

# Department of Kinesiology CHHS, SJSU

Transfer Orientation



### Department | Overview

Broad, yet Specialized Academic Discipline

- IPAC Pre-OT
- Athletic Training grad only
- Exercise and Fitness PreAT
- Rehab Science PrePT
- Sport Management & Culture -PreMBA
- PETE teacher ed
- AA-T-transfer

Number of fulltime faculty (23)

> Number of undergrads (nearly 1000;)100 graduates

Number of PT faculty 21; 40+ activity instructors



### Department Chair: Dr. Tamar Semerjian



### Leadership

#### Dr. Tamar Semerjian

Manages the department and staff.

See her only by appt for critical issues only.

No drop in hours.

She signs-off on many department forms.

Forms should be dropped off in the KIN office not to her office directly.

She is a last option for advising: See your advisor first, then the KIN Dept. Advising Manager, then CHHS student success center, then Student Services/Clark Hall.



### Department | Management

#### Undergraduate Program

Undergrad Coordinator: **Dr. Jessica Chin** 

3 Degrees: AT,KIN, &

Teaching (each has strong internship component)

Graduate Program

> Grad Coordinator: Dr. Ted Butryn

1 Degree, 4 Concentrations:

Athletic Training, Exercise Physiology, Sport Management, Sport Studies; also Human Factors

also Human Factors Ergonomics (with COE)

Internships:

Stanford, SCU, SJSU& other colleges/HS **Œ**Program

GECoordinator: **Dr. Peggy Plato** 

7 GEclasses offered

Activity Program

Activity Coordinator: **Dr. Gong Chen** 

35 different activities offered

Advising

Adv Mgr: **Daniel Murphy** 

Siigns grad forms

Provides backup advising





### Technology Platforms | Integration















#### **Facebook**

Dept. of KIN & PA Program, images, videos, updates, events, news

#### YouTube

Faculty/ student videos, awardwinning KIN videos

#### **Twitter**

Dept.
Tweets,
news
updates,
events,
digitalredirector

#### WPress.

Faculty and student blogs, news, events, research, articles

#### Pinterest:

Image Sharing, Infographics, events, faculty books

#### Google+

Dept. digital interface platform

#### Change:

Social actions, online petition forum for KIN

Daniel Murphy: Social Media Manager, KIN



### Department Overview

#### **Department**

- Most historic program in KIN on the West Coast
- One of the largest majors on campus
- 3. One of the largest UG KIN programs in the US
- 4. 3 different degrees
- 5. International scholars
- 6. Numerous partnerships
- 7. High graduation rates
- 8. Brand new facilities
- 9. Expanding labs

#### Community

Our students hail from a variety of backgrounds, which helps to create a diverse and active academic environment.

Refer to faculty as Dr. or Professor + last name.

Most professors to not give out add codes via email.

Most faculty do not answer emails over summer and winter breaks.

Knock on office doors before you walk in; ask to be invited in. Be polite.



### Program Requirements

#### **Categories**

- 1. KIN Prereqs (15-18 units)
- 2. KIN Core (16 units)
- 3. KIN Specialization (30 33 units)
- 4. SJSU Upper Div GE (12 units Area R, S, V, & Z)
- 5. Activity (6 units)
- 6. Internship (1-3 units)
- 7. Int'l Experience (req/waivers)
- Graduate School Prereqs (3-12 units)

#### **Schedules**

Each semester: take 1 or 2 KIN core classes, 1 or 2 specialization courses, 1 activity, 1 Upper DIV SJSU Studies course. (if possible!)

12 units = full load, most students take 1 activity class per semester. 13-16 units total per semester. You can add up to 18/19 units in a semester. Wait list 1-15 units on <a href="mailto:my.sjsu.edu">my.sjsu.edu</a>

Take no more than 16 units max per semester. Take no more than 2 classes (6 units) over summer max. Take only x1 class (3 units) in winter max.



#### Courses

#### **#1 KIN Prereqs**

- Bio 65
- Bio 66
- Chem 30A or higher
- Math Area B4
- KIN 70

#### **Advice**

- Take care of these in Fall if needed, plus any other missing Area A-E SJSU lower Division GE
- Stats is needed for most grad schools
- Chem 1 can take the place of Chem 30A
- Bio65L (lab only) transfer for human cadaver lab if Rehab Science
- Must have C- or better
- Check with CHHS SSC



#### 2. KIN CORE COURSES (MANDATORY) (20 units)

- All courses here are useful to take 1<sup>st</sup>/2<sup>nd</sup> semesters; 3 units courses (\*except 185 – senior seminar, 1 units)
- KIN 155
- KIN 158
- KIN 160 or
- KIN 161 or
- KIN 164
- KIN 165
- KIN 166 (\*one in core; one in specialization; not including SMC)
- KIN 175
- KIN 185
- X4 Activity courses



