Welcome to our Winter 2021 Communicator. In reflecting back on 2021, we have had some changes to our everyday lives, but are certainly not back to normal. We were very pleased to welcome students, faculty, and staff back to campus. While some classes remained online, many of our lab and activity classes, as well as seminars and a few lecture classes were able to be held face to face. It was also wonderful to welcome students who graduated in Spring and Fall of 2020 and Spring of 2021 back onto campus, along with our Fall 2021 graduates. We were able to celebrate graduation festivities with them in person at long last.

Despite the challenges of the year, we have been resilient and have adapted to the changing landscape in education. Our faculty have continued to support our students through their teaching, as well as engaging them in robust research activities. In this Communicator you will see some of the wonderful work that they have done. Students have learned to manage online learning, and many have been very happy to be back on campus and reconnect with their peers and faculty. All of our faculty have worked to innovate their classes to offer everything from physical activity to lab classes online, as well as transitioning back into the classroom while keeping everyone safe and healthy.

I would like to wish you all the best during this holiday season, and hope for a brighter 2022. While these have been difficult times, we have stood together, and I look forward to the continued achievements of our students, faculty and staff. Recently, renowned professor, scholar, author, and activist bell hooks passed away. In rereading some of her works I was reminded of a quote from her, “There is light in darkness, you just have to find it.” I know many of us have worked hard to find that light, and we will continue to do so in the coming year.

As always, I want to give thanks to all our students, faculty, and staff who make the Department of Kinesiology a vibrant place, where we continue to work to keep us all moving. Your continued generosity helps us to support the academic mission of the department and support our students.
Faculty and Staff - News and Awards

Instructor **Marty Behler** was named an Advocacy Group Award of Excellence for 2021 in the category of Native American Coaches by United Soccer Coaches. The award honors an individual, organization or group that has shown commitment and outstanding work meeting the association’s highest ideals of inclusion and diversity in soccer.

Spartan Fitness was launched in Spring 2018 by **Dr. Jihyun Lee** to promote fitness, fitness knowledge, and physical activity for postsecondary transition students ages between 18-21. Due to COVID-19, the program was paused. This semester, Mr. Brad Weiner and Dr. Lee coordinated the Spartan Fitness program virtually for postsecondary students with disabilities in Santa Clara Unified School District. The program has been the lab part of KIN 108 - Adapted Physical Activity for Young Adults with Disabilities, and SJSU students have been serving as peer mentors for the postsecondary students to help them learn about and engage in meaningful physical activity.

(Images from virtual Spartan Fitness sessions)
Dr. Jennifer Schachner was awarded her 6th degree black belt in Taekwondo on October 25th, 2021.

The Timpany Center was awarded $145,000 in CARES funding in the early part of 2021 to help with the financial impact of COVID-19 and the subsequent closure. In July of 2021, Dr. Jennifer Schachner was re-awarded the $55,518 in the Older Americans Act Funding through Sourcewise. The Sourcewise funding is providing free training for instructors and classes for both the land and water based Arthritis Foundation Exercise Programs to the Santa Clara County Community.

In August 2021, Dr. Schachner and the Timpany Center ran the first crowdfunding campaign with an initial goal of 10K which we reached in the first week. In the end the community and supporters helped raise over $50,000!

Dr. Bethany Shifflett served the last three years as WSKW’s Executive Director and prior to that as President and conference coordinator.
Publications


Faculty Presentations, Speaking, & Workshops

Dr. Cole Armstrong provided his perspective to online outlet wallethub.com on what makes a great sports city: [https://wallethub.com/edu/best-sports-cities/15179#expert=Cole_G._Armstrong](https://wallethub.com/edu/best-sports-cities/15179#expert=Cole_G._Armstrong)


Dr. Jessica Chin was interviewed for and quoted (p. 25) in a cover story about women coaches in men's sports for the Chrisitan Science Monitor. Article available here:


Lee, J. (2021, May). Tips to Help Children with Autism. This workshop was hosted by Good Seed, a parent group for families of children with disabilities.
Lee, J. (2021, November). What Are Gross Motor Skills & Why Are Those Important? This workshop was hosted by Good Seed, a parent group for families of children with disabilities.

