clara Aquamaids on a research study to evaluate lactate and perceptual responses of synchronized swimmers during the pre-competitive and competitive seasons.

**Dr. Seung Ho Chang** is providing a motor and social skill program for children, called Sammy Play. The purpose of this program is to develop motor and social skills through a movement-based program including components of object control skills such as throwing and physical activity with social context for low-income and minority children. This program is conducted in Olinder Elementary School in San Jose through CommUniverCity SJSU. In 2018, a total 145 (84 Olinder Elementary School students and 158 SJSU students - student teachers and supervisors) participated in this program. This is an ongoing program.



**Presentations (Faculty & Students)**

**Dr. Peggy Plato** gave a presentation on exercise testing to the sports medicine fellows at O'Connor Hospital last Aug. 2018.

**Dr. Emily Wughalter** presented a paper in January 2019 at the National Association for Kinesiology in Higher Education on "Integrating Active Teaching and Learning Strategies as Best Practice in Kinesiology." While in Savannah, GA at the conference Dr. Wughalter was inducted as the 42nd fellow of NAKHE. As well, she will be giving the Rachel Bryant keynote lecture at SHAPE America in April 2019. Many congratulations, Emily, on this significant achievement.

**Kurtis Rayfield** (MA Kinesiology, Exercise Physiology concentration, Dec. 2018) is starting a Doctor of Physical Therapy program at the University of Wisconsin in June 2019. His thesis results will be presented on May 31, 2019 at the American College of Sports Medicine Annual Meeting. The title of his poster is "Effects of Optimizing the Respiratory Pump on Performance During a Simulated Ice Hockey Period". Co-authors are **Drs. Peggy Plato**, Victor Convertino, and **Craig Cisar**.

**Chang, S. H.**, Kim, K., **Lee, J.**, & Lee, S. (2018). Interventions for increasing physical activity in low-income, ethnic minority children and youths: Meta-analysis. Presented at The American College of Sports Medicine (ACSM)'s 65th Annual Meeting, Minneapolis, MN.

**Chang, S.H.**, Santiago, J.A., & **Lee, J.** (2018). Pre-service classroom teachers' knowledge of physical activity and health-related fitness. Presented at The 2018 Physical Education Teacher Education (PETE) and Health Education Teacher Education (HETE) Conference. Salt Lake City, UT.

**Chang, S. H.**, & **Lee, J.** (2018). A content knowledge and knowledge packet for teaching fundamental motor skills. Presented at 2018 Western Society for Kinesiology and Wellness Annual Conference in Reno, NV.

**Lee, J.**, Haegele, J.A., & **Chang, S. H.** (2018). Service-learning: Changes in attitudes toward individuals with disabilities. Presented at The 2018 North American Federation of Adapted Physical Activity Symposium, Corvallis, OR.

**Publications (Faculty & Students)**

Schlimmer, E. N. & **Chin, J. W.** (2018). Addressing psychiatric disorders among student-athletes: Challenges facing mental health professionals in NCAA Division I athletics. *The International Journal of Sport and Society* 10(1), 49-66. DOI:10.18848/2152-7857/CGP/v10i01/49-66.

Johnson, J., Guerrero, M. D., Holman, M., **Chin, J. W.**, Signer-Kroeker, M. (2018). An examination of hazing in Canadian intercollegiate sports. *Journal of Clinical Sport Psychology* 12(2), 144-159. DOI:10.1123/jcsp.2016-0040

Zhang, Y., **Chin, J. W.** & **Reekie, S. H. M.** (2018). Education in the Chinese national sport system: Experiences of professional wushu athletes. *Sport in Society: Asia Pacific Sport and Social Science Special Issue*. DOI: 10.1080/17430437.2018.1529168

Petracovschi, S. & **Chin, J. W.** (2018). Sport, physical practice, and the female body, 1980-1989: Women's emancipation in Romania under Communism. *Critical Studies in Media Communication*, 1-23. DOI: 10.1080/15295036.2018.1516045

**Semerjian, T. Z.** (2019). Making space: Transgender athletes. In V. Krane (ed.) *Sex, Gender, and Sexuality in Sport* (pp. 145-162). New York: Routledge.

Tsuda, E., & **Chang, S.H.** (2019). Teaching one-handed sidearm striking for young children: using sequencing movement tasks. *Strategies: A Journal for Physical and Sport Educators*. 32(1), 16-23.

Honda, J., **Chang, S. H.**, & Kim, K. (2018). The effects of vision training, neck musculature strength, and reaction time on concussions in an athletic population. *Journal of Exercise Rehabilitation*. 14(5), 706-712.