#### 3. Specialization Areas – Degrees (choose x1 area/degree pathway)

Athletic Training B.S. Degree

<u>Kinesiology B.S. Degree - Specializations</u>

- Exercise & Fitness Specialist (Exercise Physiology) (PreAT; PreChiro; Fire/Police; S&C)
- Inclusive Physical Activity in Communities (IPAC) (PreOT)
- Individualized Studies
- Rehabilitation Sciences (PrePT; PreMed; PrePA)
- Sport Management & Culture
- Transfer Curriculum Studies

Kinesiology B.S. Degree - Preparation for Teaching

- Single Subject Teaching
- Adapted Physical Education

Note: For students interested in information pertaining to a career in physical therapy, check this page: <a href="www.sjsu.edu/kinesiology/kin\_pt/">www.sjsu.edu/kinesiology/kin\_pt/</a>



#### 4. SJSU UPPER DIVISION GE

Students complete 9 to 12 units of SJSU studies: 9 units of upper division general education courses (Areas R, S, and V) and 0 to 3 units of 100W (Area Z).

Completing Area Z with a grade of "C or better" (C- not accepted) is a graduation requirement.

Prior to enrollment, all SJSU Studies courses require completion of core GE, satisfaction of Writing Skills Test and upper division standing.

Pre/Co-requisite of a 100W course is strongly recommended for enrollment in Areas R, S, and V.

Mandatory for all students

Area Z - KIN 100W: Writing Workshop / or HPRF 100W. (C or better)

Dble count for IPAC

Area S - KIN 169: Diversity, Stress and Health

Dble count Rehab Science Area R - <u>KIN 163: Physical Fitness and Nutrition</u>

Open to all

Area V - KIN 111: Sport & Movement in a Global Context

KIN 111ITL: Sport & Movement in a Global Context: International Experience



#### 5. INTERNSHIPS

KIN 198 is the internship: read

here: <a href="http://www.sjsu.edu/kinesiology/inte">http://www.sjsu.edu/kinesiology/inte</a>

rnships/

1 unit 50 hours;

2 units = 100 hours;

3 hours = 150 hours.

- Summer is a good time to take care of internships.
- Mandatory for most specialization areas
- You can break up the internship across semesters.
- Most grad schools will want min. of 100-150 hours.
- Hours do not count for KIN until signed up for KIN 198

### Categories

#### Finding an internship/fieldwork.

Kinesiology student email list.

Not getting emails? contact Winston Kwong (KIN staff) at <a href="winston.kwong@sjsu.edu">winston.kwong@sjsu.edu</a>

Career Center

Website. <a href="http://www.sjsu.edu/careercente">http://www.sjsu.edu/careercente</a> r/students/find-a-job-internship/index.html

Web-based job listings. Paid internships are fine. So, if you're searching for a sport-related job, here's an example of a website to check

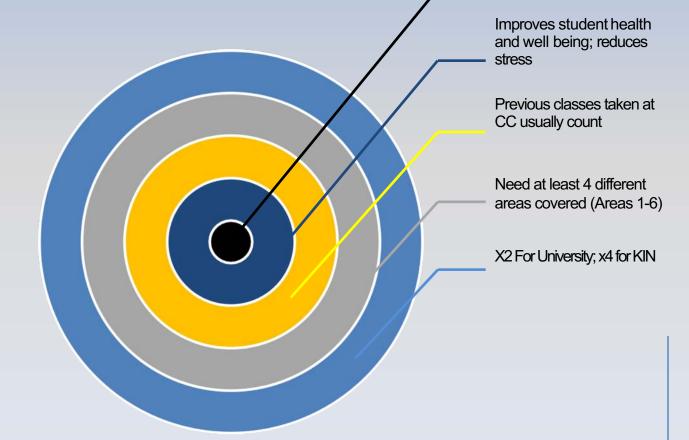
out: <a href="https://www.teamworkonline.com/">https://www.teamworkonline.com/</a>



## Physical Activity | Program

Need 6 classes total









#### **Overview**

#### **Most grad schools:**

100 - 150 hours min internship; 3.5 gpa and up, 80% on GRE scores and up, x3 letters of rec, solid letter, resume, & field experience

#### Ph.D. Program

Prereqs vary

#### Chiropractic

Prereqs vary

#### **MBA**

Prereqs vary

Do the business minor if SMC

### **Graduate School**

#### **MA Sport Mgmt/Sport Psy**

Prereqs vary

#### **Medical School**

Chem/Bio/Phys/Ana/Physio Preregs vary

#### **Occupation Therapy**

Take Psy 110, Art 46, Bio 109/OCTH190, KIN 163 for guided electives

#### **Physical Therapy**

Take KIN 163; Psy 110 for guided electives