Dr. Bethany Shifflett, in collaboration with colleagues at CSU Stanislaus and UW Whitewater, presented a ‘Content Analysis of Papers Published in Kinesiology Journals’.


Dr. Joan Steidinger was interviewed on the podcast, “Medical Experts in Football (Soccer)” in November of 2021.

Dr. Daniel Weng organized and conducted a Medical Taiji Trainer’s Certification Course (7/31-8/1) to prepare health field professionals and activity instructors to be able offer Taiji Program at various public teaching settings including parks and recreational programs, senior centers, adult education programs and fitness centers.

Dr. Daniel Weng was an invited speaker for the 2021 World Taiji Science Forum held December 2-5. His topic was: Taiji’s Multiple Functions in Modern Time (www.wtjsf.org).


**Student and Alumni News, Presentations and Research**

Gustavo Aldama, Allison Bui, and Dr. Areum K. Jensen's conference submission "Differential Cardiovascular Responses to Acute Exercise in Adults with Cerebral Palsy" was accepted as a finalist for the 2021 Graduate Student Research Competition and into the International Journal of Exercise Science: Conference Proceedings at the Southwest ACSM meeting in October.

The University of California Santa Barbara promoted former assistant coach Jaclyn Rosen and Kinesiology alumnus (‘14) to Head Coach of its women's and men's swimming teams. Rosen joined the UCSB coaching staff in 2020 as an assistant coach.
In Memoriam - Hugh Mumby
(1926 -2021)

Our department lost a true friend and long-time supporter of physical activity and its academic study earlier this year with the death of Harold Hugh Mumby, AB, MA, at the age of 94. Hugh was born in Bloomington, IN, but grew up in Lucknow, India, where his father served as a Methodist missionary, and where Hugh lived for 15 years, attending Woodstock School in the Himalayas. Hugh studied for his undergraduate degree at UC Berkeley ('49) and also for his graduate degree ('53), both in Physical Education, enlisting in the Army Air Corps in 1945 before returning to Berkeley after the war. He lettered in three sports (gymnastics, track, and wrestling), and was Pacific Coast Intercollegiate Wrestling champion in 1946 at 175-pounds and in 1948 at 191-pounds, and qualified for the US Olympic wrestling trials in 1948. From 1949-1951 he was a junior supervisor of Cal's Physical Education Department.

Hugh married Jeanne in 1950, and began his teaching career at San José State in 1952. In addition to teaching in what was first the Men's Physical Education Department, later the combined men’s and women’s Physical Education Department, then renamed the Department of Human Performance, Hugh coached the gymnastics (3 years), tennis (4 years), and especially the wrestling (18 years) teams at various times. He made great contributions to the academic department, especially in the field of biomechanics (in the class then called kinesiology), until his retirement from Human Performance in 1986, and was published in such journals as Research Quarterly. He also taught in, and was a great supporter of, the activity program, teaching across a broad range of classes but especially badminton, and he served as the Activity Program Coordinator for many years, and also as the department’s class scheduler.

Hugh was inducted into the California Chapter of the National Wrestling Hall of Fame, and in the Fall of 2020 (deferred to 2021 owing to COVID) was inducted into the SJSU Sports Hall of Fame Class of 2020 in recognition of his accomplishments in wrestling. Taking over the position from his father, and serving as the coach of the SJSU wrestling team in 1952-1969, and in 1971, he led the Spartans to 100
dual match victories, finishing with a career record of 130-69-6 win-loss record and five conference championships.