Lim, J., **Chang, S. H.**, & **Tomimbang, A. C.** (2018). Effects of point of aim on the accuracy and eye movement behavior in bowling: a pilot study. *International Journal of Kinesiology & Sports Science*. 6(3), 38-44.

**Payne, V.G.** & **Chang, S.H.** (2018). Reflexes. In M. Bornstein (Ed.), *The SAGE encyclopedia of lifespan human development* (pp. 1818-1821). Thousand Oaks, CA: SAGE.

### New at the Timpany Center

The Timpany Center is a therapeutic and inclusive facility owned by Santa Clara County and run by the Department of Kinesiology, which includes a warm water pool, spa and gym, and a sports rehab center with water therapy. It's located next to Valley Med near the intersection of highways 17 and 280, about a 5 minute drive from campus. Among many other services (see <http://www.sjsu.edu/timpany/>) it also functions as a KIN service learning/ internship center.

The Timpany Center recently rejuvenated a fitness center, re-started personal training and EnhanceFitness, and expanded the swim lesson programs and group exercise classes. Discussions are ongoing to bring a spinal cord injury group to the Center. The Center currently has 16 interns who are working with 16 community members and about 40 other students doing service learning from various other departments.

### Upcoming Events

\* San Jose (most likely in a downtown hotel with possibly some events on campus) will host the 49th NAPEC (National Adapted Physical Education Conference) in Fall 2020, and **Dr. Siebert** is involved with the planning of this.

\* The CAHPERD state convention will be back in Garden Grove in February 2020. The 48th NAPEC, will also be in Garden Grove, Nov. 7-9th, 2019. We look forward to sending another strong contingent of students and faculty. There will be an opportunity, such as Joanna took advantage of, for students to present original research or research critiques at CAHPERD—watch this space for details nearer the time.

\* CAHPERD Bay District Workshop will be hosted at SJSU in Fall 2019, date TBD (Likely Nov. 2nd, 2019), and **Dr. David Daum** will be helping organize this event.

### Summer 2019 Class Schedule

The following classes *may* be offered this summer. Check back later for confirmation, times, session etc:

KIN 2A, 27AB, 31, 35AB, 52A, 54A, 61A, 100W (10 wks), 107, 111, 152, 153, 155, 156, 157, 158, 169, 175, 187

## SAVE THE DATE!

*CHHS Graduation*

*Thursday, May 23, 2019 @ 3:30pm*

*Ceremony will be held at Avaya Stadium*



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## Department of Kinesiology Contacts

### Interim Department Chair

Dr. Tamar Semerjian - Tamar.Semerjian@sjsu.edu

### Activity Program Coordinator

Dr. Gong Chen - Gong.Chen@sjsu.edu

### General Education Program Coordinator

Dr. Peggy Plato - Peggy.Plato@sjsu.edu

### Graduate Program Coordinator

Dr. Ted Butryn - Theodore.Butryn@sjsu.edu

### Interim Undergraduate Program Coordinator

Dr. Jessica Chin - Jessica.Chin@sjsu.edu

### Undergraduate Advising Manager

Dr. Jessica Chin - Jessica.Chin@sjsu.edu

### Sport Management Program Director

Dr. Cole Armstrong - Cole.Armstrong@sjsu.edu

### Physical Education Teacher Education (PETE)/

### Credential Program Director

Dr. David Daum - David.Daum.@sjsu.edu

### Graduate Athletic Training Program Director

Dr. Masaaki Tsuruike -Masaaki.Tsuruike@sjsu.edu

### Undergraduate Athletic Training Program Director

Dr. KyungMo Han - KyungMo.Han@sjsu.ed

### CLUB ADVISORS

### Adapated Physical Activity (APA) Club

### Spartan Athletic Training Organization (SPATO)

### Pre-Physical Therapy Club

Rachel Vimont - rvimont@email.sjsu.edu

### Physical Education Teacher Education (PETE)

### Kinesiology Ambassadors

Dr. Gong Chen - Gong.Chen@sjsu.edu

### RePlay

Dr. Jessica Chin - Jessica.Chin@sjsu.edu

### Academic Unit:

Department of Kinesiology  
One Washington Square  
San José, CA 95192-0054  
Office is located in SPX 56  
Phone: 408-924-3010  
Fax: 408-924-3053

### Upcoming Important Dates

**April 1-5, 2019:** Spring Recess

**May 13, 2019:** Last Day of Classes

**May 15-21, 2019:** Final Exams

**May 23, 2019:** Commencement

**May 24, 2019:** Spring 2019 Session Ends