



**DEPARTMENT OF KINESIOLOGY
MAJOR FORM – B.S. KINESIOLOGY (120 units)
EXERCISE AND FITNESS SPECIALIST TRACK**

First Name: _____ Last Name: _____ Student ID: _____
 Current Phone #: _____ Email Address: _____
 First College Semester: _____ Year of Handbook Followed: _____ Expected Graduation Date: _____
 Have you been continuously enrolled? _____ Yes _____ No If not, when did you re-enter: _____

LOWER DIVISION PREREQUISITES FOR MAJOR:

- If an equivalent course was taken at another institution, type the institution and course number in the first 2 columns with * below
- All LD Prerequisite courses must be completed with a C- or better

Name of Institution*	Course #*	SJSU Course #	SJSU Course Title	Term/Year	Units	Grade
		BIOL 65	Human Anatomy		4	
		BIOL 66	Human Physiology		5	
		CHEM 30A	Introductory Chemistry		3	
			GE MATH B4		3	
		KIN 70	Introduction to Kinesiology		3	

CORE/SUB-CORE/TRACK/AREA Z CURRICULUM: Use abbreviations for term (i.e. FA19, W19, SU20, SP20, etc.).

- All Core (including 4 Activity Classes), Sub-Core, and Track courses must be completed with a C- or better
 - Exceptions: KIN 100W which must be completed with a C or better (University policy)

Course	Title	Term	Units	Grade	Course	Title	Term	Units	Grade
KIN 100W	Writing Workshop		3		KIN 167	Sport Psychology		3	
KIN 147	Biomech Assess Mvmt		3		KIN 175	Measurement & Eval		3	
Please select one of the following: KIN 151, 152 or KIN 153					KIN 185	Senior Seminar		1	
			3		KIN 187	Clinical Exercise Phys		3	
KIN 154B	ECG Interp & GXT		3		KIN 198	Internship in Kines		2	
KIN 155	Exercise Physiology		3		Guided Electives (12 Units)				
KIN 157	Physiological Assess		3						
KIN 158	Biomechanics		3						
Please select one of the following: KIN 160, 161 or KIN 164									
			3						
KIN 162	Adv Fit Assess & Ex Rx		3						
KIN 165	Motor Development		3						
KIN 166	Motor Learning		3						

ACTIVITY COURSES FOR THE KIN CORE (4) AND FOR UNIVERSITY GRADUATION (2) REQUIREMENTS:

- If an equivalent course was taken at another institution, type the institution, course number, and course title in the space provided.

Note: The four (4) activity courses for the KIN Core must be from four (4) different movement areas

Note: Only one (1) activity course from varsity intercollegiate athletics (i.e., ATHS) may be used

Name of Institution	Course #	Course Title	Mvmt Area	Term/Year	Units	Grade
					1	
					1	
					1	
					1	
					1	
					1	

Remove _____ Replace with _____

Remove _____ Replace with _____

Advisor: _____ Date: _____

Advising Manager: _____ Date: _____

UG Coordinator/Dept. Chair: _____ Date: _____

NOTES