Hugh’s love of physical activity and the wish to impart it to others is carried on by his daughter, Heather, who was an SJSU Human Performance major in the 1980s and who now teaches Math and Physical Education in Windsor, CA. He kept in touch with the department until shortly before his death, being always interested in what we were doing. Above all, Hugh was a true gentleman, appreciated by his friends, colleagues, students, and athletes, and will be greatly missed by all who knew him and were charmed by his quiet chuckle, delightful if somewhat sideways smile, and his sometimes flamboyant Hawaiian shirts. Hugh is survived by two daughters and one son.

- SHMR
Department of Kinesiology Scholarship Recipients - 2021

The Department of Kinesiology awarded over $22,000.00 to graduate and undergraduate students during the 2021 scholarship cycle. In total, 18 students received awards from the department. Kinesiology scholarships help defray the costs associated with college attendance, and provide assistance to students as they strive to make a difference on campus, at home, and in their community. Thank you to all of the gracious donors who have made these scholarships possible.

Donating and Giving

The SJSU Department of Kinesiology has long been renowned as a leading national and international department. With its innovative faculty, state of the art facilities, and internal and external support, KIN in 2021 is no different. Despite the successes of our group, we are always collectively looking to grow and prosper. In order to do so, we ask for your assistance. If you are compelled to support the mission and vision of the Department of Kinesiology through a financial gift, please contact our college Director of Development, Sonia Wright. She may be contacted by email: sonia.wright@sjsu.edu or by phone: 530.340.2278 or you can visit giving.sjsu.edu and select Give Now and select the Kinesiology Program. Alternatively, please contact Department Chair Dr. Tamar Semerjian - tamar.semerjian@sjsu.edu to discuss options.

As everyone knows, 2021 has been a difficult year. Indeed, as we have all faced challenges related to COVID-19, our students have been especially afflicted by the global pandemic. Collectively, our students, faculty, and staff will face unique realities moving forward. A donation to the Department of Kinesiology helps us to smooth these transitions and support the high level program we have always been.

Donations to SJSU Kinesiology go to support many initiatives including:

- Kinesiology Scholarships
- Faculty and Student scholarly-related travel
- Equipment, software, and hardware purchases
- Research and teaching support
- Graduate Assistantships
- Student training and conference registration
- Amongst many others.

For online information on giving to SJSU and the Department of Kinesiology please visit giving.sjsu.edu.

Thank you for your consideration.
Department of Kinesiology Contacts

Department Chair
Dr. Tamar Semerjian - Tamar.Semerjian@sjsu.edu

Activity Program Coordinator
Dr. Seung Ho Chang - Seungho.Chang@sjsu.edu

General Education Program Coordinator
Dr. Peggy Plato - Peggy.Plato@sjsu.edu

Graduate Program Coordinator
Dr. Ted Butryn - Theodore.Butryn@sjsu.edu

Undergraduate Program Coordinator
Dr. Jessica Chin - Jessica.Chin@sjsu.edu

Internship Manager
Ms. Cristina (Carrillo) Costa - Cristina.Costa@sjsu.edu

Undergraduate Advising Manager
Mr. Daniel Bohigian - Daniel.Bohigian@sjsu.edu

Adapted Physical Education Added Authorization (APEAA) Coordinators
Dr. Jihyun Lee - Jihyun.Lee@sjsu.edu & Dr. Erin Siebert - Erin.Siebert@sjsu.edu

Physical Education Teacher Education (PETE)/ Credential Program Director
Dr. David Daum - David.Daum@sjsu.edu

Sport Management Program Director/Associate Department Chair
Dr. Cole Armstrong - Cole.Armstrong@sjsu.edu
Department of Kinesiology
One Washington Square
San José, CA 95192-0054
Office: SPX 56
www.sjsu.edu/kinesiology
kinesiology@sjsu.edu
Phone: 408-924-3010
Fax: 408-924-3053

Follow us on social:
@KinSJSU

SJSU
COLLEGE OF HEALTH AND HUMAN SCIENCES